



**Monday, April 21, 2008**  
**Gold Retreat Star**

Tula Rasi: 19.03    Tithi 16 – 17  
Family Home Evening    267593958  
Creative Work    Amrita Yoga  
Until 7:54AM then Marana Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Visakha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau

**Gulika**    1:59PM – 3:41PM    **Svati Until 7:54AM**  
**Yama**    10:35AM – 12:17PM    **Siddhi Until 6:04PM**  
**Rahu**    7:12AM – 8:54AM    **Taitila Until 8:36PM**  
**Prathama\* Until 7:31AM**

**Ganesha:** White    *Sunrise:* 5:30AM  
**Muruga:** White    *Sunset:* 7:04PM  
**Nataraja:** Clear  
Moon – Green    **Subha Sivaloka Day**  
**Chaitra-Chaitra**

*Pittsburgh, PA*  
*Sutra 5*  
*Sarvadhari 511c*  
*Moon 4 - Phase 2*  
*1st Phase*

**1 Tuesday, April 22, 2008**

Vrischika Rasi: 1.01    Tithi 17 – 18  
277593958  
Routine Work    Marana Yoga  
Until 10:39AM then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Visakha/Anuradha Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika**    12:17PM – 1:59PM    **Visakha Until 10:39AM**  
**Yama**    8:53AM – 10:35AM    **Vyatipata\* Until 6:49PM**  
**Rahu**    3:41PM – 5:23PM    **Vanija Until 10:49PM**  
**Dvitiya Until 9:44AM**

**Ganesha:** Yellow    *Sunrise:* 5:29AM  
**Muruga:** White    *Sunset:* 7:05PM  
**Nataraja:** Clear  
Moon – Orange    **Sivaloka Day**  
**Chaitra-Chaitra**

*Pittsburgh, PA*  
*Sun 1*  
*Sutra 1c*  
*Sarvadhari 511c*  
*Moon 4 - Phase 2*  
*1st Phase*

**2 Wednesday, April 23, 2008**

Vrischika Rasi: 12.55    Tithi 18 – 19  
277593958  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Variyan Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika**    10:34AM – 12:17PM    **Anuradha Until 1:31PM**  
**Yama**    7:10AM – 8:52AM    **Variyan Until 7:40PM**  
**Rahu**    12:17PM – 1:59PM    **Bava Until 1:10AM Thu**  
**Tritiya Until 12:04PM**

**Ganesha:** Yellow    *Sunrise:* 5:27AM  
**Muruga:** White    *Sunset:* 7:06PM  
**Nataraja:** Clear  
Moon – Orange    **Sivaloka Day**  
**Chaitra-Chaitra**

*Pittsburgh, PA*  
*Sun 2*  
*Sutra 1i*  
*Sarvadhari 511c*  
*Moon 4 - Phase 2*  
*1st Phase*

**3 Thursday, April 24, 2008**

Vrischika Rasi: 24.47    Tithi 19 – 20  
277693959  
Creative Work    Siddha Yoga  
Until 1:57PM then Prabalarishta Yoga  
Until 4:26PM then no yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika**    8:51AM – 10:34AM    **Jyeshtha\* Until 4:26PM**  
**Yama**    5:26AM – 7:09AM    **Parigha\* Until 8:34PM**  
**Rahu**    1:59PM – 3:42PM    **Kaulava Until 3:34AM Fri**  
**Chaturthi\* Until 2:29PM**

**Ganesha:** Blue    *Sunrise:* 5:26AM  
**Muruga:** White    *Sunset:* 7:07PM  
**Nataraja:** Purple  
Moon – Orange    **Sivaloka Day**  
**Chaitra-Chaitra**

*Pittsburgh, PA*  
*Sun 3*  
*Sutra 1z*  
*Sarvadhari 511c*  
*Moon 4 - Phase 2*  
*1st Phase*

**4 Friday, April 25, 2008**

Dhanus Rasi: 6.4    Tithi 20 – 21  
287693959  
No Yoga  
Until 1:57PM then Siddha Yoga  
Until 7:20PM then Marana Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika**    7:08AM – 8:51AM    **Mula\* Until 7:20PM**  
**Yama**    3:42PM – 5:25PM    **Shiva Until 9:27PM**  
**Rahu**    10:34AM – 12:16PM    **Gara Until 5:57AM Sat**  
**Panchami Until 4:51PM**

**Ganesha:** Red    *Sunrise:* 5:25AM  
**Muruga:** White    *Sunset:* 7:08PM  
**Nataraja:** Purple  
Moon – Light Blue    **Subha Sivaloka Day**  
**Chaitra-Chaitra**

*Pittsburgh, PA*  
*Sun 4*  
*Sutra 1a*  
*Sarvadhari 511c*  
*Moon 4 - Phase 2*  
*1st Phase*

**5 Saturday, April 26, 2008**

Dhanus Rasi: 18.37    Tithi 21  
288693959  
Routine Work    Marana Yoga  
Until 1:57PM then Siddha Yoga  
Until 10:07PM then Amrita Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Siddha Yoga Gara/Vanija Karana Shasthi\* Yam Titau

**Gulika**    5:23AM – 7:07AM    **Purvashadha\* Until 10:07PM**  
**Yama**    2:00PM – 3:43PM    **Siddha Until 10:12PM**  
**Rahu**    8:50AM – 10:33AM    **Gara Until 6:00AM**  
**Shasthi\* Until 7:06PM**

**Ganesha:** Blue    *Sunrise:* 5:23AM  
**Muruga:** White    *Sunset:* 7:09PM  
**Nataraja:** Purple  
Moon – Light Blue    **Subha Subha Sivaloka Day**  
**Chaitra-Chaitra**

*Pittsburgh, PA*  
*Sun 5*  
*Sutra 1d*  
*Sarvadhari 511c*  
*Moon 4 - Phase 2*  
*1st Phase*

**6 Sunday, April 27, 2008**

Makara Rasi: 0.41    Tithi 22  
288693959  
Creative Work    Amrita Yoga  
Until 1:57PM then Marana Yoga  
Until 12:37AM Mon then Amrita Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Sadhya Yoga Visti\*/Bava Karana Saptami Yam Titau

**Gulika**    3:43PM – 5:27PM    **Uttarashadha Until 12:37AM Mon**  
**Yama**    12:16PM – 2:00PM    **Sadhya Until 10:43PM**  
**Rahu**    5:27PM – 7:10PM    **Visti Until 7:57AM**  
**Saptami Until 9:02PM**

**Ganesha:** Blue    *Sunrise:* 5:22AM  
**Muruga:** White    *Sunset:* 7:10PM  
**Nataraja:** Purple  
Moon – Light Blue    **Subha Subha Sivaloka Day**  
**Chaitra-Chaitra**

*Pittsburgh, PA*  
*Sun 6*  
*Sutra 1b*  
*Sarvadhari 511c*  
*Moon 4 - Phase 2*  
*1st Phase*

**Monday, April 28, 2008**  
**Retreat Star**

Makara Rasi: 13    Tithi 23  
298693959  
Family Home Evening  
Creative Work    Amrita Yoga  
Until 1:57PM then Siddha Yoga  
Until 1:04AM Tue then Marana Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Sravana Nakshatra Subha Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

**Gulika**    2:00PM – 3:44PM    **Sravana Until 1:04AM Tue**  
**Yama**    10:32AM – 12:16PM    **Subha Until 9:37PM**  
**Rahu**    7:05AM – 8:48AM    **Balava Until 9:07AM**  
**Ashtami\* Until 9:07PM**

**Ganesha:** Red    *Sunrise:* 5:21AM  
**Muruga:** White    *Sunset:* 7:11PM  
**Nataraja:** Purple  
Moon – Purple    **Subha Sivaloka Day**  
**Chaitra-Chaitra**

*Pittsburgh, PA*  
*Sun 7*  
*Sutra 1e*  
*Sarvadhari 511c*  
*Moon 4 - Phase 2*  
*Ashtam.*

**Tuesday, April 29, 2008**  
**Retreat Star**

Makara Rasi: 25.37    Tithi 24  
298693959  
Routine Work    Marana Yoga  
Until 1:57PM then Prabalarishta Yoga  
Until 2:23AM Wed then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Sukla Yoga Taitila/Gara Karana Navami\* Yam Titau

**Gulika**    12:16PM – 2:00PM    **Dhanishtha Until 2:23AM Wed**  
**Yama**    8:48AM – 10:32AM    **Sukla Until 9:10PM**  
**Rahu**    3:44PM – 5:28PM    **Taitila Until 9:49AM**  
**Navami\* Until 9:49PM**

**Ganesha:** Red    *Sunrise:* 5:19AM  
**Muruga:** White    *Sunset:* 7:12PM  
**Nataraja:** Purple  
Moon – Purple    **Subha Sivaloka Day**  
**Chaitra-Chaitra**

**Siddhidatta Day—Town Trip**

*Pittsburgh, PA*  
*Sun 8*  
*Sutra 1i*  
*Sarvadhari 511c*  
*Moon 4 - Phase 2*  
*Navam.*

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

# 1 Wednesday, April 30, 2008

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Satabhisha Nakshatra Brahma Yoga Vanija/Visti\* Karana Dasami Yam Titau

Pittsburgh, PA  
Sun 9 Sutra 16

Kumbha Rasi: 8.39 Tithi 25  
298693959  
Creative Work Siddha Yoga  
Until 1.56PM then Marana Yoga  
Until 2:57AM Thu then Siddha Yoga

**Gulika** 10:31AM – 12:16PM  
**Yama** 7:03AM – 8:47AM  
**Rahu** 12:16PM – 2:00PM

**Satabhisha** Until 2:57AM Thu  
**Brahma** Until 8:02PM  
**Vanija** Until 9:25AM  
**Dasami** Until 8:30PM

**Ganesha:** Red *Sunrise:* 5:18AM  
**Muruga:** White *Sunset:* 7:13PM  
**Nataraja:** Purple  
Moon – Purple  
**Chaitra-Chaitra**

Subha Sivaloka Day

# 2 Thursday, May 1, 2008

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaprostapada\* Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Ekadasi\* Yam Titau

Pittsburgh, PA  
Sun 10 Sutra 15

Kumbha Rasi: 22.08 Tithi 26  
218693959  
Creative Work Siddha Yoga

**Gulika** 8:46AM – 10:31AM  
**Yama** 5:17AM – 7:02AM  
**Rahu** 2:00PM – 3:45PM

**Purvaprostapada\*** Until 1:11AM Fri  
**Indra** Until 5:17PM  
**Bava** Until 8:27AM  
**Ekadasi\*** Until 7:32PM

**Ganesha:** Clear *Sunrise:* 5:17AM  
**Muruga:** White *Sunset:* 7:14PM  
**Nataraja:** Purple  
Moon – Clear  
**Chaitra-Chaitra**

Subha Sivaloka Day

# 3 Friday, May 2, 2008

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraprostapada Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Gara Karana Dvadasi\*/Trayodasi\* Yam Titau

Pittsburgh, PA  
Sun 11 Sutra 20

Meena Rasi: 6.08 Tithi 27 – 28  
219693959  
Creative Work Siddha Yoga  
Until 12:04AM Sat then Prabalarishta Yoga

**Gulika** 7:01AM – 8:46AM  
**Yama** 3:45PM – 5:30PM  
**Rahu** 10:31AM – 12:16PM

**Uttaraprostapada** Until 12:04AM Sat  
**Vaidhriti\*** Until 2:41PM  
**Kaulava** Until 6:35AM  
**Dvadasi\*** Until 5:39PM  
**Pradosha Vrata (Fasting)**

**Ganesha:** White *Sunrise:* 5:16AM  
**Muruga:** White *Sunset:* 7:15PM  
**Nataraja:** Purple  
Moon – Clear  
**Chaitra-Chaitra**

Sivaloka Day

# 4 Saturday, May 3, 2008

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam  
Revati Nakshatra Vishkambha\*/Priti Yoga Vanija/Visti\* Karana Trayodasi\*/Chaturdasi\* Yam Titau

Pittsburgh, PA  
Sun 12 Sutra 21

Meena Rasi: 20.35 Tithi 28 – 29  
219693959  
Routine Work Prabalarishta Yoga  
Until 1.56PM then Amrita Yoga  
Until 9:03PM then Siddha Yoga

**Gulika** 5:14AM – 7:00AM  
**Yama** 2:01PM – 3:46PM  
**Rahu** 8:45AM – 10:30AM

**Revati** Until 9:03PM  
**Vishkambha\*** Until 11:00AM  
**Visti** Until 12:33AM Sun  
**Trayodasi\*** Until 2:16PM

**Ganesha:** White *Sunrise:* 5:14AM  
**Muruga:** White *Sunset:* 7:16PM  
**Nataraja:** Purple  
Moon – Clear  
**Chaitra-Chaitra**

Sivaloka Day

# ● Sunday, May 4, 2008 Retreat Star

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Asvini Nakshatra Priti/Ayushman Yoga Sakuni\*/Catuspada\* Karana Chaturdasi\*/Amavasya\* Yam Titau

Pittsburgh, PA  
Sun 13 Sutra 22

Mesha Rasi: 5.27 Tithi 29 – 30  
229693959  
Creative Work Siddha Yoga

**Gulika** 3:46PM – 5:32PM  
**Yama** 12:15PM – 2:01PM  
**Rahu** 5:32PM – 7:17PM

**Asvini** Until 6:37PM  
**Priti** Until 7:16AM  
**Catuspada** Until 9:19PM  
**Chaturdasi\*** Until 11:02AM  
**Siddhidatta Day**

**Ganesha:** Green *Sunrise:* 5:13AM  
**Muruga:** White *Sunset:* 7:17PM  
**Nataraja:** Purple  
Moon – White  
**Chaitra-Chaitra**

Sivaloka Day

# Monday, May 5, 2008 Retreat Star

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam  
Bharani/Krittika Nakshatra Saubhagya Yoga Naga\*/Bava Karana Amavasya\*/Prathama\* Yam Titau

Pittsburgh, PA  
Sun 14 Sutra 23

Mesha Rasi: 20.34 Tithi 30 – 1  
Family Home Evening 229693959  
Creative Work Siddha Yoga

**Gulika** 2:01PM – 3:47PM  
**Yama** 10:29AM – 12:15PM  
**Rahu** 6:58AM – 8:44AM

**Bharani** Until 3:45PM  
**Saubhagya** Until 11:07PM  
**Bava** Until 3:54AM Tue  
**Amavasya\*** Until 7:20AM  
**Town Trip**

**Ganesha:** Green *Sunrise:* 5:12AM  
**Muruga:** White *Sunset:* 7:18PM  
**Nataraja:** Purple  
Moon – White  
**Vaisaka-Chaitra**

Sivaloka Day

# 1 Tuesday, May 6, 2008

Wrishabha Rasi: 5.49      Tithi 2  
229693959  
Creative Work    Siddha Yoga  
Until 12:42PM then Amrita Yoga  
Until 1.56PM then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiya Yam Titau

**Gulika**    12:15PM – 2:01PM  
**Yama**      8:43AM – 10:29AM  
**Rahu**      3:47PM – 5:33PM

**Krittika** Until 12:42PM  
Sobhana Until 6:49PM  
Balava Until 1:44PM  
**Dvitiya** Until 12:01AM Wed

**Ganesha:** Green    *Sunrise:* 5:11AM  
**Muruga:** White    *Sunset:* 7:19PM  
**Nataraja:** Purple  
Moon – White  
**Vaisaka-Chaitra**

*Pittsburgh, PA*  
*Sun 15      Sutra 24*  
*Sarvadhari 511c*  
*Moon 4 - Phase 4*  
*3rd Phase*

**Sivaloka Day**

# 2 Wednesday, May 7, 2008

Wrishabha Rasi: 20.59      Tithi 3  
239693959  
Creative Work    Siddha Yoga  
Until 1.56PM then Marana Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam  
Rohini/Mrigasira Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Tritiya Yam Titau

**Gulika**    10:29AM – 12:15PM  
**Yama**      6:56AM – 8:42AM  
**Rahu**      12:15PM – 2:01PM

**Rohini** Until 9:46AM  
Athiganda\* Until 2:36PM  
Taitila Until 9:57AM  
**Tritiya** Until 8:14PM

**Ganesha:** White    *Sunrise:* 5:10AM  
**Muruga:** White    *Sunset:* 7:20PM  
**Nataraja:** Purple  
Moon – Yellow  
**Vaisaka-Chaitra**

*Pittsburgh, PA*  
*Sun 16      Sutra 25*  
*Sarvadhari 511c*  
*Moon 4 - Phase 4*  
*3rd Phase*

**Sivaloka Day**

# 3 Thursday, May 8, 2008

Mithuna Rasi: 5.56      Tithi 4 – 5  
239693959  
Routine Work    Marana Yoga  
Until 1.56PM then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Chaturthi\*/Panchami Yam Titau

**Gulika**    8:42AM – 10:28AM  
**Yama**      5:09AM – 6:55AM  
**Rahu**      2:02PM – 3:48PM

**Mrigasira** Until 7:10AM  
Sukarma Until 10:43AM  
Vanija Until 6:32AM  
**Chaturthi\*** Until 4:49PM

**Ganesha:** White    *Sunrise:* 5:09AM  
**Muruga:** White    *Sunset:* 7:21PM  
**Nataraja:** Purple  
Moon – Yellow  
**Vaisaka-Chaitra**

*Pittsburgh, PA*  
*Sun 17      Sutra 26*  
*Sarvadhari 511c*  
*Moon 4 - Phase 4*  
*3rd Phase*

**Sivaloka Day**

# 4 Friday, May 9, 2008

Mithuna Rasi: 20.33      Tithi 5 – 6  
249693959  
Creative Work    Siddha Yoga  
Until 1.56PM then Marana Yoga  
Until 3:55AM Sat then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Punarvasu Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Panchami/Shasthi\* Yam Titau

**Gulika**    6:54AM – 8:41AM  
**Yama**      3:49PM – 5:36PM  
**Rahu**      10:28AM – 12:15PM

**Punarvasu** Until 3:55AM Sat  
Dhriti Until 7:26AM  
Kaulava Until 1:42AM Sat  
**Panchami** Until 2:37PM

**Ganesha:** Clear    *Sunrise:* 5:08AM  
**Muruga:** White    *Sunset:* 7:22PM  
**Nataraja:** Purple  
Moon – Blue  
**Vaisaka-Chaitra**

*Pittsburgh, PA*  
*Sun 18      Sutra 27*  
*Sarvadhari 511c*  
*Moon 4 - Phase 4*  
*3rd Phase*

**Subha Sivaloka Day**

# 5 Saturday, May 10, 2008

Kataka Rasi: 4.44      Tithi 6 – 7  
241693959  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam  
Pushya Nakshatra Ganda\* Yoga Taitila/Gara Karana Shasthi\*/Saptami Yam Titau

**Gulika**    5:07AM – 6:54AM  
**Yama**      2:02PM – 3:49PM  
**Rahu**      8:41AM – 10:28AM

**Pushya** Until 2:27AM Sun  
Ganda\* Until 1:51AM Sun  
Gara Until 11:26PM  
**Shasthi\*** Until 12:22PM

**Ganesha:** Yellow    *Sunrise:* 5:07AM  
**Muruga:** White    *Sunset:* 7:23PM  
**Nataraja:** Purple  
Moon – Blue  
**Vaisaka-Chaitra**

*Pittsburgh, PA*  
*Sun 19      Sutra 28*  
*Sarvadhari 511c*  
*Moon 4 - Phase 4*  
*3rd Phase*

**Subha Sivaloka Day**

# Sunday, May 11, 2008 Retreat Star

Kataka Rasi: 18.29      Tithi 7 – 8  
241693959  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Aslesha\* Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Saptami/Ashtami\* Yam Titau

**Gulika**    3:50PM – 5:37PM  
**Yama**      12:15PM – 2:02PM  
**Rahu**      5:37PM – 7:24PM

**Aslesha\*** Until 3:16AM Mon  
Vriddhi Until 12:55AM Mon  
Visti Until 11:21PM  
**Saptami** Until 11:21AM

**Ganesha:** Yellow    *Sunrise:* 5:06AM  
**Muruga:** White    *Sunset:* 7:24PM  
**Nataraja:** Purple  
Moon – Blue  
**Vaisaka-Chaitra**

*Pittsburgh, PA*  
*Sun 20      Sutra 29*  
*Sarvadhari 511c*  
*Moon 4 - Phase 4*  
*Ashtam.*

**Subha Sivaloka Day**

**Mother's Day**

**Siddhidatta Day**

# Monday, May 12, 2008 Retreat Star

Simha Rasi: 1.47      Tithi 8 – 9  
Family Home Evening    251693959  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami\*/Navami\* Yam Titau

**Gulika**    2:03PM – 3:50PM  
**Yama**      10:27AM – 12:15PM  
**Rahu**      6:52AM – 8:40AM

**Magha\*** Until 3:19AM Tue  
Dhruva Until 11:18PM  
Balava Until 10:39PM  
**Ashtami\*** Until 10:39AM

**Ganesha:** White    *Sunrise:* 5:05AM  
**Muruga:** White    *Sunset:* 7:25PM  
**Nataraja:** Purple  
Moon – Red  
**Vaisaka-Chaitra**

*Pittsburgh, PA*  
*Sun 21      Sutra 30*  
*Sarvadhari 511c*  
*Moon 4 - Phase 4*  
*Navam.*

**Sivaloka Day**

# 1 Tuesday, May 13, 2008

Simha Rasi: 14.43    Titli 9 – 10  
251693959  
Creative Work    Siddha Yoga  
Until 1.56PM then Amrita Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam *Pittsburgh, PA*  
Purvaphalguni\* Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Navami\*/Dasami Yam Titau *Sun 22    Sutra 31*  
**Gulika** 12:15PM – 2:03PM **Purvaphalguni\* Until 4:03AM Wed** **Ganesha:** White *Sunrise: 5:04AM* *Sarvadhari 511U*  
**Yama** 8:39AM – 10:27AM **Vyaghata\* Until 10:20PM** **Muruga:** White *Sunset: 7:26PM* *Moon 4 - Phase 5*  
**Rahu** 3:51PM – 5:38PM **Taitila Until 10:44PM** **Nataraja:** Purple *4th Phase*  
**Navami\* Until 10:44AM** **Moon – Red** **Sivaloka Day**  
**Vaisaka-Chaitra**

# 2 Wednesday, May 14, 2008

Simha Rasi: 27.2    Titli 10 – 11  
251693959  
Creative Work    Amrita Yoga  
Until 1.56PM then Prabalarishta Yoga  
Until 6:34AM Thu then no yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam *Pittsburgh, PA*  
Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau *Sun 23    Sutra 32*  
**Gulika** 10:27AM – 12:15PM **Uttaraphalguni Until 6:34AM Thu** **Ganesha:** White *Sunrise: 5:03AM* *Sarvadhari 511U*  
**Yama** 6:51AM – 8:39AM **Harshana Until 11:08PM** **Muruga:** White *Sunset: 7:27PM* *Moon 4 - Phase 5*  
**Rahu** 12:15PM – 2:03PM **Vanija Until 1:00AM Thu** **Nataraja:** Purple *4th Phase*  
**Dasami Until 11:55AM** **Moon – Red** **Sivaloka Day**  
**Vaisaka-Vaikasi**

# 3 Thursday, May 15, 2008

Kanya Rasi: 9.43    Titli 11 – 12  
251693959  
Routine Work    Prabalarishta Yoga  
Until 6:34AM then no yoga  
Until 1.56PM then Amrita Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam *Pittsburgh, PA*  
Uttaraphalguni/Hasta Nakshatra Vajra\* Yoga Visti\*/Bava Karana Ekadasi/Dvadasi Yam Titau *Sun 24    Sutra 33*  
**Gulika** 8:38AM – 10:27AM **Uttaraphalguni Until 6:34AM** **Ganesha:** White *Sunrise: 5:02AM* *Sarvadhari 511U*  
**Yama** 5:02AM – 6:50AM **Vajra\* Until 11:07PM** **Muruga:** White *Sunset: 7:28PM* *Moon 4 - Phase 5*  
**Rahu** 2:03PM – 3:52PM **Bava Until 2:17AM Fri** **Nataraja:** Purple *4th Phase*  
**Ashram Sadhana** **Ekadasi Until 1:11PM** **Moon – Red** **Sivaloka Day**  
**Vaisaka-Vaikasi**

# 4 Friday, May 16, 2008

Kanya Rasi: 21.55    Titli 12 – 13  
261693959  
Creative Work    Amrita Yoga  
Until 8:49AM then Siddha Yoga  
Until 1.56PM then Marana Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam *Pittsburgh, PA*  
Hasta/Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau *Sun 25    Sutra 34*  
**Gulika** 6:49AM – 8:38AM **Hasta Until 8:49AM** **Ganesha:** Clear *Sunrise: 5:01AM* *Sarvadhari 511U*  
**Yama** 3:52PM – 5:41PM **Siddhi Until 11:25PM** **Muruga:** White *Sunset: 7:29PM* *Moon 4 - Phase 5*  
**Rahu** 10:26AM – 12:15PM **Kaulava Until 3:56AM Sat** **Nataraja:** Purple *4th Phase*  
**Dvadasi Until 2:51PM** **Moon – Green** **Subha Sivaloka Day**  
**Pradosha Vrata** **Vaisaka-Vaikasi**

# 5 Saturday, May 17, 2008

Tula Rasi: 4    Titli 13 – 14  
261693959  
Routine Work    Marana Yoga  
Until 11:20AM then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam *Pittsburgh, PA*  
Chitra/Svati Nakshatra Vyatipata\* Yoga Taitila/Gara Karana Trayodasi/Chaturdasi\* Yam Titau *Sun 26    Sutra 35*  
**Gulika** 5:00AM – 6:49AM **Chitra Until 11:20AM** **Ganesha:** Clear *Sunrise: 5:00AM* *Sarvadhari 511U*  
**Yama** 2:04PM – 3:53PM **Vyatipata\* Until 11:57PM** **Muruga:** White *Sunset: 7:30PM* *Moon 4 - Phase 5*  
**Rahu** 8:37AM – 10:26AM **Gara Until 5:52AM Sun** **Nataraja:** Purple *4th Phase*  
**Trayodasi Until 4:46PM** **Moon – Green** **Subha Sivaloka Day**  
**Vaisaka-Vaikasi**  
**Gurudeva Pada Puja 6AM**

# 6 Sunday, May 18, 2008

Tula Rasi: 16    Titli 14  
261693959  
Creative Work    Siddha Yoga  
Until 1.56PM then Amrita Yoga  
Until 2:00PM then Marana Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam *Pittsburgh, PA*  
Svati/Visakha Nakshatra Variyan Yoga Vanija Karana Chaturdasi\* Yam Titau *Sun 27    Sutra 36*  
**Gulika** 3:53PM – 5:42PM **Svati Until 2:00PM** **Ganesha:** Clear *Sunrise: 4:59AM* *Sarvadhari 511U*  
**Yama** 12:15PM – 2:04PM **Variyan Until 12:39AM Mon** **Muruga:** White *Sunset: 7:31PM* *Moon 4 - Phase 5*  
**Rahu** 5:42PM – 7:31PM **Vanija Until 7:58AM Mon** **Nataraja:** Purple *4th Phase*  
**Vaikasi Visakam** **Chaturdasi\* Until 6:53PM** **Moon – Green** **Subha Sivaloka Day**  
**Vaisaka-Vaikasi**

# Monday, May 19, 2008

## Copper Retreat Star

Tula Rasi: 27.56    Titli 15  
Family Home Evening    271793959  
Routine Work    Marana Yoga  
Until 4:48PM then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam *Pittsburgh, PA*  
Visakha/Anuradha Nakshatra Parigha\* Yoga Visti\*/Bava Karana Purnima\* Yam Titau *Sutra 37*  
**Gulika** 2:04PM – 3:53PM **Visakha Until 4:48PM** **Ganesha:** Clear *Sunrise: 4:58AM* *Sarvadhari 511U*  
**Yama** 10:26AM – 12:15PM **Parigha\* Until 1:27AM Tue** **Muruga:** White *Sunset: 7:32PM* *Moon 4 - Phase 5*  
**Rahu** 6:47AM – 8:37AM **Visti Until 8:02AM** **Nataraja:** Purple *Purnima*  
**Purnima\* Until 9:07PM** **Moon – Orange** **Subha Sivaloka Day**  
**Vaisaka-Vaikasi**  
**Iraivan Day—Town Trip**

# Tuesday, May 20, 2008

## Silver Retreat Star

Vrischika Rasi: 9.5    Titli 16  
271793959  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam *Pittsburgh, PA*  
Anuradha Nakshatra Shiva Yoga Balava/Kaulava Karana Prathama\* Yam Titau *Sutra 38*  
**Gulika** 12:15PM – 2:05PM **Anuradha Until 7:40PM** **Ganesha:** Clear *Sunrise: 4:57AM* *Sarvadhari 511U*  
**Yama** 8:36AM – 10:26AM **Shiva Until 2:19AM Wed** **Muruga:** White *Sunset: 7:33PM* *Moon 4 - Phase 5*  
**Rahu** 3:54PM – 5:43PM **Balava Until 10:21AM** **Nataraja:** Purple *Prathama*  
**Prathama\* Until 11:26PM** **Moon – Orange** **Subha Sivaloka Day**  
**Vaisaka-Vaikasi**

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138



**Wednesday, May 21, 2008**  
**Gold Retreat Star**

Vrischika Rasi: 21.43    Tithi 17  
282793959  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddha Yoga Tailila/Gara Karana Dvitiya Yam Titau

*Pittsburgh, PA*  
*Sun 1    Sutra 3f*  
*Sarvadhari 511c*  
*Moon 5 - Phase 6*  
*1st Phase*

**Gulika** 10:26AM – 12:15PM  
**Yama** 6:46AM – 8:36AM  
**Rahu** 12:15PM – 2:05PM  
**Jyeshtha\* Until 10:34PM**  
Siddha Until 3:13AM Thu  
Tailila Until 12:42PM  
**Dvitiya Until 1:48AM Thu**

**Ganesha:** Purple    *Sunrise: 4:57AM*  
**Muruga:** White    *Sunset: 7:34PM*  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Vaikasi**

**Sivaloka Day**

**1 Thursday, May 22, 2008**

Dhanus Rasi: 4    Tithi 18  
282793959  
Creative Work    Siddha Yoga  
Until 1:56PM then no yoga  
Until 1:28AM Fri then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Sadhya Yoga Vanija/Visti\* Karana Tritiya Yam Titau

*Pittsburgh, PA*  
*Sun 2    Sutra 4c*  
*Sarvadhari 511c*  
*Moon 5 - Phase 6*  
*1st Phase*

**Gulika** 8:36AM – 10:25AM  
**Yama** 4:56AM – 6:46AM  
**Rahu** 2:05PM – 3:55PM  
**Mula\* Until 1:28AM Fri**  
Sadhya Until 4:07AM Fri  
Vanija Until 3:03PM  
**Tritiya Until 4:09AM Fri**

**Ganesha:** Clear    *Sunrise: 4:56AM*  
**Muruga:** White    *Sunset: 7:35PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Subha Sivaloka Day**

**2 Friday, May 23, 2008**

Dhanus Rasi: 15.31    Tithi 19  
282793959  
Creative Work    Siddha Yoga  
Until 1:56PM then Marana Yoga  
Until 4:17AM Sat then no yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Bava/Balava Karana Chaturthi\* Yam Titau

*Pittsburgh, PA*  
*Sun 3    Sutra 4i*  
*Sarvadhari 511c*  
*Moon 5 - Phase 6*  
*1st Phase*

**Gulika** 6:45AM – 8:35AM  
**Yama** 3:55PM – 5:45PM  
**Rahu** 10:25AM – 12:15PM  
**Purvashadha\* Until 4:17AM Sat**  
Subha Until 4:57AM Sat  
Bava Until 5:19PM  
**Chaturthi\* Until 6:20AM Sat**

**Ganesha:** Clear    *Sunrise: 4:55AM*  
**Muruga:** White    *Sunset: 7:35PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Subha Sivaloka Day**

**3 Saturday, May 24, 2008**

Dhanus Rasi: 27.31    Tithi 19 – 20  
282793959  
No Yoga  
Until 1:56PM then Amrita Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mania Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

*Pittsburgh, PA*  
*Sun 4    Sutra 4c*  
*Sarvadhari 511c*  
*Moon 5 - Phase 6*  
*1st Phase*

**Gulika** 4:55AM – 6:45AM  
**Yama** 2:06PM – 3:56PM  
**Rahu** 8:35AM – 10:25AM  
**Uttarashadha Until 6:42AM Sun**  
Sukla Until 5:39AM Sun  
Kaulava Until 7:26PM  
**Chaturthi\* Until 6:20AM**

**Ganesha:** Clear    *Sunrise: 4:55AM*  
**Muruga:** White    *Sunset: 7:36PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Subha Sivaloka Day**

**4 Sunday, May 25, 2008**

Makara Rasi: 9.39    Tithi 20 – 21  
382793959  
Creative Work    Amrita Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Brahma Yoga Tailila/Gara Karana Panchami/Shashthi\* Yam Titau

*Pittsburgh, PA*  
*Sun 5    Sutra 4a*  
*Sarvadhari 511c*  
*Moon 5 - Phase 6*  
*1st Phase*

**Gulika** 3:56PM – 5:47PM  
**Yama** 12:16PM – 2:06PM  
**Rahu** 5:47PM – 7:37PM  
**Uttarashadha Until 6:42AM**  
Brahma Until 6:06AM Mon  
Gara Until 9:15PM  
**Panchami Until 8:09AM**

**Ganesha:** Purple    *Sunrise: 4:54AM*  
**Muruga:** White    *Sunset: 7:37PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Sivaloka Day**

**5 Monday, May 26, 2008**

Makara Rasi: 21.58    Tithi 21 – 22  
392793959  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 8:31AM then Siddha Yoga  
Until 1:56PM then Marana Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Indra Yoga Vanija/Visti\* Karana Shashthi\*/Saptami Yam Titau

*Pittsburgh, PA*  
*Sun 6    Sutra 4a*  
*Sarvadhari 511c*  
*Moon 5 - Phase 6*  
*1st Phase*

**Gulika** 2:06PM – 3:57PM  
**Yama** 10:25AM – 12:16PM  
**Rahu** 6:44AM – 8:35AM  
**Sravana Until 8:31AM**  
Indra Until 4:27AM Tue  
Visti Until 9:14PM  
**Shashthi\* Until 9:14AM**

**Ganesha:** Clear    *Sunrise: 4:53AM*  
**Muruga:** White    *Sunset: 7:38PM*  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

**Subha Sivaloka Day**

**Tuesday, May 27, 2008**  
**Retreat Star**

Kumbha Rasi: 4.35    Tithi 22 – 23  
392793959  
Routine Work    Marana Yoga  
Until 1:56PM then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashlami\* Yam Titau

*Pittsburgh, PA*  
*Sun 7    Sutra 4c*  
*Sarvadhari 511c*  
*Moon 5 - Phase 6*  
*Ashlam.*

**Gulika** 12:16PM – 2:06PM  
**Yama** 8:34AM – 10:25AM  
**Rahu** 3:57PM – 5:48PM  
**Dhanishtha Until 9:51AM**  
Vaidhriti\* Until 4:03AM Wed  
Balava Until 9:57PM  
**Saptami Until 9:57AM**

**Ganesha:** Clear    *Sunrise: 4:53AM*  
**Muruga:** White    *Sunset: 7:39PM*  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

**Subha Sivaloka Day**

**Wednesday, May 28, 2008**  
**Retreat Star**

Kumbha Rasi: 17.33    Tithi 23 – 24  
392793959  
Creative Work    Siddha Yoga  
Until 10:32AM then Amrita Yoga  
Until 1:57PM then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Vishkambha\* Yoga Kaulava/Tailila Karana Ashtami\*/Navami\* Yam Titau

*Pittsburgh, PA*  
*Sun 8    Sutra 4c*  
*Sarvadhari 511c*  
*Moon 5 - Phase 6*  
*Navam.*

**Gulika** 10:25AM – 12:16PM  
**Yama** 6:43AM – 8:34AM  
**Rahu** 12:16PM – 2:07PM  
**Satabhisha Until 10:32AM**  
Vishkambha\* Until 3:02AM Thu  
Tailila Until 9:56PM  
**Ashtami\* Until 9:56AM**

**Ganesha:** Clear    *Sunrise: 4:52AM*  
**Muruga:** White    *Sunset: 7:39PM*  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

**Subha Sivaloka Day**

**Siddhidatta Day—Town Trip**

# 1 Thursday, May 29, 2008

Meena Rasi: 0.57      Tithi 24 – 25  
312794959  
Creative Work      Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Priti Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau

<b>Gulika</b>	<b>8:34AM – 10:25AM</b>	<b>Purvaprostapada* Until 10:06AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:52AM	<i>Pittsburgh, PA</i>
<b>Yama</b>	4:52AM – 6:43AM	Priti Until 12:00AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:40PM	<i>Sun 9      Sutra 41</i>
<b>Rahu</b>	2:07PM – 3:58PM	Vanija Until 7:54PM	<b>Nataraja:</b> Purple		<i>Sarvadhari 511c</i>

Navami\* Until 8:49AM  
Vaisaka-Vaikasi  
Sivaloka Day

*Pittsburgh, PA*  
*Sun 9      Sutra 41*  
*Sarvadhari 511c*  
*Moon 5 - Phase i*  
*2nd Phase*

# 2 Friday, May 30, 2008

Meena Rasi: 14.49      Tithi 25 – 26  
312794959  
Creative Work      Siddha Yoga  
Until 1:57PM then Prabalarishta Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraprostapada\*/Revati Nakshatra Ayushman Yoga Visti\*/Balava Karana Dasami/Ekadasi\* Yam Titau

<b>Gulika</b>	<b>6:43AM – 8:34AM</b>	<b>Uttaraprostapada Until 9:10AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:51AM	<i>Pittsburgh, PA</i>
<b>Yama</b>	3:59PM – 5:50PM	Ayushman Until 9:36PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:41PM	<i>Sun 10      Sutra 46</i>
<b>Rahu</b>	10:25AM – 12:16PM	Balava Until 6:13PM	<b>Nataraja:</b> Purple		<i>Sarvadhari 511c</i>

Dasami Until 7:08AM  
Vaisaka-Vaikasi  
Sivaloka Day

*Pittsburgh, PA*  
*Sun 10      Sutra 46*  
*Sarvadhari 511c*  
*Moon 5 - Phase i*  
*2nd Phase*

# 3 Saturday, May 31, 2008

Meena Rasi: 29.09      Tithi 27  
312794959  
Routine Work      Prabalarishta Yoga  
Until 7:21AM then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati/Asvini Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Dvadasi\* Yam Titau

<b>Gulika</b>	<b>4:51AM – 6:42AM</b>	<b>Revati Until 7:21AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:51AM	<i>Pittsburgh, PA</i>
<b>Yama</b>	2:08PM – 3:59PM	Saubhagya Until 5:41PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:42PM	<i>Sun 11      Sutra 45</i>
<b>Rahu</b>	8:34AM – 10:25AM	Kaulava Until 2:59PM	<b>Nataraja:</b> Purple		<i>Sarvadhari 511c</i>

Dvadasi\* Until 1:16AM Sun  
Vaisaka-Vaikasi  
Sivaloka Day

*Pittsburgh, PA*  
*Sun 11      Sutra 45*  
*Sarvadhari 511c*  
*Moon 5 - Phase i*  
*2nd Phase*

# 4 Sunday, June 1, 2008

Mesha Rasi: 13.55      Tithi 28  
322714959  
No Yoga  
Until 1:57PM then Siddha Yoga  
Until 2:24AM Mon then no yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Trayodasi\* Yam Titau

<b>Gulika</b>	<b>3:59PM – 5:51PM</b>	<b>Bharani Until 2:24AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:50AM	<i>Pittsburgh, PA</i>
<b>Yama</b>	12:16PM – 2:08PM	Sobhana Until 2:06PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:42PM	<i>Sun 12      Sutra 50</i>
<b>Rahu</b>	5:51PM – 7:42PM	Gara Until 11:53AM	<b>Nataraja:</b> Purple		<i>Sarvadhari 511c</i>

Trayodasi\* Until 10:11PM  
Pradosha Vrata (Fasting)  
Vaisaka-Vaikasi  
Devaloka Day

*Pittsburgh, PA*  
*Sun 12      Sutra 50*  
*Sarvadhari 511c*  
*Moon 5 - Phase i*  
*2nd Phase*

# 5 Monday, June 2, 2008

Mesha Rasi: 28.59      Tithi 29  
322714959  
Family Home Evening  
No Yoga  
Until 1:57PM then Siddha Yoga  
Until 11:37PM then Amrita Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Sakuni\* Karana Chaturdasi\* Yam Titau

<b>Gulika</b>	<b>2:08PM – 4:00PM</b>	<b>Krittika Until 11:37PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:50AM	<i>Pittsburgh, PA</i>
<b>Yama</b>	10:25AM – 12:17PM	Athiganda* Until 10:03AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:43PM	<i>Sun 13      Sutra 51</i>
<b>Rahu</b>	6:42AM – 8:33AM	Visti Until 8:16AM	<b>Nataraja:</b> Purple		<i>Sarvadhari 511c</i>

Chaturdasi\* Until 6:33PM  
Vaisaka-Vaikasi  
Devaloka Day

*Pittsburgh, PA*  
*Sun 13      Sutra 51*  
*Sarvadhari 511c*  
*Moon 5 - Phase i*  
*2nd Phase*

# ● Tuesday, June 3, 2008

## Retreat Star

Vrishabha Rasi: 14.14      Tithi 30 – 1  
333714959  
Creative Work      Amrita Yoga  
Until 1:57PM then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Rohini Nakshatra Dhriti Yoga Naga\*/Kintughna\* Karana Amavasya\*/Prathama\* Yam Titau

<b>Gulika</b>	<b>12:17PM – 2:09PM</b>	<b>Rohini Until 8:33PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:50AM	<i>Pittsburgh, PA</i>
<b>Yama</b>	8:33AM – 10:25AM	Dhriti Until 1:45AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:44PM	<i>Sun 14      Sutra 52</i>
<b>Rahu</b>	4:00PM – 5:52PM	Kintughna Until 12:54AM Wed	<b>Nataraja:</b> Purple		<i>Sarvadhari 511c</i>

Amavasya\* Until 2:37PM  
Vaisaka-Vaikasi  
Sivaloka Day

*Pittsburgh, PA*  
*Sun 14      Sutra 52*  
*Sarvadhari 511c*  
*Moon 5 - Phase i*  
*Amavasya*

# Wednesday, June 4, 2008

## Retreat Star

Vrishabha Rasi: 29.29      Tithi 1 – 2  
333714951  
Creative Work      Siddha Yoga  
Until 1:58PM then Marana Yoga

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Shula\* Yoga Bava/Balava Karana Prathama\*/Dvitiya Yam Titau

<b>Gulika</b>	<b>10:25AM – 12:17PM</b>	<b>Mrigasira Until 5:29PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:49AM	<i>Pittsburgh, PA</i>
<b>Yama</b>	6:41AM – 8:33AM	Shula* Until 9:26PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:44PM	<i>Sun 15      Sutra 53</i>
<b>Rahu</b>	12:17PM – 2:09PM	Balava Until 8:59PM	<b>Nataraja:</b> Purple		<i>Sarvadhari 511c</i>

Prathama\* Until 10:42AM  
Jyeshtha-Vaikasi  
Sivaloka Day

*Pittsburgh, PA*  
*Sun 15      Sutra 53*  
*Sarvadhari 511c*  
*Moon 5 - Phase i*  
*Prathama*

# 1 Thursday, June 5, 2008

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Ganda\*/Vridhi Yoga Kaulava/Gara Karana Dvitiya/Tritiya Yam Titau

Pittsburgh, PA

Sun 16 Sutra 54

Sarvadhari 511c

Mithuna Rasi: 14.34 Tithi 2 - 3  
333714951  
Routine Work Marana Yoga  
Until 1.58PM then Siddha Yoga

**Gulika** 8:33AM - 10:25AM  
**Yama** 4:49AM - 6:41AM  
**Rahu** 2:09PM - 4:01PM  
**Ardra** Until 2:42PM  
**Ganda\*** Until 5:23PM  
**Gara** Until 3:37AM Fri  
**Dvitiya** Until 7:03AM

**Ganesha:** Red *Sunrise:* 4:49AM  
**Muruga:** Clear *Sunset:* 7:45PM  
**Nataraja:** Purple  
Moon - Yellow  
**Kadavul Ardra Abhishekam**  
**Sivaloka Day**  
**Jyeshtha-Vaikasi**

# 2 Friday, June 6, 2008

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Vanija/Visi\* Karana Chaturthi\* Yam Titau

Pittsburgh, PA

Sun 17 Sutra 55

Sarvadhari 511c

Mithuna Rasi: 29.2 Tithi 4  
343714951  
Creative Work Siddha Yoga  
Until 12:51PM then Marana Yoga  
Until 1.58PM then Siddha Yoga

**Gulika** 6:41AM - 8:33AM  
**Yama** 4:01PM - 5:54PM  
**Rahu** 10:25AM - 12:17PM  
**Punarvasu** Until 12:51PM  
**Vridhi** Until 2:19PM  
**Vanija** Until 2:52PM  
**Chaturthi\*** Until 1:56AM Sat

**Ganesha:** Yellow *Sunrise:* 4:49AM  
**Muruga:** Clear *Sunset:* 7:46PM  
**Nataraja:** Purple  
Moon - Blue  
**Sivaloka Day**  
**Jyeshtha-Vaikasi**

# 3 Saturday, June 7, 2008

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Panchami Yam Titau

Pittsburgh, PA

Sun 18 Sutra 56

Sarvadhari 511c

Kataka Rasi: 13.41 Tithi 5  
343714951  
Creative Work Siddha Yoga  
Until 11:06AM then Marana Yoga  
Until 1.58PM then Siddha Yoga

**Gulika** 4:49AM - 6:41AM  
**Yama** 2:10PM - 4:02PM  
**Rahu** 8:33AM - 10:25AM  
**Pushya** Until 11:06AM  
**Dhruva** Until 11:09AM  
**Bava** Until 12:17PM  
**Panchami** Until 11:22PM

**Ganesha:** Yellow *Sunrise:* 4:49AM  
**Muruga:** Clear *Sunset:* 7:46PM  
**Nataraja:** Purple  
Moon - Blue  
**Sivaloka Day**  
**Jyeshtha-Vaikasi**

# 4 Sunday, June 8, 2008

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Aslesha\*/Magha\* Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Tailita Karana Shasthi\* Yam Titau

Pittsburgh, PA

Sun 19 Sutra 57

Sarvadhari 511c

Kataka Rasi: 27.34 Tithi 6  
343714951  
Creative Work Siddha Yoga  
Until 10:29AM then Marana Yoga  
Until 1.58PM then Siddha Yoga

**Gulika** 4:02PM - 5:55PM  
**Yama** 12:18PM - 2:10PM  
**Rahu** 5:55PM - 7:47PM  
**Aslesha\*** Until 10:29AM  
**Vyaghata\*** Until 8:57AM  
**Kaulava** Until 10:58AM  
**Shasthi\*** Until 10:58PM

**Ganesha:** Yellow *Sunrise:* 4:48AM  
**Muruga:** Clear *Sunset:* 7:47PM  
**Nataraja:** Purple  
Moon - Blue  
**Sivaloka Day**  
**Jyeshtha-Vaikasi**

# 5 Monday, June 9, 2008

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Saptami Yam Titau

Pittsburgh, PA

Sun 20 Sutra 58

Sarvadhari 511c

Simha Rasi: 10.59 Tithi 7  
Family Home Evening 353714951  
Creative Work Siddha Yoga

**Gulika** 2:10PM - 4:03PM  
**Yama** 10:25AM - 12:18PM  
**Rahu** 6:41AM - 8:33AM  
**Magha\*** Until 10:21AM  
**Harshana** Until 7:10AM  
**Gara** Until 10:04AM  
**Saptami** Until 10:04PM

**Ganesha:** White *Sunrise:* 4:48AM  
**Muruga:** Clear *Sunset:* 7:47PM  
**Nataraja:** Purple  
Moon - Red  
**Subha Sivaloka Day**  
**Jyeshtha-Vaikasi**

# Tuesday, June 10, 2008

## Retreat Star

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Purvaphalguni\*/Uttaraphalguni Nakshatra Vajra\*/Siddhi Yoga Visi\*/Bava Karana Ashtami\* Yam Titau

Pittsburgh, PA

Sun 21 Sutra 59

Sarvadhari 511c

Simha Rasi: 23.57 Tithi 8  
353714951  
Creative Work Siddha Yoga  
Until 11:01AM then Amrita Yoga

**Gulika** 12:18PM - 2:10PM  
**Yama** 8:33AM - 10:26AM  
**Rahu** 4:03PM - 5:55PM  
**Purvaphalguni\*** Until 11:01AM  
**Vajra\*** Until 6:09AM  
**Visi\*** Until 10:01AM  
**Ashtami\*** Until 10:01PM

**Ganesha:** White *Sunrise:* 4:48AM  
**Muruga:** Clear *Sunset:* 7:48PM  
**Nataraja:** Purple  
Moon - Red  
**Subha Sivaloka Day**  
**Jyeshtha-Vaikasi**

# Wednesday, June 11, 2008

## Retreat Star

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Vyatipala\* Yoga Balava/Kaulava Karana Navami\* Yam Titau

Pittsburgh, PA

Sun 22 Sutra 60

Sarvadhari 511c

Kanya Rasi: 6.34 Tithi 9  
353714951  
Creative Work Amrita Yoga  
Until 12:52PM then Siddha Yoga  
Until 1.59PM then no yoga

**Gulika** 10:26AM - 12:18PM  
**Yama** 6:41AM - 8:33AM  
**Rahu** 12:18PM - 2:11PM  
**Uttaraphalguni** Until 12:52PM  
**Vyatipala\*** Until 6:20AM Thu  
**Balava** Until 11:07AM  
**Navami\*** Until 12:13AM Thu  
**Siddhidatta Day—Town Trip**

**Ganesha:** White *Sunrise:* 4:48AM  
**Muruga:** Clear *Sunset:* 7:48PM  
**Nataraja:** Purple  
Moon - Red  
**Subha Sivaloka Day**  
**Jyeshtha-Vaikasi**

# 1 Thursday, June 12, 2008

Kanya Rasi: 18.54      Tithi 10  
363814951  
No Yoga  
Until 1.59PM then Amrita Yoga  
Until 2:52PM then Siddha Yoga

Sarvadhari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Varyan Yoga Taitila/Gara Karana Dasami Yam Titau

**Gulika** 8:33AM – 10:26AM  
**Yama** 4:48AM – 6:41AM  
**Rahu** 2:11PM – 4:04PM

**Hasta** Until 2:52PM  
**Variyan** Until 6:15AM Fri  
**Taitila** Until 12:29PM  
**Dasami** Until 1:34AM Fri

**Ganesha:** White      *Sunrise:* 4:48AM  
**Muruga:** Clear      *Sunset:* 7:49PM  
**Nataraja:** Purple  
Moon – Green  
**Jyeshtha-Vaikasi**

*Pittsburgh, PA*  
*Sun 23      Sutra 61*  
*Sarvadhari 511c*  
*Moon 5 - Phase 5*  
*4th Phase*

**Devaloka Day**

# 2 Friday, June 13, 2008

Tula Rasi: 1.02      Tithi 11  
363814951  
Creative Work      Siddha Yoga  
Until 1.59PM then Marana Yoga  
Until 5:15PM then Siddha Yoga

Sarvadhari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Varyan/Parigha\* Yoga Vanija/Visti\* Karana Ekadasi Yam Titau

**Gulika** 6:41AM – 8:33AM  
**Yama** 4:04PM – 5:57PM  
**Rahu** 10:26AM – 12:19PM

**Chitra** Until 5:15PM  
**Variyan** Until 6:15AM  
**Vanija** Until 2:16PM  
**Ekadasi** Until 3:22AM Sat

**Ganesha:** White      *Sunrise:* 4:48AM  
**Muruga:** Clear      *Sunset:* 7:49PM  
**Nataraja:** Purple  
Moon – Green  
**Jyeshtha-Vaikasi**

*Pittsburgh, PA*  
*Sun 24      Sutra 62*  
*Sarvadhari 511c*  
*Moon 5 - Phase 5*  
*4th Phase*

**Devaloka Day**

**Gurudeva Pada Puja 6AM**

# 3 Saturday, June 14, 2008

Tula Rasi: 13.02      Tithi 12  
363814951  
Creative Work      Siddha Yoga  
Until 7:55PM then Marana Yoga

Sarvadhari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Parigha\*/Shiva Yoga Bava/Balava Karana Dvadasi Yam Titau

**Gulika** 4:48AM – 6:41AM  
**Yama** 2:12PM – 4:04PM  
**Rahu** 8:33AM – 10:26AM

**Svati** Until 7:55PM  
**Parigha\*** Until 6:57AM  
**Bava** Until 4:21PM  
**Dvadasi** Until 5:27AM Sun

**Ganesha:** White      *Sunrise:* 4:48AM  
**Muruga:** Clear      *Sunset:* 7:50PM  
**Nataraja:** Purple  
Moon – Green  
**Jyeshtha-Ani**

*Pittsburgh, PA*  
*Sun 25      Sutra 63*  
*Sarvadhari 511c*  
*Moon 5 - Phase 5*  
*4th Phase*

**Devaloka Day**

**Ashram Sadhana**

# 4 Sunday, June 15, 2008

Tula Rasi: 24.58      Tithi 13  
373814951  
Routine Work      Marana Yoga  
Until 10:45PM then Siddha Yoga

Sarvadhari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Visakha Nakshatra Shiva/Siddha Yoga Kaulava Karana Trayodasi Yam Titau

**Gulika** 4:05PM – 5:57PM  
**Yama** 12:19PM – 2:12PM  
**Rahu** 5:57PM – 7:50PM

**Visakha** Until 10:45PM  
**Shiva** Until 7:47AM  
**Kaulava** Until 6:36PM  
**Trayodasi** Until 7:51AM Mon  
**Pradosha Vrata**

**Ganesha:** Clear      *Sunrise:* 4:48AM  
**Muruga:** Clear      *Sunset:* 7:50PM  
**Nataraja:** Purple  
Moon – Orange  
**Jyeshtha-Ani**

*Pittsburgh, PA*  
*Sun 26      Sutra 64*  
*Sarvadhari 511c*  
*Moon 5 - Phase 5*  
*4th Phase*

**Sivaloka Day**

# 5 Monday, June 16, 2008

Vrischika Rasi: 6.51      Tithi 13 – 14  
**Family Home Evening**      373814951  
Creative Work      Siddha Yoga

Sarvadhari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodasi/Chaturdasi\* Yam Titau

**Gulika** 2:12PM – 4:05PM  
**Yama** 10:26AM – 12:19PM  
**Rahu** 6:41AM – 8:34AM

**Anuradha** Until 1:38AM Tue  
**Siddha** Until 8:42AM  
**Gara** Until 8:56PM  
**Trayodasi** Until 7:51AM

**Ganesha:** Clear      *Sunrise:* 4:48AM  
**Muruga:** Clear      *Sunset:* 7:50PM  
**Nataraja:** Purple  
Moon – Orange  
**Jyeshtha-Ani**

*Pittsburgh, PA*  
*Sun 27      Sutra 65*  
*Sarvadhari 511c*  
*Moon 5 - Phase 5*  
*4th Phase*

**Sivaloka Day**

# ○ Tuesday, June 17, 2008

**Copper Retreat Star**  
Vrischika Rasi: 18.44      Tithi 14 – 15  
374814951  
Creative Work      Siddha Yoga  
Until 4:33AM Wed then Marana Yoga

Sarvadhari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Chaturdasi\*/Purnima\* Yam Titau

**Gulika** 12:19PM – 2:12PM  
**Yama** 8:34AM – 10:27AM  
**Rahu** 4:05PM – 5:58PM

**Jyeshtha\*** Until 4:33AM Wed  
**Sadhya** Until 9:37AM  
**Visti** Until 11:17PM  
**Chaturdasi\*** Until 10:11AM  
**Iraivan Day—Town Trip**

**Ganesha:** Purple      *Sunrise:* 4:48AM  
**Muruga:** Clear      *Sunset:* 7:51PM  
**Nataraja:** Purple  
Moon – Orange  
**Jyeshtha-Ani**

*Pittsburgh, PA*  
*Sutra 66*  
*Sarvadhari 511c*  
*Moon 5 - Phase 5*  
*Purnima*

**Subha Sivaloka Day**

# Wednesday, June 18, 2008

**Silver Retreat Star**  
Dhanus Rasi: 0.38      Tithi 15 – 16  
384814951  
Routine Work      Marana Yoga  
Until 2:00PM then Siddha Yoga

Sarvadhari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima\*/Prathama\* Yam Titau

**Gulika** 10:27AM – 12:20PM  
**Yama** 6:41AM – 8:34AM  
**Rahu** 12:20PM – 2:12PM

**Mula\*** Until 7:30AM Thu  
**Subha** Until 10:29AM  
**Balava** Until 1:34AM Thu  
**Purnima\*** Until 12:29PM

**Ganesha:** Clear      *Sunrise:* 4:48AM  
**Muruga:** Clear      *Sunset:* 7:51PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha-Ani**

*Pittsburgh, PA*  
*Sutra 67*  
*Sarvadhari 511c*  
*Moon 5 - Phase 5*  
*Prathama*

**Sivaloka Day**

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita AG 2.10–2.13. MA 94





**Thursday, June 19, 2008**  
**Gold Retreat Star**

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\*/Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau

*Pittsburgh, PA*  
*Sutra 65*

Dhanus Rasi: 12.35    Titih 16 – 17  
384814951

**Gulika**    8:34AM – 10:27AM  
**Yama**      4:49AM – 6:41AM  
**Rahu**      2:13PM – 4:06PM

**Mula\* Until 7:30AM**  
**Sukla Until 11:17AM**  
**Taitila Until 3:46AM Fri**  
**Prathama\* Until 2:40PM**

**Ganesha:** Clear    *Sunrise: 4:49AM*  
**Muruga:** Clear    *Sunset: 7:51PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha\* Ani**

*Sarvadhari 511c*  
*Moon 6 - Phase 1c*  
*1st Phase*

**Sivaloka Day**

Creative Work    Siddha Yoga

**1 Friday, June 20, 2008**

Sarvadhari Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

*Pittsburgh, PA*  
*Sun 1 Sutra 65*

Dhanus Rasi: 24.37    Titih 17 – 18  
384814951

**Gulika**    6:42AM – 8:34AM  
**Yama**      4:06PM – 5:59PM  
**Rahu**      10:27AM – 12:20PM

**Purvashadha\* Until 10:07AM**  
**Brahma Until 11:56AM**  
**Vanija Until 5:47AM Sat**  
**Dvitiya Until 4:42PM**

**Ganesha:** Clear    *Sunrise: 4:49AM*  
**Muruga:** Clear    *Sunset: 7:51PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha\* Ani**

*Sarvadhari 511c*  
*Moon 6 - Phase 1c*  
*1st Phase*

**Sivaloka Day**

Creative Work    Siddha Yoga  
Until 2:01PM then no yoga

**2 Saturday, June 21, 2008**

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Indra/Vaidhriti\* Yoga Visti\* Karana Tritiya Yam Titau

*Pittsburgh, PA*  
*Sun 2 Sutra 7c*

Makara Rasi: 6.45    Titih 18  
384814951

**Gulika**    4:49AM – 6:42AM  
**Yama**      2:13PM – 4:06PM  
**Rahu**      8:35AM – 10:27AM

**Uttarashadha Until 12:30PM**  
**Indra Until 12:23PM**  
**Visti Until 7:34AM Sun**  
**Tritiya Until 6:29PM**

**Ganesha:** Clear    *Sunrise: 4:49AM*  
**Muruga:** Clear    *Sunset: 7:52PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha\* Ani**

*Sarvadhari 511c*  
*Moon 6 - Phase 1c*  
*1st Phase*

**Sivaloka Day**

No Yoga  
Until 12:30PM then Siddha Yoga  
Until 2:01PM then Amrita Yoga

**3 Sunday, June 22, 2008**

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau

*Pittsburgh, PA*  
*Sun 3 Sutra 7c*

Makara Rasi: 19.02    Titih 19  
394814951

**Gulika**    4:06PM – 5:59PM  
**Yama**      12:21PM – 2:13PM  
**Rahu**      5:59PM – 7:52PM

**Sravana Until 2:37PM**  
**Vaidhriti\* Until 12:34PM**  
**Bava Until 6:47AM**  
**Chaturthi\* Until 6:47PM**

**Ganesha:** White    *Sunrise: 4:49AM*  
**Muruga:** Clear    *Sunset: 7:52PM*  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha\* Ani**

*Sarvadhari 511c*  
*Moon 6 - Phase 1c*  
*1st Phase*

**Subha Sivaloka Day**

Creative Work    Amrita Yoga  
Until 2:37PM then Siddha Yoga

**4 Monday, June 23, 2008**

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Panchari Yam Titau

*Pittsburgh, PA*  
*Sun 4 Sutra 7c*

Kumbha Rasi: 1.3    Titih 20  
394814951

**Gulika**    2:14PM – 4:06PM  
**Yama**      10:28AM – 12:21PM  
**Rahu**      6:42AM – 8:35AM

**Dhanishtha Until 3:32PM**  
**Vishkambha\* Until 11:56AM**  
**Kaulava Until 7:45AM**  
**Panchari Until 7:45PM**

**Ganesha:** White    *Sunrise: 4:49AM*  
**Muruga:** Clear    *Sunset: 7:52PM*  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha\* Ani**

*Sarvadhari 511c*  
*Moon 6 - Phase 1c*  
*1st Phase*

**Subha Sivaloka Day**

**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 2:02PM then Marana Yoga

**5 Tuesday, June 24, 2008**

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shasthi\* Yam Titau

*Pittsburgh, PA*  
*Sun 5 Sutra 7c*

Kumbha Rasi: 14.13    Titih 21  
394814951

**Gulika**    12:21PM – 2:14PM  
**Yama**      8:35AM – 10:28AM  
**Rahu**      4:06PM – 5:59PM

**Satabhisha Until 4:41PM**  
**Priti Until 11:21AM**  
**Gara Until 8:14AM**  
**Shasthi\* Until 8:14PM**

**Ganesha:** White    *Sunrise: 4:50AM*  
**Muruga:** Clear    *Sunset: 7:52PM*  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha\* Ani**

*Sarvadhari 511c*  
*Moon 6 - Phase 1c*  
*1st Phase*

**Subha Sivaloka Day**

Routine Work    Marana Yoga  
Until 2:02PM then Siddha Yoga  
Until 4:41PM then Amrita Yoga

**6 Wednesday, June 25, 2008**

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Sapthami Yam Titau

*Pittsburgh, PA*  
*Sun 6 Sutra 7c*

Kumbha Rasi: 27.14    Titih 22  
314814951

**Gulika**    10:28AM – 12:21PM  
**Yama**      6:43AM – 8:36AM  
**Rahu**      12:21PM – 2:14PM

**Purvaprostapada\* Until 5:16PM**  
**Ayushman Until 10:16AM**  
**Visti Until 8:06AM**  
**Sapthami Until 8:06PM**

**Ganesha:** White    *Sunrise: 4:50AM*  
**Muruga:** Clear    *Sunset: 7:52PM*  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha\* Ani**

*Sarvadhari 511c*  
*Moon 6 - Phase 1c*  
*1st Phase*

**Subha Sivaloka Day**

Creative Work    Amrita Yoga  
Until 2:02PM then Siddha Yoga

**Thursday, June 26, 2008**  
**Retreat Star**

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

*Pittsburgh, PA*  
*Sun 7 Sutra 7c*

Meena Rasi: 11    Titih 23  
314814951

**Gulika**    8:36AM – 10:29AM  
**Yama**      4:50AM – 6:43AM  
**Rahu**      2:14PM – 4:07PM

**Uttaraprostapada Until 4:24PM**  
**Saubhagya Until 8:24AM**  
**Balava Until 7:11AM**  
**Ashtami\* Until 6:15PM**

**Ganesha:** White    *Sunrise: 4:50AM*  
**Muruga:** Clear    *Sunset: 7:52PM*  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha\* Ani**

*Sarvadhari 511c*  
*Moon 6 - Phase 1c*  
*Ashtam.*

**Subha Sivaloka Day**

Creative Work    Siddha Yoga

**Friday, June 27, 2008**  
**Retreat Star**

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Asvini Nakshatra Sobhana/Atthiganda\* Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau

*Pittsburgh, PA*  
*Sun 8 Sutra 7c*

Meena Rasi: 24.22    Titih 24 – 25  
314814951

**Gulika**    6:44AM – 8:36AM  
**Yama**      4:07PM – 5:59PM  
**Rahu**      10:29AM – 12:22PM

**Revati Until 3:40PM**  
**Sobhana Until 6:12AM**  
**Vanija Until 3:51AM Sat**  
**Navami\* Until 4:46PM**

**Ganesha:** White    *Sunrise: 4:51AM*  
**Muruga:** Clear    *Sunset: 7:52PM*  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha\* Ani**

*Sarvadhari 511c*  
*Moon 6 - Phase 1c*  
*Navam.*

**Subha Sivaloka Day**

Creative Work    Siddha Yoga  
Until 2:02PM then Prabalarishta Yoga  
Until 3:40PM then Siddha Yoga

**Siddhidatta Day—Town Trip**

Behold the universe in the glory of God; and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49

# 1 Saturday, June 28, 2008

Mesha Rasi: 8.31 Tithi 25 – 26  
324814951  
Creative Work Siddha Yoga  
Until 2.03PM then no yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Asvini/Bharani Nakshatra Sukarma Yoga Visti\*/Bava Karana Dasami/Ekadas\* Yam Titau  
**Gulika** 4:51AM – 6:44AM  
**Yama** 2:14PM – 4:07PM  
**Rahu** 8:37AM – 10:29AM  
**Asvini Until 1:43PM**  
Sukarma Until 12:41AM Sun  
Bava Until 12:13AM Sun  
**Dasami Until 1:56PM**  
**Ganesha:** Yellow *Sunrise: 4:51AM*  
**Muruga:** Clear *Sunset: 7:52PM*  
**Nataraja:** Purple  
Moon – White  
**Jyeshtha-Ani**  
**Sivaloka Day**  
*Pittsburgh, PA Sun 9 Sutra 7; Sarvadhari 511c Moon 6 - Phase 1; 2nd Phase*

# 2 Sunday, June 29, 2008

Mesha Rasi: 23.02 Tithi 26 – 27  
324814951  
No Yoga  
Until 11:48AM then Siddha Yoga  
Until 2.03PM then no yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadas\*/Dvadas\* Yam Titau  
**Gulika** 4:07PM – 6:00PM  
**Yama** 12:22PM – 2:14PM  
**Rahu** 6:00PM – 7:52PM  
**Bharani Until 11:48AM**  
Dhriti Until 8:18PM  
Kaulava Until 9:32PM  
**Ekadas\* Until 11:15AM**  
**Ganesha:** Yellow *Sunrise: 4:52AM*  
**Muruga:** Clear *Sunset: 7:52PM*  
**Nataraja:** Purple  
Moon – White  
**Jyeshtha-Ani**  
**Sivaloka Day**  
*Pittsburgh, PA Sun 10 Sutra 7c; Sarvadhari 511c Moon 6 - Phase 1; 2nd Phase*

# 3 Monday, June 30, 2008

Mrishabha Rasi: 7.52 Tithi 27 – 28  
Family Home Evening 325814951  
No Yoga  
Until 9:25AM then Amrita Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika/Rohini Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Dvadas\*/Trayodasi\* Yam Titau  
**Gulika** 2:15PM – 4:07PM  
**Yama** 10:30AM – 12:22PM  
**Rahu** 6:45AM – 8:37AM  
**Krittika Until 9:25AM**  
Shula\* Until 4:37PM  
Gara Until 6:19PM  
**Dvadas\* Until 8:02AM**  
**Ganesha:** White *Sunrise: 4:52AM*  
**Muruga:** Clear *Sunset: 7:52PM*  
**Nataraja:** Purple  
Moon – White  
**Jyeshtha-Ani**  
**Devaloka Day**  
**Pradosha Vrata (Fasting)**  
*Pittsburgh, PA Sun 11 Sutra 7c; Sarvadhari 511c Moon 6 - Phase 1; 2nd Phase*

# 4 Tuesday, July 1, 2008

Mrishabha Rasi: 22.53 Tithi 29  
335814951  
Creative Work Amrita Yoga  
Until 6:43AM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini/Mrigasira Nakshatra Ganda\*/Vridhi Yoga Visti\*/Sakuni\* Karana Chaturdasi\* Yam Titau  
**Gulika** 12:22PM – 2:15PM  
**Yama** 8:38AM – 10:30AM  
**Rahu** 4:07PM – 5:59PM  
**Rohini Until 6:43AM**  
Ganda\* Until 12:40PM  
Visti Until 2:46PM  
**Chaturdasi\* Until 1:03AM Wed**  
**Ganesha:** Green *Sunrise: 4:53AM*  
**Muruga:** Clear *Sunset: 7:52PM*  
**Nataraja:** Purple  
Moon – Yellow  
**Jyeshtha-Ani**  
**Devaloka Day**  
*Pittsburgh, PA Sun 12 Sutra 8c; Sarvadhari 511c Moon 6 - Phase 1; 2nd Phase*

# Wednesday, July 2, 2008 Retreat Star

Mithuna Rasi: 7.58 Tithi 30  
335814951  
Creative Work Siddha Yoga  
Until 2.03PM then Marana Yoga  
Until 1:16AM Thu then Amrita Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Vridhi/Dhruva Yoga Catuspada\*/Naga\* Karana Amavasya\* Yam Titau  
**Gulika** 10:30AM – 12:22PM  
**Yama** 6:46AM – 8:38AM  
**Rahu** 12:22PM – 2:15PM  
**Ardra Until 1:16AM Thu**  
Vridhi Until 8:38AM  
Catuspada Until 11:08AM  
**Amavasya\* Until 9:26PM**  
**Ganesha:** Green *Sunrise: 4:53AM*  
**Muruga:** Clear *Sunset: 7:52PM*  
**Nataraja:** Purple  
Moon – Yellow  
**Jyeshtha-Ani**  
**Devaloka Day**  
**Siddhidatta Day—Town Trip**  
*Pittsburgh, PA Sun 13 Sutra 8i; Sarvadhari 511c Moon 6 - Phase 1; Amavasya*

# Thursday, July 3, 2008 Retreat Star

Mithuna Rasi: 22.56 Tithi 1  
345814951  
Creative Work Amrita Yoga  
Until 2.04PM then Siddha Yoga  
Until 10:39PM then Marana Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam  
Punarvasu Nakshatra Vyaghata\* Yoga Kintughna\*/Bava Karana Prathama\* Yam Titau  
**Gulika** 8:38AM – 10:30AM  
**Yama** 4:54AM – 6:46AM  
**Rahu** 2:15PM – 4:07PM  
**Punarvasu Until 10:39PM**  
Vyaghata\* Until 12:44AM Fri  
Kintughna Until 7:41AM  
**Prathama\* Until 5:58PM**  
**Ganesha:** White *Sunrise: 4:54AM*  
**Muruga:** Clear *Sunset: 7:51PM*  
**Nataraja:** Purple  
Moon – Blue  
**Ashada-Ani**  
**Devaloka Day**  
*Pittsburgh, PA Sun 14 Sutra 8c; Sarvadhari 511c Moon 6 - Phase 1; Prathama*

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda, Maitu 3.2. UpH, 418

# 1 Friday, July 4, 2008

Kataka Rasi: 7.4      Tithi 2 – 3  
345814951  
Routine Work    Marana Yoga  
Until 2.04PM then Siddha Yoga  
Until 9.27PM then Marana Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam  
Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau  
**Gulika**      6:46AM – 8:39AM      **Pushya** Until 9:27PM  
**Yama**        4:07PM – 5:59PM      Harshana Until 10:14PM  
**Rahu**        10:31AM – 12:23PM      Taitila Until 2:41AM Sat  
Dvitiya Until 3:37PM

*Pittsburgh, PA*  
Sun 15      Sutra 83  
Sarvadhari 5110  
Moon 6 - Phase 12  
3rd Phase  
Devaloka Day  
Ganesha: White      Sunrise: 4:54AM  
Muruga: Clear      Sunset: 7:51PM  
Nataraja: Purple  
Moon – Blue  
Ashada-Ani

# 2 Saturday, July 5, 2008

Kataka Rasi: 22.02      Tithi 3 – 4  
345814951  
Routine Work    Marana Yoga  
Until 2.04PM then Siddha Yoga  
Until 7.40PM then Marana Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam  
Aslesha\* Nakshatra Vajra\* Yoga Gara/Vanija Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**      4:55AM – 6:47AM      **Aslesha\*** Until 7:40PM  
**Yama**        2:15PM – 4:07PM      Vajra\* Until 7:03PM  
**Rahu**        8:39AM – 10:31AM      Vanija Until 12:04AM Sun  
Tritiya Until 12:59PM

*Pittsburgh, PA*  
Sun 16      Sutra 84  
Sarvadhari 5110  
Moon 6 - Phase 12  
3rd Phase  
Devaloka Day  
Ganesha: White      Sunrise: 4:55AM  
Muruga: Clear      Sunset: 7:51PM  
Nataraja: Purple  
Moon – Blue  
Ashada-Ani

# 3 Sunday, July 6, 2008

Simha Rasi: 5.58      Tithi 4 – 5  
455814951  
Routine Work    Marana Yoga  
Until 2.04PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Magha\* Nakshatra Siddhi/Vyatipata\* Yoga Visti\*/Bava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**      4:07PM – 5:59PM      **Magha\*** Until 7:35PM  
**Yama**        12:23PM – 2:15PM      Siddhi Until 5:18PM  
**Rahu**        5:59PM – 7:51PM      Bava Until 10:15PM  
Chaturthi\* Until 11:10AM

*Pittsburgh, PA*  
Sun 17      Sutra 85  
Sarvadhari 5110  
Moon 6 - Phase 12  
3rd Phase  
Devaloka Day  
Ganesha: White      Sunrise: 4:56AM  
Muruga: Clear      Sunset: 7:51PM  
Nataraja: Purple  
Moon – Red  
Ashada-Ani

# 4 Monday, July 7, 2008

Simha Rasi: 19.28      Tithi 5 – 6  
455914951  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 7.18PM then Amrita Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam  
Purvaphalguni\* Nakshatra Vyatipata\* Varyan Yoga Balava/Kaulava Karana Panchami/Shasthi\* Yam Titau  
**Gulika**      2:15PM – 4:07PM      **Purvaphalguni\*** Until 7:18PM  
**Yama**        10:31AM – 12:23PM      Vyatipata\* Until 3:24PM  
**Rahu**        6:48AM – 8:40AM      Kaulava Until 10:31PM  
Panchami Until 10:31AM

*Pittsburgh, PA*  
Sun 18      Sutra 86  
Sarvadhari 5110  
Moon 6 - Phase 12  
3rd Phase  
Sivaloka Day  
Ganesha: Yellow      Sunrise: 4:56AM  
Muruga: Clear      Sunset: 7:50PM  
Nataraja: Purple  
Moon – Red  
Ashada-Ani

# 5 Tuesday, July 8, 2008

Kanya Rasi: 2.31      Tithi 6 – 7  
455914951  
Creative Work    Amrita Yoga  
Until 7.49PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Varyan/Parigha\* Yoga Taitila/Gara Karana Shasthi\*/Saptami Yam Titau  
**Gulika**      12:23PM – 2:15PM      **Uttaraphalguni** Until 7:49PM  
**Yama**        8:40AM – 10:32AM      Varyan Until 2:14PM  
**Rahu**        4:07PM – 5:58PM      Gara Until 10:19PM  
Shasthi\* Until 10:19AM

*Pittsburgh, PA*  
Sun 19      Sutra 87  
Sarvadhari 5110  
Moon 6 - Phase 12  
3rd Phase  
Sivaloka Day  
Ganesha: Yellow      Sunrise: 4:57AM  
Muruga: Clear      Sunset: 7:50PM  
Nataraja: Purple  
Moon – Red  
Ashada-Ani

# Wednesday, July 9, 2008

## Retreat Star

Kanya Rasi: 15.11      Tithi 7 – 8  
466914951  
Creative Work    Siddha Yoga  
Until 2.05PM then no yoga  
Until 10.17PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Saptami/Ashtami\* Yam Titau  
**Gulika**      10:32AM – 12:24PM      **Hasta** Until 10:17PM  
**Yama**        6:49AM – 8:41AM      Parigha\* Until 2:19PM  
**Rahu**        12:24PM – 2:15PM      Visti Until 12:24AM Thu  
Saptami Until 11:19AM  
Siddhidatta Day—Town Trip

*Pittsburgh, PA*  
Sun 20      Sutra 88  
Sarvadhari 5110  
Moon 6 - Phase 12  
Ashtam.  
Sivaloka Day  
Ganesha: Clear      Sunrise: 4:58AM  
Muruga: Clear      Sunset: 7:50PM  
Nataraja: Purple  
Moon – Green  
Ashada-Ani

# Thursday, July 10, 2008

## Retreat Star

Kanya Rasi: 27.34      Tithi 8 – 9  
466914951  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**      8:41AM – 10:32AM      **Chitra** Until 12:12AM Fri  
**Yama**        4:58AM – 6:50AM      Shiva Until 2:20PM  
**Rahu**        2:15PM – 4:06PM      Balava Until 1:41AM Fri  
Ashtami\* Until 12:35PM

*Pittsburgh, PA*  
Sun 21      Sutra 89  
Sarvadhari 5110  
Moon 6 - Phase 12  
Navam.  
Sivaloka Day  
Ganesha: Clear      Sunrise: 4:58AM  
Muruga: Clear      Sunset: 7:49PM  
Nataraja: Purple  
Moon – Green  
Ashada-Ani

Gurudeva Pada Puja 12PM

# 1 Friday, July 11, 2008

Tula Rasi: 9.43      Tithi 9 – 10  
466914951

Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Navami\*/Dasami Yam Titau

**Gulika**      6:50AM – 8:41AM  
Yama          4:06PM – 5:57PM  
**Rahu**          10:33AM – 12:24PM

**Svati Until 2:35AM Sat**  
Siddha Until 2:47PM  
Taitila Until 3:27AM Sat  
**Navami\* Until 2:21PM**

**Ganesha:** Clear      *Sunrise:* 4:59AM  
**Muruga:** Clear      *Sunset:* 7:49PM  
**Nataraja:** Purple  
Moon – Green

*Pittsburgh, PA*  
*Sun 22      Sutra 9c*  
*Sarvadhari 511c*  
*Moon 6 - Phase 1c*  
*4th Phase*

**Sivaloka Day**

**Satguru Purnima Festival**

**Ashada-Ani**

# 2 Saturday, July 12, 2008

Tula Rasi: 21.42      Tithi 10 – 11  
476914951

Creative Work    Siddha Yoga  
Until 2.05PM then Marana Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam  
Visakha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau

**Gulika**      5:00AM – 6:51AM  
Yama          2:15PM – 4:06PM  
**Rahu**          8:42AM – 10:33AM

**Visakha Until 5:16AM Sun**  
Sadhya Until 3:29PM  
Vanija Until 5:32AM Sun  
**Dasami Until 4:27PM**

**Ganesha:** Purple      *Sunrise:* 5:00AM  
**Muruga:** Clear      *Sunset:* 7:48PM  
**Nataraja:** Purple  
Moon – Orange

*Pittsburgh, PA*  
*Sun 23      Sutra 9i*  
*Sarvadhari 511c*  
*Moon 6 - Phase 1c*  
*4th Phase*

**Devaloka Day**

**Satguru Purnima Festival**

**Ashada-Ani**

# 3 Sunday, July 13, 2008

Vrischika Rasi: 3.37      Tithi 11  
476914951

Routine Work    Marana Yoga  
Until 2.05PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Subha/Sukla Yoga Visti\* Karana Ekadasi Yam Titau

**Gulika**      4:06PM – 5:57PM  
Yama          12:24PM – 2:15PM  
**Rahu**          5:57PM – 7:48PM

**Anuradha Until 8:20AM Mon**  
Subha Until 4:21PM  
Visti Until 7:49AM Mon  
**Ekadasi Until 6:43PM**

**Ganesha:** Purple      *Sunrise:* 5:00AM  
**Muruga:** Clear      *Sunset:* 7:48PM  
**Nataraja:** Purple  
Moon – Orange

*Pittsburgh, PA*  
*Sun 24      Sutra 9c*  
*Sarvadhari 511c*  
*Moon 6 - Phase 1c*  
*4th Phase*

**Devaloka Day**

**Satguru Purnima Festival**

**Ashada-Ani**

**Ashram Sadhana**

# 4 Monday, July 14, 2008

Vrischika Rasi: 15.3      Tithi 12  
476914951

**Family Home Evening**  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Dvadasi Yam Titau

**Gulika**      2:15PM – 4:06PM  
Yama          10:33AM – 12:24PM  
**Rahu**          6:52AM – 8:43AM

**Anuradha Until 8:20AM**  
Sukla Until 5:16PM  
Bava Until 7:58AM  
**Dvadasi Until 9:03PM**

**Ganesha:** Purple      *Sunrise:* 5:01AM  
**Muruga:** Clear      *Sunset:* 7:47PM  
**Nataraja:** Purple  
Moon – Orange

*Pittsburgh, PA*  
*Sun 25      Sutra 9c*  
*Sarvadhari 511c*  
*Moon 6 - Phase 1c*  
*4th Phase*

**Devaloka Day**

**Satguru Purnima Festival**

**Ashada-Ani**

# 5 Tuesday, July 15, 2008

Vrischika Rasi: 27.24      Tithi 13  
476914951

Creative Work    Siddha Yoga  
Until 11:12AM then Amrita Yoga  
Until 2.05PM then Marana Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodasi Yam Titau

**Gulika**      12:24PM – 2:15PM  
Yama          8:43AM – 10:34AM  
**Rahu**          4:05PM – 5:56PM

**Jyeshtha\* Until 11:12AM**  
Brahma Until 6:09PM  
Kaulava Until 10:16AM  
**Trayodasi Until 11:21PM**

**Ganesha:** Purple      *Sunrise:* 5:02AM  
**Muruga:** Clear      *Sunset:* 7:46PM  
**Nataraja:** Purple  
Moon – Orange

*Pittsburgh, PA*  
*Sun 26      Sutra 9a*  
*Sarvadhari 511c*  
*Moon 6 - Phase 1c*  
*4th Phase*

**Devaloka Day**

**Satguru Purnima Festival**

**Ashada-Adi**

**Pradosha Vrata**

# 6 Wednesday, July 16, 2008

Dhanus Rasi: 9.22      Tithi 14  
487914952

Routine Work    Marana Yoga  
Until 1:56PM then Amrita Yoga  
Until 2.05PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdasi\* Yam Titau

**Gulika**      10:34AM – 12:24PM  
Yama          6:53AM – 8:44AM  
**Rahu**          12:24PM – 2:15PM

**Mula\* Until 1:56PM**  
Indra Until 6:55PM  
Gara Until 12:25PM  
**Chaturdasi\* Until 1:31AM Thu**

**Ganesha:** White      *Sunrise:* 5:03AM  
**Muruga:** Clear      *Sunset:* 7:46PM  
**Nataraja:** Clear  
Moon – Light Blue

*Pittsburgh, PA*  
*Sun 27      Sutra 9c*  
*Sarvadhari 511c*  
*Moon 6 - Phase 1c*  
*4th Phase*

**Sivaloka Day**

**Satguru Purnima Festival**

**Ashada-Adi**

# Thursday, July 17, 2008

## Copper Retreat Star

Dhanus Rasi: 21.25      Tithi 15  
487914952

Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Vaidhriti\* Yoga Visti\*/Bava Karana Purnima\* Yam Titau

**Gulika**      8:44AM – 10:34AM  
Yama          5:04AM – 6:54AM  
**Rahu**          2:15PM – 4:05PM

**Purvashadha\* Until 4:29PM**  
Vaidhriti\* Until 7:30PM  
Visti Until 2:22PM  
**Purnima\* Until 3:28AM Fri**

**Ganesha:** White      *Sunrise:* 5:04AM  
**Muruga:** Clear      *Sunset:* 7:45PM  
**Nataraja:** Clear  
Moon – Light Blue

*Pittsburgh, PA*  
*Sutra 9c*  
*Sarvadhari 511c*  
*Moon 6 - Phase 1c*  
*Purnima*

**Sivaloka Day**

**Satguru Purnima**

**Ashada-Adi**

**Iraivan Day—Town Trip**

## Friday, July 18, 2008

### Silver Retreat Star

Makara Rasi: 3.37      Tithi 16  
487914952

Creative Work    Siddha Yoga  
Until 2.05PM then no yoga  
Until 6:46PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Vishkambha\* Yoga Balava/Kaulava Karana Prathama\* Yam Titau

**Gulika**      6:54AM – 8:44AM  
Yama          4:04PM – 5:55PM  
**Rahu**          10:34AM – 12:24PM

**Uttarashadha Until 6:46PM**  
Vishkambha\* Until 7:51PM  
Balava Until 4:02PM  
**Prathama\* Until 5:07AM Sat**

**Ganesha:** White      *Sunrise:* 5:04AM  
**Muruga:** Clear      *Sunset:* 7:45PM  
**Nataraja:** Clear  
Moon – Light Blue

*Pittsburgh, PA*  
*Sutra 9i*  
*Sarvadhari 511c*  
*Moon 6 - Phase 1c*  
*Prathama*

**Sivaloka Day**

**Ashada-Adi**



**Saturday, July 19, 2008**  
**Gold Retreat Star**

Makara Rasi: 15.58      Tithi 17  
497914952  
Creative Work    Siddha Yoga  
Until 2.06PM then Amrita Yoga  
Until 7:35PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yukhtayam  
Srivana Nakshatra Priti Yoga Tailila/Gara Karana Dvitiya Yam Titau

**Gulika**      5:05AM – 6:55AM  
**Yama**        2:14PM – 4:04PM  
**Rahu**        8:45AM – 10:35AM

**Srivana Until 7:35PM**  
**Priti Until 7:54PM**  
**Tailila Until 4:24PM**  
**Dvitiya Until 4:24AM Sun**

**Ganesha:** Yellow      *Sunrise:* 5:05AM  
**Muruga:** Clear        *Sunset:* 7:44PM  
**Nataraja:** Clear  
Moon – Purple

**Ashada-Adi**

**Devaloka Day**

*Pittsburgh, PA*  
*Sutra 96*  
*Sarvadhari 511c*  
*Moon 7 - Phase 14*  
*1st Phase*

**1 Sunday, July 20, 2008**

Makara Rasi: 28.31      Tithi 18  
497914952  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti\* Karana Tritiya Yam Titau

**Gulika**      4:04PM – 5:53PM  
**Yama**        12:25PM – 2:14PM  
**Rahu**        5:53PM – 7:43PM

**Dhanishtha Until 9:03PM**  
**Ayushman Until 6:37PM**  
**Vanija Until 5:13PM**  
**Tritiya Until 5:13AM Mon**

**Ganesha:** Yellow      *Sunrise:* 5:06AM  
**Muruga:** Clear        *Sunset:* 7:43PM  
**Nataraja:** Clear  
Moon – Purple

**Ashada-Adi**

**Devaloka Day**

*Pittsburgh, PA*  
*Sun 1*  
*Sutra 96*  
*Sarvadhari 511c*  
*Moon 7 - Phase 14*  
*1st Phase*

**2 Monday, July 21, 2008**

Kumbha Rasi: 11.16      Tithi 19  
497914952  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 2.06PM then Marana Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukhtayam  
Satabhisha Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthi\* Yam Titau

**Gulika**      2:14PM – 4:03PM  
**Yama**        10:35AM – 12:25PM  
**Rahu**        6:56AM – 8:46AM

**Satabhisha Until 10:07PM**  
**Saubhagya Until 5:59PM**  
**Bava Until 5:37PM**  
**Chaturthi\* Until 5:37AM Tue**

**Ganesha:** Yellow      *Sunrise:* 5:07AM  
**Muruga:** Clear        *Sunset:* 7:42PM  
**Nataraja:** Clear  
Moon – Purple

**Ashada-Adi**

**Devaloka Day**

*Pittsburgh, PA*  
*Sun 2*  
*Sutra 10c*  
*Sarvadhari 511c*  
*Moon 7 - Phase 14*  
*1st Phase*

**3 Tuesday, July 22, 2008**

Kumbha Rasi: 24.15      Tithi 20  
417914952  
Routine Work    Marana Yoga  
Until 2.06PM then Amrita Yoga  
Until 10:47PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Purvaprostapada\* Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Tailila Karana Panchami Yam Titau

**Gulika**      12:25PM – 2:14PM  
**Yama**        8:46AM – 10:35AM  
**Rahu**        4:03PM – 5:52PM

**Purvaprostapada\* Until 10:47PM**  
**Sobhana Until 4:57PM**  
**Kaulava Until 5:34PM**  
**Panchami Until 5:34AM Wed**

**Ganesha:** Clear        *Sunrise:* 5:08AM  
**Muruga:** Clear        *Sunset:* 7:41PM  
**Nataraja:** Clear  
Moon – Clear

**Ashada-Adi**

**Devaloka Day**

*Pittsburgh, PA*  
*Sun 3*  
*Sutra 10i*  
*Sarvadhari 511c*  
*Moon 7 - Phase 14*  
*1st Phase*

**4 Wednesday, July 23, 2008**

Meena Rasi: 7.28        Tithi 21  
418914952  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukhtayam  
Uttaraprostapada\* Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Shasthi\* Yam Titau

**Gulika**      10:36AM – 12:25PM  
**Yama**        6:58AM – 8:47AM  
**Rahu**        12:25PM – 2:14PM

**Uttaraprostapada Until 10:59PM**  
**Athiganda\* Until 3:30PM**  
**Gara Until 4:11PM**  
**Shasthi\* Until 3:16AM Thu**

**Ganesha:** White        *Sunrise:* 5:09AM  
**Muruga:** Clear        *Sunset:* 7:41PM  
**Nataraja:** Clear  
Moon – Clear

**Ashada-Adi**

**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

*Pittsburgh, PA*  
*Sun 4*  
*Sutra 10j*  
*Sarvadhari 511c*  
*Moon 7 - Phase 14*  
*1st Phase*

**5 Thursday, July 24, 2008**

Meena Rasi: 20.58      Tithi 22  
418914952  
Creative Work    Siddha Yoga  
Until 9:30PM then Amrita Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yukhtayam  
Revati Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Saptami Yam Titau

**Gulika**      8:47AM – 10:36AM  
**Yama**        5:09AM – 6:58AM  
**Rahu**        2:13PM – 4:02PM

**Revati Until 9:30PM**  
**Sukarma Until 1:06PM**  
**Visti Until 3:12PM**  
**Saptami Until 2:17AM Fri**

**Ganesha:** White        *Sunrise:* 5:09AM  
**Muruga:** Clear        *Sunset:* 7:40PM  
**Nataraja:** Clear  
Moon – Clear

**Ashada-Adi**

**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

*Pittsburgh, PA*  
*Sun 5*  
*Sutra 10k*  
*Sarvadhari 511c*  
*Moon 7 - Phase 14*  
*1st Phase*

**Friday, July 25, 2008**  
**Retreat Star**

Mesha Rasi: 4.43        Tithi 23  
428914952  
Creative Work    Amrita Yoga  
Until 2.06PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Asvini Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

**Gulika**      6:59AM – 8:47AM  
**Yama**        4:02PM – 5:50PM  
**Rahu**        10:36AM – 12:25PM

**Asvini Until 8:46PM**  
**Dhriti Until 10:53AM**  
**Balava Until 1:43PM**  
**Ashtami\* Until 12:48AM Sat**

**Ganesha:** Clear        *Sunrise:* 5:10AM  
**Muruga:** Clear        *Sunset:* 7:39PM  
**Nataraja:** Clear  
Moon – White

**Ashada-Adi**

**Devaloka Day**

*Pittsburgh, PA*  
*Sun 6*  
*Sutra 10l*  
*Sarvadhari 511c*  
*Moon 7 - Phase 14*  
*Ashtam.*

**Saturday, July 26, 2008**  
**Retreat Star**

Mesha Rasi: 18.45      Tithi 24  
428914952  
Creative Work    Siddha Yoga  
Until 2.06PM then no yoga  
Until 7:34PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yukhtayam  
Bharani Nakshatra Shula\*/Ganda\* Yoga Tailila/Gara Karana Navami\* Yam Titau

**Gulika**      5:11AM – 7:00AM  
**Yama**        2:13PM – 4:01PM  
**Rahu**        8:48AM – 10:36AM

**Bharani Until 7:34PM**  
**Shula\* Until 8:14AM**  
**Tailila Until 11:44AM**  
**Navami\* Until 10:48PM**  
**Siddhidatta Day—Town Trip**

**Ganesha:** Clear        *Sunrise:* 5:11AM  
**Muruga:** Clear        *Sunset:* 7:38PM  
**Nataraja:** Clear  
Moon – White

**Ashada-Adi**

**Devaloka Day**

*Pittsburgh, PA*  
*Sun 7*  
*Sutra 10m*  
*Sarvadhari 511c*  
*Moon 7 - Phase 14*  
*Navam.*

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishṇa Yajur Veda, Kathau 5.11. bo UpH, 357

# 1 Sunday, July 27, 2008

Wrishabha Rasi: 3.02 Tithi 25  
438914952  
Creative Work Siddha Yoga  
Until 2.06PM then no yoga  
Until 5.08PM then Amrita Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Krittika/Rohini Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Dasami Yam Titau  
*Pittsburgh, PA*  
*Sun 8 Sutra 10c*  
*Sarvadhari 511c*

<b>Gulika</b>	4:01PM – 5:49PM	<b>Krittika Until 5:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:12AM	
<b>Yama</b>	12:25PM – 2:13PM	<b>Vriddhi Until 2:31AM Mon</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:37PM	<i>Moon 7 - Phase 1c</i>
<b>Rahu</b>	5:49PM – 7:37PM	<b>Vanija Until 9:02AM</b>	<b>Nataraja:</b> Clear		<i>2nd Phase</i>

**Dasami Until 7:19PM**  
**Ashada-Adi**  
**Devaloka Day**

# 2 Monday, July 28, 2008

Wrishabha Rasi: 17.33 Tithi 26 – 27  
Family Home Evening 438914952  
Creative Work Amrita Yoga  
Until 3:16PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukhtayam  
Rohini/Mrigasira Nakshatra Dhruva Yoga Bava/Kaulava Karana Ekadasi\*/Dvadasi\* Yam Titau  
*Pittsburgh, PA*  
*Sun 9 Sutra 10c*  
*Sarvadhari 511c*

<b>Gulika</b>	2:12PM – 4:00PM	<b>Rohini Until 3:16PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:13AM	
<b>Yama</b>	10:37AM – 12:25PM	<b>Dhruva Until 10:02PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:36PM	<i>Moon 7 - Phase 1c</i>
<b>Rahu</b>	7:01AM – 8:49AM	<b>Bava Until 6:23AM</b>	<b>Nataraja:</b> Clear		<i>2nd Phase</i>

**Ekadasi\* Until 4:40PM**  
**Ashada-Adi**  
**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

# 3 Tuesday, July 29, 2008

Mithuna Rasi: 2.12 Tithi 27 – 28  
439914952  
Creative Work Siddha Yoga  
Until 1:09PM then Marana Yoga  
Until 2.06PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Mrigasira/Ardra Nakshatra Vyaghata\* Yoga Tailila/Gara Karana Dvadasi\*/Trayodasi\* Yam Titau  
*Pittsburgh, PA*  
*Sun 10 Sutra 10c*  
*Sarvadhari 511c*

<b>Gulika</b>	12:25PM – 2:12PM	<b>Mrigasira Until 1:09PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:14AM	
<b>Yama</b>	8:49AM – 10:37AM	<b>Vyaghata* Until 6:38PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:35PM	<i>Moon 7 - Phase 1c</i>
<b>Rahu</b>	4:00PM – 5:47PM	<b>Gara Until 12:02AM Wed</b>	<b>Nataraja:</b> Clear		<i>2nd Phase</i>

**Dvadasi\* Until 1:45PM**  
**Ashada-Adi**  
**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

**Pradosha Vrata (Fasting)**

# 4 Wednesday, July 30, 2008

Mithuna Rasi: 16.54 Tithi 28 – 29  
439914952  
Creative Work Siddha Yoga  
Until 2.06PM then Amrita Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukhtayam  
Ardra/Punarvasu Nakshatra Harshana/Vajra\* Yoga Vanija/Visti\* Karana Trayodasi\*/Chaturdasi\* Yam Titau  
*Pittsburgh, PA*  
*Sun 11 Sutra 10c*  
*Sarvadhari 511c*

<b>Gulika</b>	10:37AM – 12:24PM	<b>Ardra Until 10:58AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:15AM	
<b>Yama</b>	7:02AM – 8:50AM	<b>Harshana Until 3:08PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:34PM	<i>Moon 7 - Phase 1c</i>
<b>Rahu</b>	12:24PM – 2:12PM	<b>Visti Until 9:03PM</b>	<b>Nataraja:</b> Clear		<i>2nd Phase</i>

**Trayodasi\* Until 10:45AM**  
**Ashada-Adi**  
**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

# Thursday, July 31, 2008

## Retreat Star

Kataka Rasi: 1.33 Tithi 29 – 30  
449914952  
Creative Work Amrita Yoga  
Until 2.06PM then Marana Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yukhtayam  
Punarvasu/Pushya Nakshatra Vajra\*/Siddhi Yoga Sakuni\*/Catuspada\* Karana Chaturdasi\*/Amavasya\* Yam Titau  
*Pittsburgh, PA*  
*Sun 12 Sutra 11c*  
*Sarvadhari 511c*

<b>Gulika</b>	8:50AM – 10:37AM	<b>Punarvasu Until 9:04AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:16AM	
<b>Yama</b>	5:16AM – 7:03AM	<b>Vajra* Until 12:07PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:33PM	<i>Moon 7 - Phase 1c</i>
<b>Rahu</b>	2:12PM – 3:59PM	<b>Catuspada Until 6:09PM</b>	<b>Nataraja:</b> Clear		<i>Amavasya</i>

**Chaturdasi\* Until 7:52AM**  
**Ashada-Adi**  
**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

**Siddhidatta Day—Town Trip**

# Friday, August 1, 2008

## Retreat Star

Kataka Rasi: 16.01 Tithi 1  
449114952  
Routine Work Marana Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yukhtayam  
Pushya/Aslesha\* Nakshatra Siddhi/Vyatalpata\* Yoga Kintughna\*/Bava Karana Prathama\* Yam Titau  
*Pittsburgh, PA*  
*Sun 13 Sutra 11c*  
*Sarvadhari 511c*

<b>Gulika</b>	7:04AM – 8:51AM	<b>Pushya Until 7:06AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:17AM	
<b>Yama</b>	3:58PM – 5:45PM	<b>Siddhi Until 8:45AM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:32PM	<i>Moon 7 - Phase 1c</i>
<b>Rahu</b>	10:37AM – 12:24PM	<b>Kintughna Until 4:17PM</b>	<b>Nataraja:</b> Clear		<i>Prathama</i>

**Prathama\* Until 3:21AM Sat**  
**Sravana-Adi**  
**Devaloka Day**

**Total Solar Eclipse**

<b>1</b>	<b>Saturday, August 2, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiya Yam Titau	<i>Pittsburgh, PA</i> Sun 14 Sutra 11c Sarvadhari 511c
Simha Rasi: 0.13	Tithi 2	<b>Gulika</b> 5:18AM – 7:04AM <b>Yama</b> 2:11PM – 3:58PM <b>Rahu</b> 8:51AM – 10:38AM	<b>Magha* Until 4:28AM Sun</b> Variyan Until 3:10AM Sun Balava Until 1:59PM <b>Dvitiya Until 1:03AM Sun</b>
Creative Work Amrita Yoga Until 2:05PM then Marana Yoga Until 4:28AM Sun then Siddha Yoga	459114952	<b>Ganesha:</b> Orange <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Red	<b>Devaloka Day</b> Sradhu Paksha
<b>2</b>	<b>Sunday, August 3, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni* Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiya Yam Titau	<i>Pittsburgh, PA</i> Sun 15 Sutra 11c Sarvadhari 511c
Simha Rasi: 14.05	Tithi 3	<b>Gulika</b> 3:57PM – 5:43PM <b>Yama</b> 12:24PM – 2:11PM <b>Rahu</b> 5:43PM – 7:30PM	<b>Purvaphalguni* Until 5:15AM Mon</b> Parigha* Until 2:09AM Mon Tailila Until 12:19PM <b>Tritiya Until 11:24PM</b>
Creative Work Siddha Yoga Until 5:15AM Mon then Marana Yoga	459114952	<b>Ganesha:</b> Orange <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Red	<b>Devaloka Day</b> Sradhu Paksha
<b>3</b>	<b>Monday, August 4, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	<i>Pittsburgh, PA</i> Sun 16 Sutra 11c Sarvadhari 511c
Simha Rasi: 27.32	Tithi 4	<b>Gulika</b> 2:10PM – 3:56PM <b>Yama</b> 10:38AM – 12:24PM <b>Rahu</b> 7:06AM – 8:52AM	<b>Uttaraphalguni Until 5:00AM Tue</b> Shiva Until 12:17AM Tue Vanija Until 11:50AM <b>Chaturthi* Until 11:50PM</b>
Family Home Evening Routine Work Marana Yoga Until 2:05PM then Amrita Yoga Until 5:00AM Tue then Siddha Yoga	459114952	<b>Ganesha:</b> Orange <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Red	<b>Devaloka Day</b> Sradhu Paksha
<b>4</b>	<b>Tuesday, August 5, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Siddha Yoga Bava/Balava Karana Panchami Yam Titau	<i>Pittsburgh, PA</i> Sun 17 Sutra 11c Sarvadhari 511c
Kanya Rasi: 10.37	Tithi 5	<b>Gulika</b> 12:24PM – 2:10PM <b>Yama</b> 8:52AM – 10:38AM <b>Rahu</b> 3:56PM – 5:42PM	<b>Hasta Until 5:28AM Wed</b> Siddha Until 11:05PM Bava Until 11:36AM <b>Panchami Until 11:36PM</b>
Creative Work Siddha Yoga	469114952	<b>Ganesha:</b> Green <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<b>Sivaloka Day</b> Sradhu Paksha
<b>5</b>	<b>Wednesday, August 6, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sadhya Yoga Kaulava/Tailila Karana Shasthi* Yam Titau	<i>Pittsburgh, PA</i> Sun 18 Sutra 11c Sarvadhari 511c
Kanya Rasi: 23.2	Tithi 6	<b>Gulika</b> 10:38AM – 12:24PM <b>Yama</b> 7:07AM – 8:53AM <b>Rahu</b> 12:24PM – 2:09PM	<b>Chitra Until 7:50AM Thu</b> Sadhya Until 11:46PM Kaulava Until 12:38PM <b>Shasthi* Until 1:43AM Thu</b>
Creative Work Siddha Yoga Until 7:50AM Thu then Amrita Yoga	461114952	<b>Ganesha:</b> Orange <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<b>Devaloka Day</b> Sradhu Paksha Gurudeva Pada Puja 6AM
<b>6</b>	<b>Thursday, August 7, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Gara/Vanija Karana Saptami Yam Titau	<i>Pittsburgh, PA</i> Sun 19 Sutra 11c Sarvadhari 511c
Tula Rasi: 5.45	Tithi 7	<b>Gulika</b> 8:53AM – 10:38AM <b>Yama</b> 5:22AM – 7:08AM <b>Rahu</b> 2:09PM – 3:54PM	<b>Chitra Until 7:50AM</b> Subha Until 11:41PM Gara Until 1:49PM <b>Saptami Until 2:55AM Fri</b>
Creative Work Siddha Yoga Until 7:50AM then Amrita Yoga Until 2:05PM then Siddha Yoga	461114952	<b>Ganesha:</b> Orange <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<b>Devaloka Day</b> Sradhu Paksha
<b>Friday, August 8, 2008</b>	<b>Retreat Star</b>	Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Visakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtami* Yam Titau	<i>Pittsburgh, PA</i> Sun 20 Sutra 11c Sarvadhari 511c
Tula Rasi: 17.56	Tithi 8	<b>Gulika</b> 7:08AM – 8:53AM <b>Yama</b> 3:54PM – 5:39PM <b>Rahu</b> 10:39AM – 12:24PM	<b>Svati Until 10:09AM</b> Sukla Until 12:03AM Sat Visti Until 3:31PM <b>Ashtami* Until 4:37AM Sat</b>
Creative Work Siddha Yoga Until 10:09AM then Marana Yoga Until 2:05PM then Siddha Yoga	461114952	<b>Ganesha:</b> Orange <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<b>Devaloka Day</b> Sradhu Paksha
<b>Saturday, August 9, 2008</b>	<b>Retreat Star</b>	Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Visakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau	<i>Pittsburgh, PA</i> Sun 21 Sutra 11c Sarvadhari 511c
Tula Rasi: 29.56	Tithi 9	<b>Gulika</b> 5:24AM – 7:09AM <b>Yama</b> 2:08PM – 3:53PM <b>Rahu</b> 8:54AM – 10:39AM	<b>Visakha Until 12:47PM</b> Brahma Until 12:43AM Sun Balava Until 5:35PM <b>Navami* Until 6:46AM Sun</b> Siddhidatta Day—Town Trip
Creative Work Siddha Yoga Until 2:05PM then Marana Yoga	471114952	<b>Ganesha:</b> Green <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Sradhu Paksha

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda Sarhita 9.113.9. VE, 634

# 1 Sunday, August 10, 2008

Vrischika Rasi: 11.52 Tithi 9 – 10  
471114952  
Routine Work Marana Yoga  
Until 2:04PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Indra Yoga Kaulava/Taitila Karana Navami\*/Dasami Yam Titau  
**Gulika** 3:52PM – 5:37PM  
**Yama** 12:23PM – 2:08PM  
**Rahu** 5:37PM – 7:21PM  
**Anuradha Until 3:37PM**  
Indra Until 1:33AM Mon  
Taitila Until 7:51PM  
**Navami\* Until 6:46AM**

*Pittsburgh, PA*  
Sun 22 Sutra 12c  
Sarvadhari 511c  
Ganesha: Green Sunrise: 5:25AM  
Muruga: Clear Sunset: 7:21PM  
Nataraja: Clear  
Moon – Orange  
Bhuloka Day  
Devaloka Time: 3:PM to 6:PM  
Sadhu Paksha

# 2 Monday, August 11, 2008

Vrischika Rasi: 23.46 Tithi 10 – 11  
Family Home Evening 471114952  
Creative Work Siddha Yoga  
Until 6:29PM then Amrita Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau  
**Gulika** 2:07PM – 3:51PM  
**Yama** 10:39AM – 12:23PM  
**Rahu** 7:11AM – 8:55AM  
**Jyeshtha\* Until 6:29PM**  
Vaidhriti\* Until 2:27AM Tue  
Vanija Until 10:11PM  
**Dasami Until 9:05AM**

*Pittsburgh, PA*  
Sun 23 Sutra 12c  
Sarvadhari 511c  
Ganesha: Green Sunrise: 5:26AM  
Muruga: Clear Sunset: 7:20PM  
Nataraja: Clear  
Moon – Orange  
Bhuloka Day  
Devaloka Time: 3:PM to 6:PM  
Sadhu Paksha

# 3 Tuesday, August 12, 2008

Dhanus Rasi: 5.41 Tithi 11 – 12  
481114952  
Creative Work Amrita Yoga  
Until 2:04PM then Marana Yoga  
Until 9:18PM then Amrita Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Ekadasi/Dvadasi Yam Titau  
**Gulika** 12:23PM – 2:07PM  
**Yama** 8:55AM – 10:39AM  
**Rahu** 3:51PM – 5:35PM  
**Mula\* Until 9:18PM**  
Vishkambha\* Until 3:16AM Wed  
Bava Until 12:26AM Wed  
**Ekadasi Until 11:20AM**

*Pittsburgh, PA*  
Sun 24 Sutra 12c  
Sarvadhari 511c  
Ganesha: Red Sunrise: 5:27AM  
Muruga: Clear Sunset: 7:19PM  
Nataraja: Clear  
Moon – Light Blue  
Devaloka Day  
Sadhu Paksha

# 4 Wednesday, August 13, 2008

Dhanus Rasi: 17.43 Tithi 12 – 13  
481114952  
Creative Work Amrita Yoga  
Until 2:04PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Priti Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau  
**Gulika** 10:39AM – 12:23PM  
**Yama** 7:12AM – 8:55AM  
**Rahu** 12:23PM – 2:06PM  
**Purvashadha\* Until 11:55PM**  
Priti Until 3:55AM Thu  
Kaulava Until 2:28AM Thu  
**Dvadasi Until 1:23PM**

*Pittsburgh, PA*  
Sun 25 Sutra 12c  
Sarvadhari 511c  
Ganesha: Red Sunrise: 5:28AM  
Muruga: Clear Sunset: 7:17PM  
Nataraja: Clear  
Moon – Light Blue  
Devaloka Day  
Sadhu Paksha

# 5 Thursday, August 14, 2008

Dhanus Rasi: 29.53 Tithi 13 – 14  
481114952  
Creative Work Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Ayushman Yoga Taitila/Gara Karana Trayodasi/Chaturdasi\* Yam Titau  
**Gulika** 8:56AM – 10:39AM  
**Yama** 5:29AM – 7:13AM  
**Rahu** 2:06PM – 3:49PM  
**Uttarashadha Until 2:14AM Fri**  
Ayushman Until 4:17AM Fri  
Gara Until 4:11AM Fri  
**Trayodasi Until 3:05PM**

*Pittsburgh, PA*  
Sun 26 Sutra 12c  
Sarvadhari 511c  
Ganesha: Red Sunrise: 5:29AM  
Muruga: Clear Sunset: 7:16PM  
Nataraja: Clear  
Moon – Light Blue  
Devaloka Day  
Sadhu Paksha

# 6 Friday, August 15, 2008

Makara Rasi: 12.16 Tithi 14 – 15  
491114952  
Creative Work Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam  
Sravana Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Chaturdasi\*/Purnima\* Yam Titau  
**Gulika** 7:13AM – 8:56AM  
**Yama** 3:48PM – 5:31PM  
**Rahu** 10:39AM – 12:22PM  
**Sravana Until 2:27AM Sat**  
Saubhagya Until 2:41AM Sat  
Visti Until 3:30AM Sat  
**Chaturdasi\* Until 3:30PM**

*Pittsburgh, PA*  
Sun 27 Sutra 12c  
Sarvadhari 511c  
Ganesha: Blue Sunrise: 5:30AM  
Muruga: Clear Sunset: 7:14PM  
Nataraja: Clear  
Moon – Purple  
Bhuloka Day  
Devaloka Time: 3:PM to 6:PM  
Sadhu Paksha

# ○ Saturday, August 16, 2008 Copper Retreat Star

Makara Rasi: 24.52 Tithi 15 – 16  
492114952  
Creative Work Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima\*/Prathama\* Yam Titau  
**Gulika** 5:31AM – 7:14AM  
**Yama** 2:05PM – 3:48PM  
**Rahu** 8:57AM – 10:39AM  
**Dhanishtha Until 3:47AM Sun**  
Sobhana Until 2:17AM Sun  
Balava Until 4:13AM Sun  
**Purnima\* Until 4:13PM**

*Pittsburgh, PA*  
Sun 28 Sutra 12c  
Sarvadhari 511c  
Ganesha: Blue Sunrise: 5:31AM  
Muruga: Clear Sunset: 7:13PM  
Nataraja: Clear  
Moon – Purple  
Bhuloka Day  
Devaloka Time: 3:PM to 6:PM

Partial Lunar Eclipse  
Iraivan Day—Town Trip

# Sunday, August 17, 2008 Silver Retreat Star

Kumbha Rasi: 7.44 Tithi 16 – 17  
592114952  
Creative Work Siddha Yoga  
Until 4:39AM Mon then no yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Satabhisha Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika** 3:47PM – 5:29PM  
**Yama** 12:22PM – 2:04PM  
**Rahu** 5:29PM – 7:12PM  
**Satabhisha Until 4:39AM Mon**  
Athiganda\* Until 1:26AM Mon  
Taitila Until 4:24AM Mon  
**Prathama\* Until 4:24PM**

*Pittsburgh, PA*  
Sutra 12c  
Sarvadhari 511c  
Ganesha: Yellow Sunrise: 5:32AM  
Muruga: Clear Sunset: 7:12PM  
Nataraja: Clear  
Moon – Purple  
Devaloka Day  
Sravana-Avani

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds.  
Shukla Yajur Veda, Brihadu 1.5.16. UpH, 89





**Monday, August 18, 2008**  
**Gold Retreat Star**

Kumbha Rasi: 20.52 Tithi 17 – 18  
Family Home Evening 512114952  
No Yoga

Until 2.03PM then Marana Yoga  
Until 5:02AM Tue then Amrita Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaaprostapada\* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika** 2:04PM – 3:46PM  
**Yama** 10:40AM – 12:22PM  
**Rahu** 7:15AM – 8:57AM  
Purvaaprostapada\* Until 5:02AM Tue  
Sukarma Until 12:08AM Tue  
Vanija Until 4:04AM Tue  
**Dvitiya Until 4:04PM**  
Ganesha: Yellow Sunrise: 5:33AM  
Muruga: Clear Sunset: 7:10PM  
Nataraja: Clear  
Moon – Clear  
Devaloka Day  
Sravana-Avani

Pittsburgh, PA  
Sun 1 Sutra 126  
Sarvadhari 5116  
Moon 8 - Phase 16  
1st Phase

**1 Tuesday, August 19, 2008**

Meena Rasi: 4.14 Tithi 18 – 19  
512114952

Creative Work Amrita Yoga  
Until 2.03PM then Siddha Yoga  
Until 3:19AM Wed then Marana Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprostapada Nakshatra Dhriti Yoga Visti\*/Bava Karana Triliya/Chaturthi\* Yam Titau  
**Gulika** 12:21PM – 2:03PM  
**Yama** 8:58AM – 10:40AM  
**Rahu** 3:45PM – 5:27PM  
Uttaraprostapada Until 3:19AM Wed  
Dhriti Until 9:19PM  
Bava Until 1:37AM Wed  
**Tritiya Until 2:32PM**  
Ganesha: Yellow Sunrise: 5:34AM  
Muruga: Clear Sunset: 7:09PM  
Nataraja: Clear  
Moon – Clear  
Devaloka Day  
Sravana-Avani

Pittsburgh, PA  
Sun 2 Sutra 126  
Sarvadhari 5116  
Moon 8 - Phase 16  
1st Phase

**2 Wednesday, August 20, 2008**

Meena Rasi: 17.5 Tithi 19 – 20  
512114952

Routine Work Marana Yoga  
Until 2.02PM then Siddha Yoga  
Until 2:52AM Thu then Amrita Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Shula\* Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika** 10:40AM – 12:21PM  
**Yama** 7:17AM – 8:58AM  
**Rahu** 12:21PM – 2:03PM  
Revati Until 2:52AM Thu  
Shula\* Until 7:22PM  
Kaulava Until 12:27AM Thu  
**Chaturthi\* Until 1:22PM**  
Ganesha: Yellow Sunrise: 5:35AM  
Muruga: Clear Sunset: 7:07PM  
Nataraja: Clear  
Moon – Clear  
Devaloka Day  
Sravana-Avani

Pittsburgh, PA  
Sun 3 Sutra 130  
Sarvadhari 5116  
Moon 8 - Phase 16  
1st Phase

**3 Thursday, August 21, 2008**

Mesha Rasi: 1.37 Tithi 20 – 21  
522114952

Creative Work Amrita Yoga  
Until 2:05AM Fri then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Asvini Nakshatra Ganda\*/Vridhi Yoga Tailila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika** 8:58AM – 10:40AM  
**Yama** 5:36AM – 7:17AM  
**Rahu** 2:02PM – 3:43PM  
Asvini Until 2:05AM Fri  
Ganda\* Until 5:06PM  
Gara Until 10:56PM  
**Panchami Until 11:51AM**  
Ganesha: White Sunrise: 5:36AM  
Muruga: Clear Sunset: 7:06PM  
Nataraja: Clear  
Moon – White  
Devaloka Day  
Sravana-Avani  
Devaloka Time: 3:PM to 6:PM

Pittsburgh, PA  
Sun 4 Sutra 131  
Sarvadhari 5116  
Moon 8 - Phase 16  
1st Phase

**4 Friday, August 22, 2008**

Mesha Rasi: 15.34 Tithi 21 – 22  
522114952

Creative Work Siddha Yoga  
Until 1:03AM Sat then Amrita Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Vridhi/Dhruva Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika** 7:18AM – 8:59AM  
**Yama** 3:43PM – 5:23PM  
**Rahu** 10:40AM – 12:21PM  
Bharani Until 1:03AM Sat  
Vridhi Until 2:35PM  
Visti Until 9:07PM  
**Shasthi\* Until 10:02AM**  
Ganesha: White Sunrise: 5:37AM  
Muruga: Clear Sunset: 7:04PM  
Nataraja: Clear  
Moon – White  
Devaloka Day  
Sravana-Avani  
Devaloka Time: 3:PM to 6:PM

Pittsburgh, PA  
Sun 5 Sutra 132  
Sarvadhari 5116  
Moon 8 - Phase 16  
1st Phase

**Saturday, August 23, 2008**  
**Retreat Star**

Mesha Rasi: 29.38 Tithi 22 – 23  
522114952

Creative Work Amrita Yoga  
Until 2.02PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika** 5:38AM – 7:19AM  
**Yama** 2:01PM – 3:42PM  
**Rahu** 8:59AM – 10:40AM  
Krittika Until 11:47PM  
Dhruva Until 11:51AM  
Balava Until 7:04PM  
**Saptami Until 8:00AM**  
Ganesha: White Sunrise: 5:38AM  
Muruga: Clear Sunset: 7:03PM  
Nataraja: Clear  
Moon – White  
Devaloka Day  
Sravana-Avani  
Devaloka Time: 3:PM to 6:PM  
Town Trip

Pittsburgh, PA  
Sun 6 Sutra 133  
Sarvadhari 5116  
Moon 8 - Phase 16  
Ashtam.

**Sunday, August 24, 2008**  
**Retreat Star**

Virshabha Rasi: 13.48 Tithi 24  
532114952

Creative Work Siddha Yoga  
Until 2.01PM then Amrita Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Vyaghata\*/Harshana Yoga Tailila/Gara Karana Navami\* Yam Titau  
**Gulika** 3:41PM – 5:21PM  
**Yama** 12:20PM – 2:00PM  
**Rahu** 5:21PM – 7:01PM  
Rohini Until 10:20PM  
Vyaghata\* Until 8:58AM  
Tailila Until 4:50PM  
**Navami\* Until 3:55AM Mon**  
Ganesha: Clear Sunrise: 5:39AM  
Muruga: Clear Sunset: 7:01PM  
Nataraja: Clear  
Moon – Yellow  
Devaloka Day  
Sravana-Avani  
Siddhidatta Day

Pittsburgh, PA  
Sun 7 Sutra 134  
Sarvadhari 5116  
Moon 8 - Phase 16  
Navam.

# 1 Monday, August 25, 2008

Wrishabha Rasi: 28.03    Tithi 25  
Family Home Evening    532114952  
Creative Work    Amrita Yoga  
Until 2.01PM then Siddha Yoga  
Until 8.47PM then Marana Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigasira Nakshatra Vajra\* Yoga Vanija/Vistli\* Karana Dasami Yam Titau

**Gulika**    2:00PM – 3:40PM    **Mrigasira Until 8:47PM**  
**Yama**    10:40AM – 12:20PM    **Vajra\* Until 3:18AM Tue**  
**Rahu**    7:20AM – 9:00AM    **Vanija Until 2:29PM**  
**Dasami Until 1:33AM Tue**

**Ganesha:** Clear    *Sunrise:* 5:40AM    *Pittsburgh, PA*  
**Muruga:** Clear    *Sunset:* 7:00PM    *Sun 8    Sutra 13i*  
**Nataraja:** Clear    *Moon 8 - Phase 1i*  
Moon – Yellow    *2nd Phase*  
**Devaloka Day**  
**Sravana-Avani**

# 2 Tuesday, August 26, 2008

Mithuna Rasi: 12.2    Tithi 26  
532214952  
Routine Work    Marana Yoga  
Until 2.01PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Siddhi Yoga Bava/Balava Karana Ekadasi\* Yam Titau

**Gulika**    12:20PM – 1:59PM    **Ardra Until 7:09PM**  
**Yama**    9:00AM – 10:40AM    **Siddhi Until 12:15AM Wed**  
**Rahu**    3:39PM – 5:19PM    **Bava Until 12:03PM**  
**Ekadasi\* Until 11:08PM**

**Ganesha:** Orange    *Sunrise:* 5:41AM    *Pittsburgh, PA*  
**Muruga:** Clear    *Sunset:* 6:58PM    *Sun 9    Sutra 13i*  
**Nataraja:** Clear    *Moon 8 - Phase 1i*  
Moon – Yellow    *2nd Phase*  
**Devaloka Day**  
**Sravana-Avani**

# 3 Wednesday, August 27, 2008

Mithuna Rasi: 27    Tithi 27  
542214953  
Creative Work    Siddha Yoga  
Until 2.01PM then Amrita Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Dvadasi\* Yam Titau

**Gulika**    10:40AM – 12:19PM    **Punarvasu Until 5:33PM**  
**Yama**    7:21AM – 9:01AM    **Vyatipata\* Until 9:12PM**  
**Rahu**    12:19PM – 1:59PM    **Kaulava Until 9:39AM**  
**Dvadasi\* Until 8:43PM**

**Ganesha:** Light Blue    *Sunrise:* 5:42AM    *Pittsburgh, PA*  
**Muruga:** Clear    *Sunset:* 6:57PM    *Sun 10    Sutra 13i*  
**Nataraja:** White    *Moon 8 - Phase 1i*  
Moon – Blue    *2nd Phase*  
**Devaloka Day**  
**Sravana-Avani**

# 4 Thursday, August 28, 2008

Kataka Rasi: 10.47    Tithi 28  
542224953  
Creative Work    Amrita Yoga  
Until 2.00PM then Marana Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Varyan Yoga Gara/Vanija Karana Trayodasi\* Yam Titau

**Gulika**    9:01AM – 10:40AM    **Pushya Until 4:04PM**  
**Yama**    5:43AM – 7:22AM    **Varyan Until 6:16PM**  
**Rahu**    1:58PM – 3:37PM    **Gara Until 7:22AM**  
**Trayodasi\* Until 6:27PM**  
**Pradosha Vrata (Fasting)**

**Ganesha:** Light Blue    *Sunrise:* 5:43AM    *Pittsburgh, PA*  
**Muruga:** White    *Sunset:* 6:55PM    *Sun 11    Sutra 13i*  
**Nataraja:** White    *Moon 8 - Phase 1i*  
Moon – Blue    *2nd Phase*  
**Sivaloka Day**  
**Sravana-Avani**

# 5 Friday, August 29, 2008

Kataka Rasi: 24.52    Tithi 29 – 30  
542224953  
Routine Work    Marana Yoga  
Until 2.49PM then Amrita Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Aslesha\*/Magha\* Nakshatra Parigha\*/Shiva Yoga Sakuni\*/Catuspada\* Karana Chaturdasi\*/Amavasya\* Yam Titau

**Gulika**    7:22AM – 9:01AM    **Aslesha\* Until 2:49PM**  
**Yama**    3:36PM – 5:15PM    **Parigha\* Until 3:34PM**  
**Rahu**    10:40AM – 12:19PM    **Catuspada Until 3:30AM Sat**  
**Chaturdasi\* Until 4:25PM**

**Ganesha:** Light Blue    *Sunrise:* 5:44AM    *Pittsburgh, PA*  
**Muruga:** White    *Sunset:* 6:54PM    *Sun 12    Sutra 13i*  
**Nataraja:** White    *Moon 8 - Phase 1i*  
Moon – Blue    *2nd Phase*  
**Sivaloka Day**  
**Sravana-Avani**

# ● Saturday, August 30, 2008

## Retreat Star

Simha Rasi: 8.43    Tithi 30 – 1  
553224953  
Creative Work    Amrita Yoga  
Until 1:54PM then Marana Yoga  
Until 2.00PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Shiva/Siddha Yoga Naga\*/Kintughna\* Karana Amavasya\*/Prathama\* Yam Titau

**Gulika**    5:45AM – 7:23AM    **Magha\* Until 1:54PM**  
**Yama**    1:57PM – 3:35PM    **Shiva Until 1:10PM**  
**Rahu**    9:01AM – 10:40AM    **Kintughna Until 1:50AM Sun**  
**Amavasya\* Until 2:46PM**  
**Siddhidatta Day—Town Trip**

**Ganesha:** Light Blue    *Sunrise:* 5:45AM    *Pittsburgh, PA*  
**Muruga:** White    *Sunset:* 6:52PM    *Sun 13    Sutra 14i*  
**Nataraja:** White    *Moon 8 - Phase 1i*  
Moon – Red    *Amavasya*  
**Sivaloka Day**  
**Sravana-Avani**

# Sunday, August 31, 2008

## Retreat Star

Simha Rasi: 22.19    Tithi 1 – 2  
553224953  
Creative Work    Siddha Yoga  
Until 2.01PM then Marana Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni\*/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama\*/Dvitya Yam Titau

**Gulika**    3:34PM – 5:12PM    **Purvaphalguni\* Until 2:01PM**  
**Yama**    12:18PM – 1:56PM    **Siddha Until 11:33AM**  
**Rahu**    5:12PM – 6:51PM    **Balava Until 2:13AM Mon**  
**Prathama\* Until 2:13PM**

**Ganesha:** Light Blue    *Sunrise:* 5:46AM    *Pittsburgh, PA*  
**Muruga:** White    *Sunset:* 6:51PM    *Sun 14    Sutra 14i*  
**Nataraja:** White    *Moon 8 - Phase 1i*  
Moon – Red    *Prathama*  
**Sivaloka Day**  
**Bhadrapada-Avani**

# 1 Monday, September 1, 2008

Kanya Rasi: 5.38 Tithi 2 – 3  
Family Home Evening 553224953  
Routine Work Marana Yoga  
Until 1.59PM then Amrita Yoga  
Until 2.04PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau

**Gulika** 1:56PM – 3:33PM  
**Yama** 10:40AM – 12:18PM  
**Rahu** 7:24AM – 9:02AM  
**Uttaraphalguni** Until 2:04PM  
**Sadhya** Until 9:57AM  
**Taitila** Until 1:33AM Tue  
**Dvitiya** Until 1:33PM

**Ganesha:** Light Blue *Sunrise:* 5:47AM  
**Muruga:** White *Sunset:* 6:49PM  
**Nataraja:** White  
Moon – Red  
**Bhadrapada-Avani**

*Pittsburgh, PA*  
*Sun 15 Sutra 14c*  
*Sarvadhari 511c*  
*Moon 8 - Phase 2c*  
*3rd Phase*

**Sivaloka Day**

# 2 Tuesday, September 2, 2008

Kanya Rasi: 18.37 Tithi 3 – 4  
563224953  
Creative Work Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Hasta/Chitra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthi Yam Titau

**Gulika** 12:17PM – 1:55PM  
**Yama** 9:02AM – 10:40AM  
**Rahu** 3:32PM – 5:10PM  
**Hasta** Until 2:43PM  
**Subha** Until 8:53AM  
**Vanija** Until 1:31AM Wed  
**Tritiya** Until 1:31PM

**Ganesha:** Purple *Sunrise:* 5:47AM  
**Muruga:** White *Sunset:* 6:47PM  
**Nataraja:** White  
Moon – Green  
**Bhadrapada-Avani**

*Pittsburgh, PA*  
*Sun 16 Sutra 14c*  
*Sarvadhari 511c*  
*Moon 8 - Phase 2c*  
*3rd Phase*

**Sivaloka Day**

# 3 Wednesday, September 3, 2008

Tula Rasi: 1.18 Tithi 4 – 5  
563224953  
Creative Work Siddha Yoga  
Until 4:44PM then Amrita Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam  
Chitra/Svati Nakshatra Sukla/Brahma Yoga Visi\*/Bava Karana Chaturthi\*/Panchami Yam Titau

**Gulika** 10:40AM – 12:17PM  
**Yama** 7:26AM – 9:03AM  
**Rahu** 12:17PM – 1:54PM  
**Chitra** Until 4:44PM  
**Sukla** Until 8:31AM  
**Bava** Until 3:54AM Thu  
**Chaturthi\*** Until 2:49PM

**Ganesha:** Purple *Sunrise:* 5:48AM  
**Muruga:** White *Sunset:* 6:46PM  
**Nataraja:** White  
Moon – Green  
**Bhadrapada-Avani**

*Pittsburgh, PA*  
*Sun 17 Sutra 14c*  
*Sarvadhari 511c*  
*Moon 8 - Phase 2c*  
*3rd Phase*

**Sivaloka Day**

**Gurudeva Pada Puja 6AM**

# 4 Thursday, September 4, 2008

Tula Rasi: 13.43 Tithi 5 – 6  
563224953  
Creative Work Amrita Yoga  
Until 1.58PM then Siddha Yoga  
Until 6:35PM then Marana Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi Yam Titau

**Gulika** 9:03AM – 10:40AM  
**Yama** 5:49AM – 7:26AM  
**Rahu** 1:54PM – 3:30PM  
**Svati** Until 6:35PM  
**Brahma** Until 8:26AM  
**Kaulava** Until 5:08AM Fri  
**Panchami** Until 4:02PM

**Ganesha:** Purple *Sunrise:* 5:49AM  
**Muruga:** White *Sunset:* 6:44PM  
**Nataraja:** White  
Moon – Green  
**Bhadrapada-Avani**

*Pittsburgh, PA*  
*Sun 18 Sutra 14c*  
*Sarvadhari 511c*  
*Moon 8 - Phase 2c*  
*3rd Phase*

**Sivaloka Day**

# 5 Friday, September 5, 2008

Tula Rasi: 25.53 Tithi 6 – 7  
573224953  
Routine Work Marana Yoga  
Until 1.58PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Visakha Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Shasthi\*/Saptami Yam Titau

**Gulika** 7:27AM – 9:03AM  
**Yama** 3:29PM – 5:06PM  
**Rahu** 10:40AM – 12:16PM  
**Visakha** Until 8:53PM  
**Indra** Until 8:46AM  
**Gara** Until 6:51AM Sat  
**Shasthi\*** Until 5:46PM

**Ganesha:** Clear *Sunrise:* 5:50AM  
**Muruga:** White *Sunset:* 6:42PM  
**Nataraja:** White  
Moon – Orange  
**Bhadrapada-Avani**

*Pittsburgh, PA*  
*Sun 19 Sutra 14c*  
*Sarvadhari 511c*  
*Moon 8 - Phase 2c*  
*3rd Phase*

**Subha Sivaloka Day**

# 6 Saturday, September 6, 2008

Vrischika Rasi: 7.54 Tithi 7  
573224953  
Creative Work Siddha Yoga  
Until 1.57PM then Marana Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam  
Anuradha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Gara/Vanija Karana Saptami Yam Titau

**Gulika** 5:51AM – 7:27AM  
**Yama** 1:52PM – 3:28PM  
**Rahu** 9:04AM – 10:40AM  
**Anuradha** Until 11:32PM  
**Vaidhriti\*** Until 9:25AM  
**Gara** Until 6:45AM  
**Saptami** Until 7:51PM

**Ganesha:** Clear *Sunrise:* 5:51AM  
**Muruga:** White *Sunset:* 6:41PM  
**Nataraja:** White  
Moon – Orange  
**Bhadrapada-Avani**

*Pittsburgh, PA*  
*Sun 20 Sutra 14c*  
*Sarvadhari 511c*  
*Moon 8 - Phase 2c*  
*3rd Phase*

**Subha Sivaloka Day**

# Sunday, September 7, 2008

**Retreat Star**

Vrischika Rasi: 19.49 Tithi 8  
573224953  
Routine Work Marana Yoga  
Until 1.57PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\* Nakshatra Vishkambha\*/Priti Yoga Visi\*/Bava Karana Ashtami\* Yam Titau

**Gulika** 3:27PM – 5:03PM  
**Yama** 12:16PM – 1:52PM  
**Rahu** 5:03PM – 6:39PM  
**Jyeshtha\*** Until 2:22AM Mon  
**Vishkambha\*** Until 10:15AM  
**Visi\*** Until 9:04AM  
**Ashtami\*** Until 10:09PM

**Ganesha:** Clear *Sunrise:* 5:52AM  
**Muruga:** White *Sunset:* 6:39PM  
**Nataraja:** White  
Moon – Orange  
**Bhadrapada-Avani**

*Pittsburgh, PA*  
*Sun 21 Sutra 14c*  
*Sarvadhari 511c*  
*Moon 8 - Phase 2c*  
*Ashtam.*

**Subha Sivaloka Day**

# Monday, September 8, 2008

**Retreat Star**

Dhanus Rasi: 1.42 Tithi 9  
583224953  
Family Home Evening  
Creative Work Siddha Yoga  
Until 1.57PM then Amrita Yoga  
Until 5:16AM Tue then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam  
Mula\* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navami\* Yam Titau

**Gulika** 1:51PM – 3:26PM  
**Yama** 10:40AM – 12:15PM  
**Rahu** 7:29AM – 9:04AM  
**Mula\*** Until 5:16AM Tue  
**Priti** Until 11:08AM  
**Balava** Until 11:26AM  
**Navami\*** Until 12:32AM Tue

**Ganesha:** White *Sunrise:* 5:53AM  
**Muruga:** White *Sunset:* 6:38PM  
**Nataraja:** White  
Moon – Light Blue  
**Bhadrapada-Avani**

*Pittsburgh, PA*  
*Sun 22 Sutra 14c*  
*Sarvadhari 511c*  
*Moon 8 - Phase 2c*  
*Navam.*

**Siddhidatta Day—Town Trip**

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376

# 1 Tuesday, September 9, 2008

Dhanus Rasi: 13.37      Tithi 10  
583224953  
Creative Work    Siddha Yoga  
Until 1.56PM then Amrita Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Ayushman/Saubhagya Yoga Tailita/Gara Karana Dasami Yam Tilau  
**Gulika**    12:15PM – 1:50PM    **Purvashadha\* Until 8:00AM Wed**  
**Yama**       9:05AM – 10:40AM    **Ayushman Until 11:56AM**  
**Rahu**       3:25PM – 5:01PM       **Tailita Until 1:43PM**  
**Dasami Until 2:49AM Wed**

*Pittsburgh, PA*  
*Sun 23      Sutra 15c*  
*Sarvadhari 511c*  
**Ganesha:** White    *Sunrise:* 5:54AM  
**Muruga:** White    *Sunset:* 6:36PM    *Moon 8 - Phase 2i*  
**Nataraja:** White    *4th Phase*  
Moon – Light Blue  
**Sivaloka Day**  
**Bhadrapada\*Avani**

# 2 Wednesday, September 10, 2008

Dhanus Rasi: 25.4      Tithi 11  
583224953  
Creative Work    Amrita Yoga  
Until 1.56PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Ekadasi Yam Tilau  
**Gulika**    10:40AM – 12:15PM    **Purvashadha\* Until 8:00AM**  
**Yama**       7:30AM – 9:05AM       **Saubhagya Until 12:31PM**  
**Rahu**       12:15PM – 1:50PM       **Vanija Until 3:44PM**  
**Ekadasi Until 4:50AM Thu**

*Pittsburgh, PA*  
*Sun 24      Sutra 15i*  
*Sarvadhari 511c*  
**Ganesha:** White    *Sunrise:* 5:55AM  
**Muruga:** White    *Sunset:* 6:34PM    *Moon 8 - Phase 2i*  
**Nataraja:** White    *4th Phase*  
Moon – Light Blue  
**Sivaloka Day**  
**Bhadrapada\*Avani**

# 3 Thursday, September 11, 2008

Makara Rasi: 7.55      Tithi 12  
583224953  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Sobhana/Alhiganda\* Yoga Bava/Balava Karana Dvadasi Yam Tilau  
**Gulika**    9:05AM – 10:40AM    **Uttarashadha Until 9:52AM**  
**Yama**       5:56AM – 7:31AM       **Sobhana Until 12:45PM**  
**Rahu**       1:49PM – 3:23PM       **Bava Until 4:23PM**  
**Dvadasi Until 4:23AM Fri**

*Pittsburgh, PA*  
*Sun 25      Sutra 15z*  
*Sarvadhari 511c*  
**Ganesha:** White    *Sunrise:* 5:56AM  
**Muruga:** White    *Sunset:* 6:33PM    *Moon 8 - Phase 2i*  
**Nataraja:** White    *4th Phase*  
Moon – Light Blue  
**Sivaloka Day**  
**Bhadrapada\*Avani**

# 4 Friday, September 12, 2008

Makara Rasi: 20.25      Tithi 13  
593224953  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Tailita Karana Trayodasi Yam Tilau  
**Gulika**    7:31AM – 9:05AM       **Sravana Until 11:23AM**  
**Yama**       3:22PM – 4:57PM       **Athiganda\* Until 12:01PM**  
**Rahu**       10:40AM – 12:14PM    **Kaulava Until 5:20PM**  
**Trayodasi Until 5:20AM Sat**  
**Pradosha Vrata**

*Pittsburgh, PA*  
*Sun 26      Sutra 15a*  
*Sarvadhari 511c*  
**Ganesha:** Yellow    *Sunrise:* 5:57AM  
**Muruga:** White    *Sunset:* 6:31PM    *Moon 8 - Phase 2i*  
**Nataraja:** White    *4th Phase*  
Moon – Purple  
**Subha Sivaloka Day**  
**Bhadrapada\*Avani**

# 5 Saturday, September 13, 2008

Kumbha Rasi: 3.14      Tithi 14  
594224953  
Creative Work    Siddha Yoga  
Until 12:20PM then Amrita Yoga  
Until 1.55PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Sukarma/Dhriti\* Yoga Gara/Vanija Karana Chaturdasi\* Yam Tilau  
**Gulika**    5:58AM – 7:32AM       **Dhanishtha Until 12:20PM**  
**Yama**       1:48PM – 3:21PM       **Sukarma Until 11:14AM**  
**Rahu**       9:06AM – 10:40AM    **Gara Until 5:38PM**  
**Chidambaram Abhishekam**  
**Chaturdasi\* Until 5:38AM Sun**

*Pittsburgh, PA*  
*Sun 27      Sutra 15a*  
*Sarvadhari 511c*  
**Ganesha:** White    *Sunrise:* 5:58AM  
**Muruga:** White    *Sunset:* 6:29PM    *Moon 8 - Phase 2i*  
**Nataraja:** White    *4th Phase*  
Moon – Purple  
**Subha Subha Sivaloka Day**  
**Bhadrapada\*Avani**

# ○ Sunday, September 14, 2008

## Copper Retreat Star

Kumbha Rasi: 16.23      Tithi 15  
594224953  
Creative Work    Siddha Yoga  
Until 1.55PM then no yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Dhriti/Shula\* Yoga Visti\*/Bava Karana Purnima\* Yam Tilau  
**Gulika**    3:20PM – 4:54PM       **Satabhisha Until 12:11PM**  
**Yama**       12:13PM – 1:47PM       **Dhriti Until 9:51AM**  
**Rahu**       4:54PM – 6:28PM       **Visti Until 4:24PM**  
**Purnima\* Until 3:28AM Mon**  
**Iraivan Day**

*Pittsburgh, PA*  
*Sutra 15z*  
*Sarvadhari 511c*  
**Ganesha:** White    *Sunrise:* 5:59AM  
**Muruga:** White    *Sunset:* 6:28PM    *Moon 8 - Phase 2i*  
**Nataraja:** White    *Purnima*  
Moon – Purple  
**Subha Subha Sivaloka Day**  
**Bhadrapada\*Avani**

# Monday, September 15, 2008

## Silver Retreat Star

Kumbha Rasi: 29.54      Tithi 16  
Family Home Evening    514224953  
No Yoga  
Until 11:53AM then Siddha Yoga  
Until 1.54PM then Amrita Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Shula\*/Ganda\* Yoga Balava/Kaulava Karana Prathama\* Yam Tilau  
**Gulika**    1:46PM – 3:19PM       **Purvaprostapada\* Until 11:53AM**  
**Yama**       10:40AM – 12:13PM    **Shula\* Until 7:46AM**  
**Rahu**       7:33AM – 9:06AM       **Balava Until 3:25PM**  
**Prathama\* Until 2:30AM Tue**  
**Town Trip**

*Pittsburgh, PA*  
*Sutra 15c*  
*Sarvadhari 511c*  
**Ganesha:** White    *Sunrise:* 6:00AM  
**Muruga:** White    *Sunset:* 6:26PM    *Moon 8 - Phase 2i*  
**Nataraja:** White    *Prathama*  
Moon – Clear  
**Subha Subha Sivaloka Day**  
**Bhadrapada\*Avani**

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda, Svetu 2.9. UpP, 192



**Tuesday, September 16, 2008**  
**Gold Retreat Star**

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Uttaraprostapada/Revati Nakshatra Vriddhi Yoga Tailila/Gara Karana Dvitiya Yam Titau

*Pittsburgh, PA*  
*Sutra 15;*  
*Sarvadhari 511c*

Meena Rasi: 13.43      Tithi 17  
514224953  
Creative Work    Amrita Yoga  
Until 11:04AM then Siddha Yoga  
Until 1.54PM then Marana Yoga

**Gulika**    12:13PM – 1:45PM  
**Yama**     9:07AM – 10:40AM  
**Rahu**     3:18PM – 4:51PM

**Uttaraprostapada Until 11:04AM**  
Vriddhi Until 2:46AM Wed  
Tailila Until 1:52PM  
**Dvitiya Until 12:57AM Wed**

**Ganesha:** White    *Sunrise: 6:01AM*  
**Muruga:** White    *Sunset: 6:24PM*  
**Nataraja:** White  
Moon – Clear                      **Subha Subha Sivaloka Day**  
**Bhadrapada+Puratasi**

**1 Wednesday, September 17, 2008**

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam  
Revati/Asvini Nakshatra Dhruva Yoga Vanija/Visti\* Karana Tritiya Yam Titau

*Pittsburgh, PA*  
*Sun 1*  
*Sutra 15c*  
*Sarvadhari 511c*

Meena Rasi: 27.46      Tithi 18  
514224953  
Routine Work    Marana Yoga  
Until 1.54PM then Amrita Yoga

**Gulika**    10:40AM – 12:12PM  
**Yama**     7:34AM – 9:07AM  
**Rahu**     12:12PM – 1:45PM

**Revati Until 9:49AM**  
Dhruva Until 12:03AM Thu  
Vanija Until 11:52AM  
**Tritiya Until 10:57PM**

**Ganesha:** White    *Sunrise: 6:02AM*  
**Muruga:** White    *Sunset: 6:23PM*  
**Nataraja:** White  
Moon – Clear                      **Subha Subha Sivaloka Day**  
**Bhadrapada+Puratasi**

**2 Thursday, September 18, 2008**

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam  
Asvini/Bharani Nakshatra Vyaghata\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau

*Pittsburgh, PA*  
*Sun 2*  
*Sutra 15c*  
*Sarvadhari 511c*

Mesha Rasi: 12            Tithi 19  
524224953  
Creative Work    Amrita Yoga  
Until 8:18AM then Siddha Yoga

**Gulika**    9:07AM – 10:40AM  
**Yama**     6:03AM – 7:35AM  
**Rahu**     1:44PM – 3:16PM

**Asvini Until 8:18AM**  
Vyaghata\* Until 9:04PM  
Bava Until 9:34AM  
**Chaturthi\* Until 8:38PM**

**Ganesha:** Clear      *Sunrise: 6:03AM*  
**Muruga:** White    *Sunset: 6:21PM*  
**Nataraja:** White  
Moon – White                      **Subha Sivaloka Day**  
**Bhadrapada+Puratasi**

**3 Friday, September 19, 2008**

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Bharani/Krittika Nakshatra Harshana/Vajra\* Yoga Kaulava/Gara Karana Panchami/Shasthi\* Yam Titau

*Pittsburgh, PA*  
*Sun 3*  
*Sutra 16c*  
*Sarvadhari 511c*

Mesha Rasi: 26.19      Tithi 20 – 21  
524224953  
Creative Work    Siddha Yoga  
Until 1.53PM then Amrita Yoga

**Gulika**    7:36AM – 9:08AM  
**Yama**     3:15PM – 4:47PM  
**Rahu**     10:40AM – 12:11PM

**Bharani Until 6:37AM**  
Harshana Until 5:56PM  
Kaulava Until 7:06AM  
**Panchami Until 6:11PM**

**Ganesha:** Clear      *Sunrise: 6:04AM*  
**Muruga:** White    *Sunset: 6:19PM*  
**Nataraja:** White  
Moon – White                      **Subha Sivaloka Day**  
**Bhadrapada+Puratasi**

**4 Saturday, September 20, 2008**

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

*Pittsburgh, PA*  
*Sun 4*  
*Sutra 16i*  
*Sarvadhari 511c*

Virshabha Rasi: 10.37    Tithi 21 – 22  
534324953  
Creative Work    Amrita Yoga  
Until 1.53PM then Siddha Yoga

**Gulika**    6:05AM – 7:36AM  
**Yama**     1:43PM – 3:14PM  
**Rahu**     9:08AM – 10:40AM

**Rohini Until 3:48AM Sun**  
Vajra\* Until 2:48PM  
Visti Until 2:47AM Sun  
**Shasthi\* Until 3:43PM**

**Ganesha:** Clear      *Sunrise: 6:05AM*  
**Muruga:** White    *Sunset: 6:18PM*  
**Nataraja:** White  
Moon – Yellow                      **Subha Sivaloka Day**  
**Bhadrapada+Puratasi**

**Sunday, September 21, 2008**  
**Retreat Star**

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Mrigasira Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Saptami/Ashlami\* Yam Titau

*Pittsburgh, PA*  
*Sun 5*  
*Sutra 16j*  
*Sarvadhari 511c*

Virshabha Rasi: 24.53    Tithi 22 – 23  
534324953  
Creative Work    Siddha Yoga  
Until 1.52PM then Amrita Yoga  
Until 2:12AM Mon then Siddha Yoga

**Gulika**    3:13PM – 4:45PM  
**Yama**     12:11PM – 1:42PM  
**Rahu**     4:45PM – 6:16PM

**Mrigasira Until 2:12AM Mon**  
Siddhi Until 11:45AM  
Balava Until 12:25AM Mon  
**Saptami Until 1:20PM**  
**Siddhidatta Day**

**Ganesha:** Clear      *Sunrise: 6:06AM*  
**Muruga:** White    *Sunset: 6:16PM*  
**Nataraja:** White  
Moon – Yellow                      **Subha Sivaloka Day**  
**Bhadrapada+Puratasi**

**Monday, September 22, 2008**  
**Retreat Star**

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam  
Ardra Nakshatra Vyatipata\*/Variansa Yoga Kaulava/Tailila Karana Ashtami\*/Navami\* Yam Titau

*Pittsburgh, PA*  
*Sun 6*  
*Sutra 16k*  
*Sarvadhari 511c*

Mithuna Rasi: 9.03      Tithi 23 – 24  
534324953  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 1.52PM then Marana Yoga  
Until 12:47AM Tue then Siddha Yoga

**Gulika**    1:41PM – 3:12PM  
**Yama**     10:39AM – 12:10PM  
**Rahu**     7:38AM – 9:09AM

**Ardra Until 12:47AM Tue**  
Vyatipata\* Until 8:51AM  
Tailila Until 10:14PM  
**Ashtami\* Until 11:09AM**

**Ganesha:** Clear      *Sunrise: 6:07AM*  
**Muruga:** White    *Sunset: 6:14PM*  
**Nataraja:** White                      **Kadavul Ardra Abhishekam**  
Moon – Yellow                      **Subha Sivaloka Day**  
**Bhadrapada+Puratasi**

# 1 Tuesday, September 23, 2008

Mithuna Rasi: 23.05    Tithi 24 – 25  
544324953  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau

**Gulika** 12:10PM – 1:41PM    **Punarvasu** Until 11:33PM  
**Yama** 9:09AM – 10:39AM    Variyan Until 6:09AM  
**Rahu** 3:11PM – 4:42PM    Vanija Until 8:15PM  
**Navami\*** Until 9:11AM

Pittsburgh, PA  
Sun 7    *Sutra 164*  
Sarvadhari 511c  
Moon 9 - Phase 2s  
2nd Phase

**Ganesha:** Purple    *Sunrise:* 6:08AM  
**Muruga:** White    *Sunset:* 6:13PM  
**Nataraja:** White  
Moon – Blue    **Sivaloka Day**  
**Bhadrapada+Puratasi**

# 2 Wednesday, September 24, 2008

Kataka Rasi: 7    Tithi 25 – 26  
544324953  
Creative Work    Siddha Yoga  
Until 1:51PM then Amrita Yoga  
Until 10:34PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Shiva Yoga Visti\*/Bava Karana Dasami\*/Ekadasi\* Yam Titau

**Gulika** 10:39AM – 12:10PM    **Pushya** Until 10:34PM  
**Yama** 7:39AM – 9:09AM    Shiva Until 12:59AM Thu  
**Rahu** 12:10PM – 1:40PM    Bava Until 6:32PM  
**Dasami** Until 7:27AM

Pittsburgh, PA  
Sun 8    *Sutra 165*  
Sarvadhari 511c  
Moon 9 - Phase 2s  
2nd Phase

**Ganesha:** Purple    *Sunrise:* 6:09AM  
**Muruga:** White    *Sunset:* 6:11PM  
**Nataraja:** White  
Moon – Blue    **Sivaloka Day**  
**Bhadrapada+Puratasi**

# 3 Thursday, September 25, 2008

Kataka Rasi: 20.46    Tithi 27  
544324953  
Creative Work    Siddha Yoga  
Until 1:51PM then Marana Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Aslesha\* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadasi\* Yam Titau

**Gulika** 9:09AM – 10:39AM    **Aslesha\*** Until 9:49PM  
**Yama** 6:10AM – 7:39AM    Siddha Until 10:44PM  
**Rahu** 1:39PM – 3:09PM    Taitila Until 4:09AM Fri  
**Dvadasi\*** Until 6:00AM

Pittsburgh, PA  
Sun 9    *Sutra 166*  
Sarvadhari 511c  
Moon 9 - Phase 2s  
2nd Phase

**Ganesha:** Purple    *Sunrise:* 6:10AM  
**Muruga:** White    *Sunset:* 6:09PM  
**Nataraja:** White  
Moon – Blue    **Sivaloka Day**  
**Bhadrapada+Puratasi**

# 4 Friday, September 26, 2008

Simha Rasi: 4.23    Tithi 28  
555324953  
Routine Work    Marana Yoga  
Until 1:50PM then Amrita Yoga  
Until 10:31PM then Marana Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodasi\* Yam Titau

**Gulika** 7:40AM – 9:10AM    **Magha\*** Until 10:31PM  
**Yama** 3:08PM – 4:38PM    Sadhya Until 9:46PM  
**Rahu** 10:39AM – 12:09PM    Gara Until 4:44PM  
**Trayodasi\*** Until 4:44AM Sat  
**Pradosha Vrata (Fasting)**

Pittsburgh, PA  
Sun 10    *Sutra 167*  
Sarvadhari 511c  
Moon 9 - Phase 2s  
2nd Phase

**Ganesha:** Orange    *Sunrise:* 6:10AM  
**Muruga:** White    *Sunset:* 6:08PM  
**Nataraja:** White  
Moon – Red    **Subha Sivaloka Day**  
**Bhadrapada+Puratasi**

# 5 Saturday, September 27, 2008

Simha Rasi: 17.49    Tithi 29  
655324953  
Routine Work    Marana Yoga  
Until 1:50PM then Siddha Yoga  
Until 10:20PM then Amrita Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni\* Nakshatra Subha Yoga Visti\*/Sakuni\* Karana Chaturdasi\* Yam Titau

**Gulika** 6:11AM – 7:41AM    **Purvaphalguni\*** Until 10:20PM  
**Yama** 1:38PM – 3:07PM    Subha Until 7:54PM  
**Rahu** 9:10AM – 10:39AM    Visti Until 3:50PM  
**Chaturdasi\*** Until 3:50AM Sun

Pittsburgh, PA  
Sun 11    *Sutra 168*  
Sarvadhari 511c  
Moon 9 - Phase 2s  
2nd Phase

**Ganesha:** Clear    *Sunrise:* 6:11AM  
**Muruga:** White    *Sunset:* 6:06PM  
**Nataraja:** White  
Moon – Red    **Subha Sivaloka Day**  
**Bhadrapada+Puratasi**

# ● Sunday, September 28, 2008

## Retreat Star

Kanya Rasi: 1.04    Tithi 30  
655324953  
Creative Work    Amrita Yoga  
Until 1:50PM then Marana Yoga  
Until 10:30PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukla Yoga Catuspada\*/Naga\* Karana Amavasya\* Yam Titau

**Gulika** 3:06PM – 4:35PM    **Uttaraphalguni** Until 10:30PM  
**Yama** 12:08PM – 1:37PM    Sukla Until 6:23PM  
**Rahu** 4:35PM – 6:04PM    Catuspada Until 3:19PM  
**Amavasya\*** Until 3:19AM Mon  
**Siddhidatta Day**

Pittsburgh, PA  
Sun 12    *Sutra 169*  
Sarvadhari 511c  
Moon 9 - Phase 2s  
Amavasya

**Ganesha:** Clear    *Sunrise:* 6:12AM  
**Muruga:** White    *Sunset:* 6:04PM  
**Nataraja:** White  
Moon – Red    **Subha Sivaloka Day**  
**Bhadrapada+Puratasi**

# Monday, September 29, 2008

## Retreat Star

Kanya Rasi: 14.05    Tithi 1  
665324953  
**Family Home Evening**  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam  
Hasta Nakshatra Brahma/Indra Yoga Kintughna\*/Bava Karana Prathama\* Yam Titau

**Gulika** 1:37PM – 3:05PM    **Hasta** Until 11:05PM  
**Yama** 10:39AM – 12:08PM    Brahma Until 5:14PM  
**Rahu** 7:42AM – 9:11AM    Kintughna Until 3:14PM  
**Prathama\*** Until 3:14AM Tue  
**Town Trip**

Pittsburgh, PA  
Sun 13    *Sutra 170*  
Sarvadhari 511c  
Moon 9 - Phase 2s  
Prathama

**Ganesha:** Orange    *Sunrise:* 6:13AM  
**Muruga:** White    *Sunset:* 6:03PM  
**Nataraja:** White  
Moon – Green    **Subha Sivaloka Day**  
**Ashvina+Puratasi**

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

<b>1</b>	<b>Tuesday, September 30, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Pittsburgh, PA Sun 14 Sutra 17i Sarvadhari 511c	Gulika 12:08PM – 1:36PM Yama 9:11AM – 10:39AM Rahu 3:04PM – 4:33PM	Chitra Until 12:05AM Wed Indra Until 4:29PM Balava Until 3:38PM Dvitiya Until 3:38AM Wed	Ganesha: Orange Muruga: White Nataraja: White Moon – Green	Sunrise: 6:14AM Sunset: 6:01PM	Moon 9 - Phase 24 3rd Phase	Subha Sivaloka Day	Gurudeva Pada Puja 6AM
Creative Work Siddha Yoga										

<b>2</b>	<b>Wednesday, October 1, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Tritiya Yam Titau	Pittsburgh, PA Sun 15 Sutra 17z Sarvadhari 511c	Gulika 10:39AM – 12:07PM Yama 7:43AM – 9:11AM Rahu 12:07PM – 1:35PM	Svati Until 3:10AM Thu Vaidhriti* Until 4:55PM Tailila Until 5:26PM Tritiya Until 6:32AM Thu	Ganesha: Orange Muruga: White Nataraja: White Moon – Green	Sunrise: 6:15AM Sunset: 5:59PM	Moon 9 - Phase 24 3rd Phase	Subha Sivaloka Day	Gurudeva Pada Puja 6AM
Creative Work Siddha Yoga Until 1:49PM then Amrita Yoga Until 3:10AM Thu then Siddha Yoga										

<b>3</b>	<b>Thursday, October 2, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Visakha Nakshatra Vishkambha*/Priti Yoga Vanija Karana Chaturthi* Yam Titau	Pittsburgh, PA Sun 16 Sutra 17s Sarvadhari 511c	Gulika 9:12AM – 10:39AM Yama 6:16AM – 7:44AM Rahu 1:35PM – 3:02PM	Visakha Until 5:10AM Fri Vishkambha* Until 4:57PM Vanija Until 6:52PM Chaturthi* Until 7:38AM Fri	Ganesha: Clear Muruga: White Nataraja: White Moon – Orange	Sunrise: 6:16AM Sunset: 5:58PM	Moon 9 - Phase 24 3rd Phase	Subha Sivaloka Day	Gurudeva Pada Puja 6AM
Creative Work Siddha Yoga Until 1:48PM then Marana Yoga Until 5:10AM Fri then Siddha Yoga										

<b>4</b>	<b>Friday, October 3, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Pittsburgh, PA Sun 17 Sutra 17a Sarvadhari 511c	Gulika 7:45AM – 9:12AM Yama 3:01PM – 4:29PM Rahu 10:39AM – 12:07PM	Anuradha Until 7:37AM Sat Priti Until 5:21PM Bava Until 8:43PM Chaturthi* Until 7:38AM	Ganesha: Clear Muruga: White Nataraja: White Moon – Orange	Sunrise: 6:17AM Sunset: 5:56PM	Moon 9 - Phase 24 3rd Phase	Subha Sivaloka Day	Gurudeva Pada Puja 6AM
Creative Work Siddha Yoga										

<b>5</b>	<b>Saturday, October 4, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Pittsburgh, PA Sun 18 Sutra 17b Sarvadhari 511c	Gulika 6:18AM – 7:45AM Yama 1:33PM – 3:00PM Rahu 9:12AM – 10:39AM	Anuradha Until 7:37AM Ayushman Until 6:02PM Kaulava Until 10:55PM Panchami Until 9:50AM	Ganesha: Clear Muruga: White Nataraja: White Moon – Orange	Sunrise: 6:18AM Sunset: 5:54PM	Moon 9 - Phase 24 3rd Phase	Subha Sivaloka Day	Gurudeva Pada Puja 6AM
Creative Work Siddha Yoga Until 1:48PM then Marana Yoga										

<b>6</b>	<b>Sunday, October 5, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau	Pittsburgh, PA Sun 19 Sutra 17c Sarvadhari 511c	Gulika 3:00PM – 4:26PM Yama 12:06PM – 1:33PM Rahu 4:26PM – 5:53PM	Jyeshtha* Until 10:31AM Saubhagya Until 6:55PM Gara Until 1:20AM Mon Shasthi* Until 12:15PM	Ganesha: White Muruga: White Nataraja: White Moon – Orange	Sunrise: 6:19AM Sunset: 5:53PM	Moon 9 - Phase 24 3rd Phase	Sivaloka Day	Gurudeva Pada Puja 6AM
Routine Work Marana Yoga Until 10:31AM then Amrita Yoga Until 1:48PM then Siddha Yoga										

<b>Retreat Star</b>	<b>Monday, October 6, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Pittsburgh, PA Sun 20 Sutra 17i Sarvadhari 511c	Gulika 1:32PM – 2:59PM Yama 10:40AM – 12:06PM Rahu 7:47AM – 9:13AM	Mula* Until 1:30PM Sobhana Until 7:51PM Visti Until 3:50AM Tue Saptami Until 2:45PM Siddhidatta Day—Town Trip	Ganesha: Clear Muruga: White Nataraja: White Moon – Light Blue	Sunrise: 6:20AM Sunset: 5:51PM	Moon 9 - Phase 24 Ashtam.	Subha Sivaloka Day	Gurudeva Pada Puja 6AM
Family Home Evening Creative Work Siddha Yoga Until 1:47PM then Marana Yoga Until 1:30PM then Siddha Yoga										

<b>Retreat Star</b>	<b>Tuesday, October 7, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Pittsburgh, PA Sun 21 Sutra 17b Sarvadhari 511c	Gulika 12:06PM – 1:32PM Yama 9:14AM – 10:40AM Rahu 2:58PM – 4:24PM	Purvashadha* Until 4:24PM Athiganda* Until 8:42PM Balava Until 6:15AM Wed Ashtami* Until 5:09PM	Ganesha: Clear Muruga: White Nataraja: Yellow Moon – Light Blue	Sunrise: 6:22AM Sunset: 5:50PM	Moon 9 - Phase 24 Navam.	Sivaloka Day	Gurudeva Pada Puja 6AM
Creative Work Siddha Yoga Until 1:47PM then Amrita Yoga										

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM

<b>1</b>	<b>Wednesday, October 8, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma Yoga Balava/Kaulava Karana Navami* Yam Titau	Pittsburgh, PA Sun 22 Sutra 17a Sarvadhari 511c	Ganesh: Clear Sunrise: 6:23AM Muruga: White Sunset: 5:48PM Nataraja: Yellow Moon - Light Blue Ashvina•Puratasi	Sivaloka Day	<b>Gulika</b> 10:40AM – 12:05PM	<b>Uttarashadha</b> Until 7:03PM
						Makara Rasi: 3.28      Tithi 9 686324954	<b>Yama</b> 7:48AM – 9:14AM <b>Rahu</b> 12:05PM – 1:31PM
Creative Work    Amrita Yoga Until 1.47PM then Siddha Yoga							


<b>2</b>	<b>Thursday, October 9, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Sraavana Nakshatra Dhriti Yoga Tailila/Gara Karana Dasami Yam Titau	Pittsburgh, PA Sun 23 Sutra 18c Sarvadhari 511c	Ganesh: Purple Sunrise: 6:24AM Muruga: White Sunset: 5:47PM Nataraja: Yellow Moon - Purple Ashvina•Puratasi	Devaloka Day	<b>Gulika</b> 9:14AM – 10:40AM	<b>Sraavana</b> Until 8:05PM
						Makara Rasi: 15.42      Tithi 10 696324954	<b>Yama</b> 6:24AM – 7:49AM <b>Rahu</b> 1:30PM – 2:56PM
Creative Work    Siddha Yoga							

<b>3</b>	<b>Friday, October 10, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Pittsburgh, PA Sun 24 Sutra 18i Sarvadhari 511c	Ganesh: Purple Sunrise: 6:25AM Muruga: White Sunset: 5:45PM Nataraja: Yellow Moon - Purple Ashvina•Puratasi	Devaloka Day	<b>Gulika</b> 7:50AM – 9:15AM	<b>Dhanishtha</b> Until 9:34PM
						Makara Rasi: 28.14      Tithi 11 696324954	<b>Yama</b> 2:55PM – 4:20PM <b>Rahu</b> 10:40AM – 12:05PM
Creative Work    Siddha Yoga Until 9:34PM then Amrita Yoga							

<b>4</b>	<b>Saturday, October 11, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha Nakshatra Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau	Pittsburgh, PA Sun 25 Sutra 18z Sarvadhari 511c	Ganesh: Purple Sunrise: 6:26AM Muruga: White Sunset: 5:43PM Nataraja: Yellow Moon - Purple Ashvina•Puratasi	Devaloka Day	<b>Gulika</b> 6:26AM – 7:50AM	<b>Satabhisha</b> Until 10:21PM
						Kumbha Rasi: 11.08      Tithi 12 696324954	<b>Yama</b> 1:29PM – 2:54PM <b>Rahu</b> 9:15AM – 10:40AM
Creative Work    Amrita Yoga Until 1.46PM then Siddha Yoga		Kadaitswami Mahasamadhi					

<b>5</b>	<b>Sunday, October 12, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Tailila Karana Trayodasi Yam Titau	Pittsburgh, PA Sun 26 Sutra 18a Sarvadhari 511c	Ganesh: Clear Sunrise: 6:27AM Muruga: White Sunset: 5:42PM Nataraja: Yellow Moon - Clear Ashvina•Puratasi	Sivaloka Day	<b>Gulika</b> 2:53PM – 4:18PM	<b>Purvaprostapada*</b> Until 9:11PM
						Kumbha Rasi: 24.29      Tithi 13 617324954	<b>Yama</b> 12:04PM – 1:29PM <b>Rahu</b> 4:18PM – 5:42PM
Creative Work    Siddha Yoga Until 1.46PM then no yoga Until 9:11PM then Siddha Yoga		Pradosha Vrata					

<b>6</b>	<b>Monday, October 13, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada Nakshatra Dhruva/Vyaghata* Yoga Gara/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Pittsburgh, PA Sun 27 Sutra 18b Sarvadhari 511c	Ganesh: Clear Sunrise: 6:28AM Muruga: White Sunset: 5:40PM Nataraja: Yellow Moon - Clear Ashvina•Puratasi	Sivaloka Day	<b>Gulika</b> 1:28PM – 2:52PM	<b>Uttaraprostapada</b> Until 8:26PM
						Meena Rasi: 8.14      Tithi 14 – 15 617324954	<b>Yama</b> 10:40AM – 12:04PM <b>Rahu</b> 7:52AM – 9:16AM
Family Home Evening Creative Work    Siddha Yoga Until 1.45PM then Amrita Yoga Until 8:26PM then Siddha Yoga							

	<b>Tuesday, October 14, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Pittsburgh, PA Sun 27 Sutra 18c Sarvadhari 511c	Ganesh: Clear Sunrise: 6:29AM Muruga: White Sunset: 5:39PM Nataraja: Yellow Moon - Clear Ashvina•Puratasi	Sivaloka Day	<b>Gulika</b> 12:04PM – 1:28PM	<b>Revati</b> Until 7:01PM
						Meena Rasi: 22.25      Tithi 15 – 16 617324954	<b>Yama</b> 9:16AM – 10:40AM <b>Rahu</b> 2:51PM – 4:15PM
Creative Work    Siddha Yoga Until 1.45PM then Marana Yoga		Iraivan Day—Town Trip					

<b>Wednesday, October 15, 2008</b>	<b>Silver Retreat Star</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Asvini/Bharani Nakshatra Harshana/Vajra* Yoga Kaulava/Tailila Karana Prathama*/Dvitiya Yam Titau	Pittsburgh, PA Sutra 18c Sarvadhari 511c	Ganesh: Clear Sunrise: 6:30AM Muruga: White Sunset: 5:37PM Nataraja: Yellow Moon - White Ashvina•Puratasi	Sivaloka Day	<b>Gulika</b> 10:40AM – 12:04PM	<b>Asvini</b> Until 4:19PM
						Mesha Rasi: 6.53      Tithi 16 – 17 627424954	<b>Yama</b> 7:53AM – 9:17AM <b>Rahu</b> 12:04PM – 1:27PM
Routine Work    Marana Yoga Until 1.45PM then Amrita Yoga Until 4:19PM then Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139





**Thursday, October 16, 2008**  
**Gold Retreat Star**

Mesha Rasi: 21.34    Tithi 17 – 18  
627424954  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika** 9:17AM – 10:40AM  
**Yama** 6:31AM – 7:54AM  
**Rahu** 1:27PM – 2:50PM

**Bharani Until 2:09PM**  
Siddhi Until 12:25AM Fri  
Vanija Until 7:34PM  
**Dvitiya Until 9:16AM**

*Pittsburgh, PA*  
*Sun 1 Sutra 18;*  
*Sarvadhari 511c*  
*Moon 10 - Phase 2c*  
*1st Phase*

**Ganesha:** Clear    *Sunrise:* 6:31AM  
**Muruga:** White    *Sunset:* 5:36PM  
**Nataraja:** Yellow  
Moon – White  
**Sivaloka Day**

**Ashvina-Aipasi**

**1 Friday, October 17, 2008**

Wrishabha Rasi: 6.2    Tithi 18 – 19  
627424954  
Creative Work    Siddha Yoga  
Until 11:52AM then Marana Yoga  
Until 1.45PM then Amrita Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyatipata\* Yoga Visti\*/Balava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika** 7:55AM – 9:18AM  
**Yama** 2:49PM – 4:12PM  
**Rahu** 10:40AM – 12:03PM

**Krittika Until 11:52AM**  
Vyatipata\* Until 8:48PM  
Balava Until 2:49AM Sat  
**Tritiya Until 6:15AM**

*Pittsburgh, PA*  
*Sun 2 Sutra 18c*  
*Sarvadhari 511c*  
*Moon 10 - Phase 2c*  
*1st Phase*

**Ganesha:** Clear    *Sunrise:* 6:32AM  
**Muruga:** White    *Sunset:* 5:34PM  
**Nataraja:** Yellow  
Moon – White  
**Sivaloka Day**

**Ashvina-Aipasi**

**2 Saturday, October 18, 2008**

Wrishabha Rasi: 21.02    Tithi 20  
637424954  
Creative Work    Amrita Yoga  
Until 9:40AM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigasira Nakshatra Variyani/Parigha\* Yoga Kaulava/Talita Karana Panchami Yam Titau

**Gulika** 6:33AM – 7:56AM  
**Yama** 1:26PM – 2:48PM  
**Rahu** 9:18AM – 10:41AM

**Rohini Until 9:40AM**  
Variyani Until 5:15PM  
Kaulava Until 1:35PM  
**Panchami Until 11:52PM**

*Pittsburgh, PA*  
*Sun 3 Sutra 18c*  
*Sarvadhari 511c*  
*Moon 10 - Phase 2c*  
*1st Phase*

**Ganesha:** Purple    *Sunrise:* 6:33AM  
**Muruga:** White    *Sunset:* 5:33PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Devaloka Day**

**Ashvina-Aipasi**

**3 Sunday, October 19, 2008**

Mithuna Rasi: 5.35    Tithi 21  
638424954  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Shasthi\* Yam Titau

**Gulika** 2:47PM – 4:09PM  
**Yama** 12:03PM – 1:25PM  
**Rahu** 4:09PM – 5:32PM

**Mrigasira Until 7:51AM**  
Parigha\* Until 2:27PM  
Gara Until 11:18AM  
**Shasthi\* Until 10:22PM**

**Ashram Sadhana**

*Pittsburgh, PA*  
*Sun 4 Sutra 19c*  
*Sarvadhari 511c*  
*Moon 10 - Phase 2c*  
*1st Phase*

**Ganesha:** Clear    *Sunrise:* 6:34AM  
**Muruga:** White    *Sunset:* 5:32PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Kadavul Ardra Abhishekam**  
**Sivaloka Day**

**Ashvina-Aipasi**

**4 Monday, October 20, 2008**

Mithuna Rasi: 19.55    Tithi 22  
**Family Home Evening** 638424954  
Creative Work    Siddha Yoga  
Until 6:10AM then Amrita Yoga  
Until 1.44PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Saptami Yam Titau

**Gulika** 1:25PM – 2:46PM  
**Yama** 10:41AM – 12:03PM  
**Rahu** 7:57AM – 9:19AM

**Ardra Until 6:10AM**  
Shiva Until 11:18AM  
Visti Until 8:51AM  
**Saptami Until 7:56PM**

*Pittsburgh, PA*  
*Sun 5 Sutra 19a*  
*Sarvadhari 511c*  
*Moon 10 - Phase 2c*  
*1st Phase*

**Ganesha:** Clear    *Sunrise:* 6:35AM  
**Muruga:** White    *Sunset:* 5:30PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Sivaloka Day**

**Ashvina-Aipasi**

**Tuesday, October 21, 2008**  
**Retreat Star**

Kataka Rasi: 3.57    Tithi 23  
648424954  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

**Gulika** 12:03PM – 1:24PM  
**Yama** 9:19AM – 10:41AM  
**Rahu** 2:46PM – 4:07PM

**Pushya Until 3:48AM Wed**  
Siddha Until 8:34AM  
Balava Until 6:55AM  
**Ashtami\* Until 6:00PM**

*Pittsburgh, PA*  
*Sun 6 Sutra 19c*  
*Sarvadhari 511c*  
*Moon 10 - Phase 2c*  
*Ashtam.*

**Ganesha:** White    *Sunrise:* 6:36AM  
**Muruga:** White    *Sunset:* 5:29PM  
**Nataraja:** Yellow  
Moon – Blue  
**Subha Sivaloka Day**

**Ashvina-Aipasi**

**Wednesday, October 22, 2008**  
**Retreat Star**

Kataka Rasi: 17.43    Tithi 24 – 25  
648424954  
Creative Work    Siddha Yoga  
Until 4:41AM Thu then Amrita Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Aslesha\* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau

**Gulika** 10:41AM – 12:02PM  
**Yama** 7:59AM – 9:20AM  
**Rahu** 12:02PM – 1:24PM

**Aslesha\* Until 4:41AM Thu**  
Sadhya Until 6:19AM  
Vanija Until 3:40AM Thu  
**Navami\* Until 4:35PM**

*Pittsburgh, PA*  
*Sun 7 Sutra 19c*  
*Sarvadhari 511c*  
*Moon 10 - Phase 2c*  
*Navam.*

**Ganesha:** White    *Sunrise:* 6:37AM  
**Muruga:** White    *Sunset:* 5:27PM  
**Nataraja:** Yellow  
Moon – Blue  
**Subha Sivaloka Day**

**Ashvina-Aipasi**

Siddhidatta Day—Town Trip

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140

<b>1 Thursday, October 23, 2008</b>		Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sukla Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau		Pittsburgh, PA Sun 8 Sutra 19a Sarvadhari 511c	
Simha Rasi: 1.13	Tithi 25 – 26 658424954	<b>Gulika</b> 9:20AM – 10:41AM <b>Yama</b> 6:39AM – 8:00AM <b>Rahu</b> 1:23PM – 2:44PM	<b>Magha* Until 4:23AM Fri</b> Sukla Until 3:11AM Fri Bava Until 4:28AM Fri <b>Dasami Until 4:28PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:39AM <b>Muruga:</b> White <i>Sunset:</i> 5:26PM <b>Nataraja:</b> Yellow Moon – Red	<i>Sivaloka Day</i>
Creative Work Amrita Yoga Until 1.44PM then Marana Yoga Until 4:23AM Fri then Siddha Yoga					
<b>2 Friday, October 24, 2008</b>		Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni* Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau		Pittsburgh, PA Sun 9 Sutra 19a Sarvadhari 511c	
Simha Rasi: 14.28	Tithi 26 – 27 658424954	<b>Gulika</b> 8:00AM – 9:21AM <b>Yama</b> 2:43PM – 4:04PM <b>Rahu</b> 10:42AM – 12:02PM	<b>Purvaphalguni* Until 4:31AM Sat</b> Brahma Until 1:36AM Sat Kaulava Until 3:56AM Sat <b>Ekadasi* Until 3:56PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:40AM <b>Muruga:</b> White <i>Sunset:</i> 5:26PM <b>Nataraja:</b> Yellow Moon – Red	<i>Sivaloka Day</i>
Creative Work Siddha Yoga Until 1.43PM then Marana Yoga					
<b>3 Saturday, October 25, 2008</b>		Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau		Pittsburgh, PA Sun 10 Sutra 19c Sarvadhari 511c	
Simha Rasi: 27.31	Tithi 27 – 28 659424954	<b>Gulika</b> 6:41AM – 8:01AM <b>Yama</b> 1:22PM – 2:43PM <b>Rahu</b> 9:21AM – 10:42AM	<b>Uttaraphalguni Until 5:03AM Sun</b> Indra Until 12:22AM Sun Gara Until 3:49AM Sun <b>Dvadasi* Until 3:49PM</b> <b>Pradosha Vrata (Fasting)</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:41AM <b>Muruga:</b> White <i>Sunset:</i> 5:23PM <b>Nataraja:</b> Yellow Moon – Red	<i>Devaloka Day</i>
Routine Work Marana Yoga Until 1.43PM then Amrita Yoga					
<b>4 Sunday, October 26, 2008</b>		Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau		Pittsburgh, PA Sun 11 Sutra 19i Sarvadhari 511c	
Kanya Rasi: 10.23	Tithi 28 – 29 669424954	<b>Gulika</b> 2:42PM – 4:02PM <b>Yama</b> 12:02PM – 1:22PM <b>Rahu</b> 4:02PM – 5:22PM	<b>Hasta Until 6:29AM Mon</b> Vaidhriti* Until 11:28PM Visti Until 4:05AM Mon <b>Trayodasi* Until 4:05PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:42AM <b>Muruga:</b> White <i>Sunset:</i> 5:22PM <b>Nataraja:</b> Yellow Moon – Green	<i>Devaloka Day</i>
Creative Work Amrita Yoga Until 1.43PM then Siddha Yoga Until 6:29AM Mon then Prabalarishta Yoga		Deepavali Hindu Solidarity Day			
<b>5 Monday, October 27, 2008</b>		Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau		Pittsburgh, PA Sun 12 Sutra 19h Sarvadhari 511c	
Kanya Rasi: 23.04	Tithi 29 – 30 669424954	<b>Gulika</b> 1:22PM – 2:41PM <b>Yama</b> 10:42AM – 12:02PM <b>Rahu</b> 8:03AM – 9:22AM	<b>Hasta Until 6:29AM</b> Vishkambha* Until 10:52PM Catuspada Until 4:42AM Tue <b>Chaturdasi* Until 4:42PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:43AM <b>Muruga:</b> White <i>Sunset:</i> 5:21PM <b>Nataraja:</b> Yellow Moon – Green	<i>Devaloka Day</i>
Family Home Evening Creative Work Siddha Yoga Until 6:29AM then Prabalarishta Yoga Until 1.43PM then Siddha Yoga		Subramuniyaswami Mahasamadhi		<i>Gurudeva Pada Puja 12PM</i>	
<b>Tuesday, October 28, 2008</b>		Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti Yoga Naga* Karana Amavasya* Yam Titau		Pittsburgh, PA Sun 13 Sutra 19g Sarvadhari 511c	
<b>Retreat Star</b>		<b>Gulika</b> 12:02PM – 1:21PM <b>Yama</b> 9:23AM – 10:42AM <b>Rahu</b> 2:41PM – 4:00PM	<b>Chitra Until 8:09AM</b> Priti Until 11:49PM Naga Until 7:49AM Wed <b>Amavasya* Until 6:43PM</b> <b>Siddhidatta Day—Town Trip</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:44AM <b>Muruga:</b> White <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Yellow Moon – Green	<i>Devaloka Day</i>
Tula Rasi: 5.35	Tithi 30 669424954				
Creative Work Siddha Yoga					
<b>Wednesday, October 29, 2008</b>		Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Visakha Nakshatra Ayushman Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Pittsburgh, PA Sun 14 Sutra 20c Sarvadhari 511c	
<b>Retreat Star</b>		<b>Gulika</b> 10:43AM – 12:02PM <b>Yama</b> 8:04AM – 9:24AM <b>Rahu</b> 12:02PM – 1:21PM	<b>Svati Until 10:07AM</b> Ayushman Until 11:47PM Kintughna Until 7:03AM <b>Prathama* Until 8:08PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:45AM <b>Muruga:</b> White <i>Sunset:</i> 5:18PM <b>Nataraja:</b> Yellow Moon – Green	<i>Devaloka Day</i>
Tula Rasi: 17.56	Tithi 1 669424954	Skanda Shasthi Begins		<i>Karttika-Aipasi</i>	
Creative Work Siddha Yoga					

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

<b>1</b>	<b>Thursday, October 30, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Pittsburgh, PA Sun 15 Sutra 201 Sarvadhari 511c	Gulika 9:24AM – 10:43AM Yama 6:46AM – 8:05AM Rahu 1:21PM – 2:39PM	Visakha Until 12:24PM Saubhagya Until 12:03AM Fri Balava Until 8:49AM Dvitiya Until 9:54PM	Ganesha: Blue Sunrise: 6:46AM Muruga: White Sunset: 5:17PM Nataraja: Yellow Moon – Orange	Devaloka Day	Creative Work Siddha Yoga	Vrischika Rasi: 0.08 Titthi 2 679424954


<b>2</b>	<b>Friday, October 31, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Taitila/Gara Karana Tritiya Yam Titau	Pittsburgh, PA Sun 16 Sutra 202 Sarvadhari 511c	Gulika 8:06AM – 9:25AM Yama 2:39PM – 3:57PM Rahu 10:43AM – 12:02PM	Anuradha Until 2:59PM Sobhana Until 12:36AM Sat Taitila Until 10:54AM Tritiya Until 12:00AM Sat	Ganesha: Blue Sunrise: 6:48AM Muruga: White Sunset: 5:16PM Nataraja: Yellow Moon – Orange	Devaloka Day	Creative Work Siddha Yoga	Vrischika Rasi: 12.1 Titthi 3 679424954

<b>3</b>	<b>Saturday, November 1, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Pittsburgh, PA Sun 17 Sutra 203 Sarvadhari 511c	Gulika 6:49AM – 8:07AM Yama 1:20PM – 2:38PM Rahu 9:25AM – 10:43AM	Jyeshtha* Until 5:49PM Athiganda* Until 1:22AM Sun Vanija Until 1:16PM Chaturthi* Until 2:22AM Sun	Ganesha: Blue Sunrise: 6:49AM Muruga: White Sunset: 5:15PM Nataraja: Yellow Moon – Orange	Devaloka Day	Creative Work Siddha Yoga Until 1:43PM then Marana Yoga Until 5:49PM then Amrita Yoga	Vrischika Rasi: 24.05 Titthi 4 679424954

<b>4</b>	<b>Sunday, November 2, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma Yoga Bava/Balava Karana Panchami Yam Titau	Pittsburgh, PA Sun 18 Sutra 204 Sarvadhari 511c	Gulika 2:38PM – 3:55PM Yama 12:02PM – 1:20PM Rahu 3:55PM – 5:13PM	Mula* Until 8:50PM Sukarma Until 2:18AM Mon Bava Until 3:50PM Panchami Until 4:55AM Mon	Ganesha: Clear Sunrise: 6:50AM Muruga: White Sunset: 5:13PM Nataraja: Yellow Moon – Light Blue	Sivaloka Day	Creative Work Amrita Yoga Until 1:43PM then Siddha Yoga Until 8:50PM then Marana Yoga	Dhanus Rasi: 5.55 Titthi 5 681424154

<b>5</b>	<b>Monday, November 3, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava Karana Shasthi* Yam Titau	Pittsburgh, PA Sun 19 Sutra 205 Sarvadhari 511c	Gulika 1:19PM – 2:37PM Yama 10:44AM – 12:02PM Rahu 8:09AM – 9:26AM	Purvashadha* Until 11:54PM Dhriti Until 3:17AM Tue Kaulava Until 6:27PM Shasthi* Until 7:55AM Tue	Ganesha: Clear Sunrise: 6:51AM Muruga: White Sunset: 5:12PM Nataraja: Yellow Moon – Light Blue	Sivaloka Day	Creative Work Marana Yoga Until 1:43PM then Siddha Yoga Until 11:54PM then Prabalarishta Yoga	Dhanus Rasi: 17.43 Titthi 6 681424154

<b>6</b>	<b>Tuesday, November 4, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Pittsburgh, PA Sun 20 Sutra 206 Sarvadhari 511c	Gulika 12:02PM – 1:19PM Yama 9:27AM – 10:44AM Rahu 2:36PM – 3:54PM	Uttarashadha Until 2:54AM Wed Shula* Until 4:12AM Wed Gara Until 9:00PM Shasthi* Until 7:55AM	Ganesha: Clear Sunrise: 6:52AM Muruga: White Sunset: 5:11PM Nataraja: Yellow Moon – Light Blue	Sivaloka Day	Creative Work Prabalarishta Yoga Until 1:43PM then Amrita Yoga Until 2:54AM Wed then Siddha Yoga	Dhanus Rasi: 29.33 Titthi 6 – 7 681424154

	<b>Wednesday, November 5, 2008</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Sraavana Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Pittsburgh, PA Sun 21 Sutra 207 Sarvadhari 511c	Gulika 10:45AM – 12:02PM Yama 8:10AM – 9:28AM Rahu 12:02PM – 1:19PM	Sraavana Until 5:40AM Thu Ganda* Until 4:54AM Thu Visti Until 11:18PM Saptami Until 10:12AM Siddhidatta Day—Town Trip	Ganesha: Purple Sunrise: 6:53AM Muruga: White Sunset: 5:10PM Nataraja: Yellow Moon – Purple	Devaloka Day	Creative Work Siddha Yoga	Makara Rasi: 11.3 Titthi 7 – 8 691424154

<b>Thursday, November 6, 2008</b>	<b>Retreat Star</b>	Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Pittsburgh, PA Sun 22 Sutra 208 Sarvadhari 511c	Gulika 9:28AM – 10:45AM Yama 6:55AM – 8:11AM Rahu 1:19PM – 2:35PM	Dhanishtha Until 6:59AM Fri Vriddhi Until 5:12AM Fri Balava Until 1:08AM Fri Ashtami* Until 12:02PM	Ganesha: Clear Sunrise: 6:55AM Muruga: White Sunset: 5:09PM Nataraja: Yellow Moon – Purple	Sivaloka Day	Creative Work Siddha Yoga	Makara Rasi: 23.4 Titthi 8 – 9 791424154

# 1 Friday, November 7, 2008

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Dhruva Yoga Kaulava/Tailila Karana Navami/Dasami Yam Titau

Pittsburgh, PA  
Sun 23 Sutra 204  
Sarvadhari 5116  
Moon 10 - Phase 25  
4th Phase

Kumbha Rasi: 6.08 Tithi 9 - 10  
791424154  
Creative Work Siddha Yoga  
Until 1.43PM then Amrita Yoga

**Gulika** 8:12AM - 9:29AM  
**Yama** 2:35PM - 3:51PM  
**Rahu** 10:45AM - 12:02PM  
**Dhanishtha** Until 6:59AM  
Dhruva Until 3:18AM Sat  
Tailila Until 12:36AM Sat  
**Navami\*** Until 12:36PM

**Ganesha:** Clear *Sunrise: 6:56AM*  
**Muruga:** White *Sunset: 5:08PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Karttika-Aipasi**

Sivaloka Day

# 2 Saturday, November 8, 2008

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Vyaghata\* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau

Pittsburgh, PA  
Sun 24 Sutra 216  
Sarvadhari 5116  
Moon 10 - Phase 25  
4th Phase

Kumbha Rasi: 19.01 Tithi 10 - 11  
791424154  
Creative Work Amrita Yoga  
Until 7:50AM then Siddha Yoga

**Gulika** 6:57AM - 8:13AM  
**Yama** 1:18PM - 2:34PM  
**Rahu** 9:29AM - 10:46AM  
**Satabhisha** Until 7:50AM  
Vyaghata\* Until 2:23AM Sun  
Vanija Until 12:52AM Sun  
**Dasami** Until 12:52PM

**Ganesha:** Clear *Sunrise: 6:57AM*  
**Muruga:** White *Sunset: 5:07PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Karttika-Aipasi**

Sivaloka Day

# 3 Sunday, November 9, 2008

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Purvaprostapada/Uttaraprostapada Nakshatra Harshana Yoga Visti\*/Bava Karana Ekadasi/Dvadasi Yam Titau

Pittsburgh, PA  
Sun 25 Sutra 211  
Sarvadhari 5116  
Moon 10 - Phase 25  
4th Phase

Meena Rasi: 2.2 Tithi 11 - 12  
711524154  
Creative Work Siddha Yoga  
Until 7:42AM then Amrita Yoga  
Until 1.43PM then Siddha Yoga

**Gulika** 2:34PM - 3:50PM  
**Yama** 12:02PM - 1:18PM  
**Rahu** 3:50PM - 5:06PM  
**Purvaprostapada\*** Until 7:42AM  
Harshana Until 11:25PM  
Bava Until 10:48PM  
**Ekadasi** Until 11:44AM

**Ganesha:** White *Sunrise: 6:58AM*  
**Muruga:** White *Sunset: 5:06PM*  
**Nataraja:** Yellow  
Moon - Clear  
**Karttika-Aipasi**

Subha Sivaloka Day

# 4 Monday, November 10, 2008

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Vajra\* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau

Pittsburgh, PA  
Sun 26 Sutra 212  
Sarvadhari 5116  
Moon 10 - Phase 25  
4th Phase

Meena Rasi: 16.1 Tithi 12 - 13  
711524154  
**Family Home Evening**  
Creative Work Siddha Yoga

**Gulika** 1:18PM - 2:34PM  
**Yama** 10:46AM - 12:02PM  
**Rahu** 8:15AM - 9:31AM  
**Uttaraprostapada** Until 6:51AM  
Vajra\* Until 9:01PM  
Kaulava Until 9:17PM  
**Dvadasi** Until 10:12AM

**Ganesha:** White *Sunrise: 6:59AM*  
**Muruga:** White *Sunset: 5:05PM*  
**Nataraja:** Yellow  
Moon - Clear  
**Karttika-Aipasi**

Subha Sivaloka Day

Pradosha Vrata

# 5 Tuesday, November 11, 2008

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam  
Asvini Nakshatra Siddhi/Vyatiyata\* Yoga Tailila/Gara Karana Trayodasi/Chaturdasi\* Yam Titau

Pittsburgh, PA  
Sun 27 Sutra 213  
Sarvadhari 5116  
Moon 10 - Phase 25  
4th Phase

Mesha Rasi: 0.28 Tithi 13 - 14  
721524154  
Creative Work Siddha Yoga  
Until 1.43PM then Marana Yoga

**Gulika** 12:02PM - 1:18PM  
**Yama** 9:31AM - 10:47AM  
**Rahu** 2:33PM - 3:49PM  
**Asvini** Until 2:35AM Wed  
Siddhi Until 5:07PM  
Gara Until 4:15AM Wed  
**Trayodasi** Until 7:41AM

**Ganesha:** Clear *Sunrise: 7:00AM*  
**Muruga:** White *Sunset: 5:04PM*  
**Nataraja:** Yellow  
Moon - White  
**Karttika-Aipasi**

Sivaloka Day

# Wednesday, November 12, 2008

## Copper Retreat Star

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Purnima\* Yam Titau

Pittsburgh, PA  
Sutra 214  
Sarvadhari 5116  
Moon 10 - Phase 25  
Purnima

Mesha Rasi: 15.1 Tithi 15  
722524154  
Routine Work Marana Yoga  
Until 1.44PM then Siddha Yoga  
Until 12:23AM Thu then Marana Yoga

**Gulika** 10:47AM - 12:02PM  
**Yama** 8:17AM - 9:32AM  
**Rahu** 12:02PM - 1:18PM  
**Bharani** Until 12:23AM Thu  
Vyatipata\* Until 1:33PM  
Visti Until 3:04PM  
**Purnima\*** Until 1:21AM Thu

**Ganesha:** White *Sunrise: 7:02AM*  
**Muruga:** White *Sunset: 5:03PM*  
**Nataraja:** Yellow  
Moon - White  
**Karttika-Aipasi**

Devaloka Day

Siddhidatta Day—Town Trip

# Thursday, November 13, 2008

## Silver Retreat Star

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Prathama\* Yam Titau

Pittsburgh, PA  
Sutra 215  
Sarvadhari 5116  
Moon 10 - Phase 25  
Prathama

Vrishabha Rasi: 0.1 Tithi 16  
722524154  
Routine Work Marana Yoga  
Until 1.44PM then Siddha Yoga  
Until 9:44PM then Marana Yoga

**Gulika** 9:33AM - 10:48AM  
**Yama** 7:03AM - 8:18AM  
**Rahu** 1:18PM - 2:32PM  
**Krittika** Until 9:44PM  
Variyan Until 9:33AM  
Balava Until 11:40AM  
**Prathama\*** Until 9:57PM

**Ganesha:** White *Sunrise: 7:03AM*  
**Muruga:** White *Sunset: 5:02PM*  
**Nataraja:** Yellow  
Moon - White  
**Karttika-Aipasi**

Devaloka Day

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140



**Friday, November 14, 2008**  
**Gold Retreat Star**

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Shiva Yoga Taitila/Gara Karana Dvitiya Yam Tilau

*Pittsburgh, PA*  
*Sutra 216*  
*Sarvadhari 511c*

Virshabha Rasi: 15.17 Tithi 17  
732524154  
Routine Work Marana Yoga  
Until 1.44PM then Amrita Yoga  
Until 6:52PM then Siddha Yoga

**Gulika** 8:19AM – 9:33AM  
**Yama** 2:32PM – 3:47PM  
**Rahu** 10:48AM – 12:03PM

**Rohini Until 6:52PM**  
Shiva Until 1:21AM Sat  
Taitila Until 8:02AM  
**Dvitiya Until 6:19PM**

**Ganesha:** Clear *Sunrise: 7:04AM*  
**Muruga:** White *Sunset: 5:02PM*  
**Nataraja:** Yellow  
Moon – Yellow  
**Karttika•Aipasi**

*Moon 11 - Phase 3c*  
*1st Phase*

**Sivaloka Day**

**1 Saturday, November 15, 2008**

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Tilau

*Pittsburgh, PA*  
*Sun 1*  
*Sutra 217*  
*Sarvadhari 511c*

Mithuna Rasi: 0.23 Tithi 18 – 19  
732524154  
Creative Work Siddha Yoga

**Gulika** 7:05AM – 8:19AM  
**Yama** 1:17PM – 2:32PM  
**Rahu** 9:34AM – 10:48AM

**Mrigasira Until 4:03PM**  
Siddha Until 9:12PM  
Bava Until 1:01AM Sun  
**Tritiya Until 2:44PM**

**Ganesha:** Clear *Sunrise: 7:05AM*  
**Muruga:** White *Sunset: 5:01PM*  
**Nataraja:** Yellow  
Moon – Yellow  
**Karttika•Karttikai**

*Moon 11 - Phase 3c*  
*1st Phase*

**Sivaloka Day**

**2 Sunday, November 16, 2008**

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Tilau

*Pittsburgh, PA*  
*Sun 2*  
*Sutra 218*  
*Sarvadhari 511c*

Mithuna Rasi: 15.19 Tithi 19 – 20  
732524155  
Creative Work Siddha Yoga  
Until 1:30PM then Amrita Yoga

**Gulika** 2:32PM – 3:46PM  
**Yama** 12:03PM – 1:17PM  
**Rahu** 3:46PM – 5:00PM

**Ardra Until 1:30PM**  
Sadhya Until 5:18PM  
Kaulava Until 9:44PM  
**Chaturthi\* Until 11:27AM**

**Ganesha:** Clear *Sunrise: 7:06AM*  
**Muruga:** White *Sunset: 5:00PM*  
**Nataraja:** Red  
Moon – Yellow  
**Karttika•Karttikai**

*Moon 11 - Phase 3c*  
*1st Phase*

**Sivaloka Day**

**3 Monday, November 17, 2008**

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Tilau

*Pittsburgh, PA*  
*Sun 3*  
*Sutra 219*  
*Sarvadhari 511c*

Mithuna Rasi: 29.56 Tithi 20 – 21  
**Family Home Evening** 742534155  
Creative Work Amrita Yoga  
Until 11:49AM then Siddha Yoga

**Gulika** 1:17PM – 2:31PM  
**Yama** 10:49AM – 12:03PM  
**Rahu** 8:21AM – 9:35AM

**Ashram Sadhana**

**Punarvasu Until 11:49AM**  
Subha Until 2:23PM  
Gara Until 7:57PM  
**Panchami Until 8:53AM**

**Ganesha:** Purple *Sunrise: 7:07AM*  
**Muruga:** Yellow *Sunset: 4:59PM*  
**Nataraja:** Red  
Moon – Blue  
**Karttika•Karttikai**

*Moon 11 - Phase 3c*  
*1st Phase*

**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

**4 Tuesday, November 18, 2008**

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Shasthi\*/Saptami Yam Tilau

*Pittsburgh, PA*  
*Sun 4*  
*Sutra 220*  
*Sarvadhari 511c*

Kataka Rasi: 14.11 Tithi 21 – 22  
742534155  
Creative Work Siddha Yoga

**Gulika** 12:04PM – 1:17PM  
**Yama** 9:36AM – 10:50AM  
**Rahu** 2:31PM – 3:45PM

**Pushya Until 10:15AM**  
Sukla Until 11:18AM  
Bava Until 4:44AM Wed  
**Shasthi\* Until 6:35AM**

**Ganesha:** Purple *Sunrise: 7:08AM*  
**Muruga:** Yellow *Sunset: 4:59PM*  
**Nataraja:** Red  
Moon – Blue  
**Karttika•Karttikai**

*Moon 11 - Phase 3c*  
*1st Phase*

**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

**Wednesday, November 19, 2008**  
**Retreat Star**

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Aslesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtami\* Yam Tilau

*Pittsburgh, PA*  
*Sun 5*  
*Sutra 221*  
*Sarvadhari 511c*

Kataka Rasi: 28.02 Tithi 23  
742534155  
Creative Work Siddha Yoga  
Until 1.45PM then Amrita Yoga

**Gulika** 10:50AM – 12:04PM  
**Yama** 8:23AM – 9:37AM  
**Rahu** 12:04PM – 1:17PM

**Aslesha\* Until 9:37AM**  
Brahma Until 9:03AM  
Balava Until 4:57PM  
**Ashtami\* Until 4:57AM Thu**

**Ganesha:** Purple *Sunrise: 7:10AM*  
**Muruga:** Yellow *Sunset: 4:58PM*  
**Nataraja:** Red  
Moon – Blue  
**Karttika•Karttikai**

*Moon 11 - Phase 3c*  
*Ashtam.*

**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

**Thursday, November 20, 2008**  
**Retreat Star**

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Indra/Vaidhrili\* Yoga Taitila/Gara Karana Navami\* Yam Tilau

*Pittsburgh, PA*  
*Sun 6*  
*Sutra 222*  
*Sarvadhari 511c*

Simha Rasi: 11.3 Tithi 24  
752534155  
Creative Work Amrita Yoga  
Until 9:23AM then no yoga  
Until 1.45PM then Siddha Yoga

**Gulika** 9:37AM – 10:51AM  
**Yama** 7:11AM – 8:24AM  
**Rahu** 1:17PM – 2:31PM

**Magha\* Until 9:23AM**  
Indra Until 7:06AM  
Taitila Until 4:03PM  
**Navami\* Until 4:03AM Fri**  
**Iraivan Day—Town Trip**

**Ganesha:** Clear *Sunrise: 7:11AM*  
**Muruga:** Yellow *Sunset: 4:57PM*  
**Nataraja:** Red  
Moon – Red  
**Karttika•Karttikai**

*Moon 11 - Phase 3c*  
*Navam.*

**Devaloka Day**

# 1 Friday, November 21, 2008

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha\* Yoga Vanija/Visti\* Karana Dasami Yam Titau

Pittsburgh, PA  
Sun 7  
Sutra 22c  
Sarvadhari 511c

Simha Rasi: 24.37      Tithi 25  
752534155  
Creative Work    Siddha Yoga  
Until 1.45PM then Marana Yoga

**Gulika**    8:25AM – 9:38AM  
**Yama**      2:31PM – 3:44PM  
**Rahu**      10:51AM – 12:04PM

**Purvaphalguni\* Until 9:47AM**  
**Vishkambha\* Until 4:36AM Sat**  
Vanija Until 3:50PM  
**Dasami Until 3:50AM Sat**

**Ganesha:** Clear      *Sunrise:* 7:12AM  
**Muruga:** Yellow    *Sunset:* 4:57PM  
**Nataraja:** Red  
Moon – Red  
**Karttika•Karttikai**

**Devaloka Day**

# 2 Saturday, November 22, 2008

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yukhtayam  
Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadasi\* Yam Titau

Pittsburgh, PA  
Sun 8  
Sutra 22c  
Sarvadhari 511c

Kanya Rasi: 7.27      Tithi 26  
752534155  
Routine Work    Marana Yoga  
Until 1.46PM then Amrita Yoga

**Gulika**    7:13AM – 8:26AM  
**Yama**      1:17PM – 2:30PM  
**Rahu**      9:39AM – 10:52AM

**Uttaraphalguni Until 10:43AM**  
Priti Until 3:44AM Sun  
Bava Until 4:12PM  
**Ekadasi\* Until 4:12AM Sun**

**Ganesha:** Clear      *Sunrise:* 7:13AM  
**Muruga:** Yellow    *Sunset:* 4:56PM  
**Nataraja:** Red  
Moon – Red  
**Karttika•Karttikai**

**Devaloka Day**

# 3 Sunday, November 23, 2008

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadasi\* Yam Titau

Pittsburgh, PA  
Sun 9  
Sutra 22c  
Sarvadhari 511c

Kanya Rasi: 20.02      Tithi 27  
762534155  
Creative Work    Amrita Yoga  
Until 12:35PM then Siddha Yoga  
Until 1.46PM then Prabalarishta Yoga

**Gulika**    2:30PM – 3:43PM  
**Yama**      12:05PM – 1:18PM  
**Rahu**      3:43PM – 4:56PM

**Hasta Until 12:35PM**  
Ayushman Until 4:54AM Mon  
Kaulava Until 6:01PM  
**Dvadasi\* Until 6:14AM Mon**

**Ganesha:** White      *Sunrise:* 7:14AM  
**Muruga:** Yellow    *Sunset:* 4:56PM  
**Nataraja:** Red  
Moon – Green  
**Karttika•Karttikai**

**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

# 4 Monday, November 24, 2008

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yukhtayam  
Chitra/Svati Nakshatra Saubhagya Yoga Taitila/Gara Karana Dvadasi\*/Trayodasi\* Yam Titau

Pittsburgh, PA  
Sun 10  
Sutra 22c  
Sarvadhari 511c

Tula Rasi: 2.28      Tithi 28 – 28  
**Family Home Evening**      762534155  
Routine Work    Prabalarishta Yoga  
Until 1.46PM then Siddha Yoga

**Gulika**    1:18PM – 2:30PM  
**Yama**      10:53AM – 12:05PM  
**Rahu**      8:28AM – 9:40AM

**Chitra Until 2:25PM**  
Saubhagya Until 4:44AM Tue  
Gara Until 7:19PM  
**Dvadasi\* Until 6:14AM**

**Ganesha:** White      *Sunrise:* 7:15AM  
**Muruga:** Yellow    *Sunset:* 4:55PM  
**Nataraja:** Red  
Moon – Green  
**Karttika•Karttikai**

**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**  
**Gurudeva Pada Puja 6AM**

# 5 Tuesday, November 25, 2008

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Svati/Visakha Nakshatra Sobhana Yoga Vanija/Visti\* Karana Trayodasi\*/Chaturdasi\* Yam Titau

Pittsburgh, PA  
Sun 11  
Sutra 22c  
Sarvadhari 511c

Tula Rasi: 14.43      Tithi 28 – 29  
762534155  
Creative Work    Siddha Yoga

**Gulika**    12:05PM – 1:18PM  
**Yama**      9:41AM – 10:53AM  
**Rahu**      2:30PM – 3:42PM

**Svati Until 4:33PM**  
Sobhana Until 4:50AM Wed  
Visti Until 8:57PM  
**Trayodasi\* Until 7:52AM**

**Ganesha:** White      *Sunrise:* 7:16AM  
**Muruga:** Yellow    *Sunset:* 4:55PM  
**Nataraja:** Red  
Moon – Green  
**Karttika•Karttikai**

**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

# Wednesday, November 26, 2008

**Retreat Star**

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yukhtayam  
Visakha Nakshatra Athiganda\* Yoga Sakuni\*/Catuspada\* Karana Chaturdasi\*/Amavasya\* Yam Titau

Pittsburgh, PA  
Sun 12  
Sutra 22c  
Sarvadhari 511c

Tula Rasi: 26.52      Tithi 29 – 30  
773534155  
Creative Work    Siddha Yoga

**Gulika**    10:54AM – 12:06PM  
**Yama**      8:29AM – 9:42AM  
**Rahu**      12:06PM – 1:18PM

**Visakha Until 6:56PM**  
Athiganda\* Until 5:10AM Thu  
Catuspada Until 10:51PM  
**Chaturdasi\* Until 9:46AM**  
Siddhidatta Day—Town Trip

**Ganesha:** Orange      *Sunrise:* 7:17AM  
**Muruga:** Yellow    *Sunset:* 4:54PM  
**Nataraja:** Red  
Moon – Orange  
**Karttika•Karttikai**

**Devaloka Day**

# Thursday, November 27, 2008

**Retreat Star**

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yukhtayam  
Anuradha Nakshatra Sukarma Yoga Naga\*/Kintughna\* Karana Amavasya\*/Prathama\* Yam Titau

Pittsburgh, PA  
Sun 13  
Sutra 22c  
Sarvadhari 511c

Vriscika Rasi: 8.53      Tithi 30 – 1  
773534155  
Creative Work    Siddha Yoga  
Until 9:33PM then Prabalarishta Yoga

**Gulika**    9:42AM – 10:54AM  
**Yama**      7:18AM – 8:30AM  
**Rahu**      1:18PM – 2:30PM

**Anuradha Until 9:33PM**  
Sukarma Until 5:42AM Fri  
Kintughna Until 1:00AM Fri  
**Amavasya\* Until 11:54AM**

**Ganesha:** Orange      *Sunrise:* 7:18AM  
**Muruga:** Yellow    *Sunset:* 4:54PM  
**Nataraja:** Red  
Moon – Orange  
**Margasira•Karttikai**

**Devaloka Day**

# 1 Friday, November 28, 2008

Vrischika Rasi: 20.5      Tithi 1 – 2  
773534155  
Routine Work    Prabalarishta Yoga  
Until 1.48PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yukhtayam  
Jyeshtha\* Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiya Yam Tilau  
*Pittsburgh, PA*  
*Sun 14      Sutra 23c*  
*Sarvadhari 511c*

<b>Gulika</b> 8:31AM – 9:43AM	<b>Jyeshtha* Until 12:21AM Sat</b>	<b>Ganesha:</b> Orange <i>Sunrise: 7:19AM</i>	
<b>Yama</b> 2:30PM – 3:42PM	<b>Dhriti Until 6:40AM Sat</b>	<b>Muruga:</b> Yellow <i>Sunset: 4:54PM</i>	<i>Moon 11 - Phase 3c</i>
<b>Rahu</b> 10:55AM – 12:07PM	<b>Balava Until 3:21AM Sat</b>	<b>Nataraja:</b> Red	<i>3rd Phase</i>

**Prathama\* Until 2:16PM**      **Devaloka Day**  
**Margasira-Karttikai**

# 2 Saturday, November 29, 2008

Dhanus Rasi: 2.41      Tithi 2 – 3  
783534155  
Creative Work    Siddha Yoga  
Until 1.48PM then Amrita Yoga  
Until 3:18AM Sun then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yukhtayam  
Mula\* Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Tilau  
*Pittsburgh, PA*  
*Sun 15      Sutra 23c*  
*Sarvadhari 511c*

<b>Gulika</b> 7:20AM – 8:32AM	<b>Mula* Until 3:18AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:20AM</i>	
<b>Yama</b> 1:18PM – 2:30PM	<b>Dhriti Until 6:40AM</b>	<b>Muruga:</b> Yellow <i>Sunset: 4:53PM</i>	<i>Moon 11 - Phase 3c</i>
<b>Rahu</b> 9:44AM – 10:55AM	<b>Taitila Until 5:53AM Sun</b>	<b>Nataraja:</b> Red	<i>3rd Phase</i>

**Dvitiya Until 4:47PM**      **Devaloka Day**  
**Margasira-Karttikai**

# 3 Sunday, November 30, 2008

Dhanus Rasi: 14.29      Tithi 3  
783534155  
Creative Work    Siddha Yoga  
Until 1.48PM then Marana Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yukhtayam  
Purvashadha\* Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Tritiya Yam Tilau  
*Pittsburgh, PA*  
*Sun 16      Sutra 23c*  
*Sarvadhari 511c*

<b>Gulika</b> 2:30PM – 3:42PM	<b>Purvashadha* Until 6:46AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:21AM</i>	
<b>Yama</b> 12:07PM – 1:19PM	<b>Shula* Until 7:37AM</b>	<b>Muruga:</b> Yellow <i>Sunset: 4:53PM</i>	<i>Moon 11 - Phase 3c</i>
<b>Rahu</b> 3:42PM – 4:53PM	<b>Taitila Until 6:20AM</b>	<b>Nataraja:</b> Red	<i>3rd Phase</i>

**Tritiya Until 7:25PM**      **Devaloka Day**  
**Margasira-Karttikai**

# 4 Monday, December 1, 2008

Dhanus Rasi: 26.17      Tithi 4  
**Family Home Evening**      783534155  
Routine Work    Marana Yoga  
Until 1.49PM then Prabalarishta Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yukhtayam  
Purvashadha\*/Uttarashadha Nakshatra Ganda\*/Vridhi Yoga Vanija/Visti\* Karana Chaturthi\* Yam Tilau  
*Pittsburgh, PA*  
*Sun 17      Sutra 23c*  
*Sarvadhari 511c*

<b>Gulika</b> 1:19PM – 2:30PM	<b>Purvashadha* Until 6:46AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:22AM</i>	
<b>Yama</b> 10:56AM – 12:08PM	<b>Ganda* Until 8:35AM</b>	<b>Muruga:</b> Yellow <i>Sunset: 4:53PM</i>	<i>Moon 11 - Phase 3c</i>
<b>Rahu</b> 8:34AM – 9:45AM	<b>Vanija Until 9:00AM</b>	<b>Nataraja:</b> Red	<i>3rd Phase</i>

**Chaturthi\* Until 10:05PM**      **Devaloka Day**  
**Margasira-Karttikai**  
*Sadhu Paksha*

# 5 Tuesday, December 2, 2008

Makara Rasi: 8.07      Tithi 5  
783534155  
Routine Work    Prabalarishta Yoga  
Until 9.46AM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yukhtayam  
Uttarashadha\*/Sraavana Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Panchami Yam Tilau  
*Pittsburgh, PA*  
*Sun 18      Sutra 23c*  
*Sarvadhari 511c*

<b>Gulika</b> 12:08PM – 1:19PM	<b>Uttarashadha Until 9:46AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:23AM</i>	
<b>Yama</b> 9:46AM – 10:57AM	<b>Vridhi Until 9:29AM</b>	<b>Muruga:</b> Yellow <i>Sunset: 4:53PM</i>	<i>Moon 11 - Phase 3c</i>
<b>Rahu</b> 2:30PM – 3:41PM	<b>Bava Until 11:34AM</b>	<b>Nataraja:</b> Red	<i>3rd Phase</i>

**Panchami Until 12:39AM Wed**      **Devaloka Day**  
**Margasira-Karttikai**  
*Sadhu Paksha*

# 6 Wednesday, December 3, 2008

Makara Rasi: 20.04      Tithi 6  
793534155  
Creative Work    Siddha Yoga  
Until 12:33PM then Prabalarishta Yoga  
Until 1.49PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yukhtayam  
Sraavana/Dhanishtha Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Shasthi\* Yam Tilau  
*Pittsburgh, PA*  
*Sun 19      Sutra 23c*  
*Sarvadhari 511c*

<b>Gulika</b> 10:57AM – 12:08PM	<b>Sraavana Until 12:33PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 7:24AM</i>	
<b>Yama</b> 8:35AM – 9:46AM	<b>Dhruva Until 10:11AM</b>	<b>Muruga:</b> Yellow <i>Sunset: 4:52PM</i>	<i>Moon 11 - Phase 3c</i>
<b>Rahu</b> 12:08PM – 1:19PM	<b>Kaulava Until 1:54PM</b>	<b>Nataraja:</b> Red	<i>3rd Phase</i>

**Shasthi\* Until 3:00AM Thu**      **Sivaloka Day**  
**Margasira-Karttikai**  
*Sadhu Paksha*

# Thursday, December 4, 2008

## Retreat Star

Kumbha Rasi: 2.11      Tithi 7  
793634155  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yukhtayam  
Dhanishtha/Satabhisha Nakshatra Vyaghata\*/Harshana Yoga Gara/Vanija Karana Sapthami Yam Tilau  
*Pittsburgh, PA*  
*Sun 20      Sutra 23c*  
*Sarvadhari 511c*

<b>Gulika</b> 9:47AM – 10:58AM	<b>Dhanishtha Until 2:57PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:25AM</i>	
<b>Yama</b> 7:25AM – 8:36AM	<b>Vyaghata* Until 10:31AM</b>	<b>Muruga:</b> Yellow <i>Sunset: 4:52PM</i>	<i>Moon 11 - Phase 3c</i>
<b>Rahu</b> 1:20PM – 2:31PM	<b>Gara Until 3:50PM</b>	<b>Nataraja:</b> Red	<i>3rd Phase</i>

**Sapthami Until 4:55AM Fri**      **Devaloka Day**  
**Margasira-Karttikai**  
**Siddhidatta Day—Town Trip**      *Sadhu Paksha*

# Friday, December 5, 2008

## Retreat Star

Kumbha Rasi: 15      Tithi 8  
793634155  
Creative Work    Siddha Yoga  
Until 1.50PM then Amrita Yoga  
Until 3:58PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yukhtayam  
Satabhisha/Purvaprostapada\* Nakshatra Harshana/Vajra\* Yoga Visti\*/Bava Karana Ashtami\* Yam Tilau  
*Pittsburgh, PA*  
*Sun 21      Sutra 23c*  
*Sarvadhari 511c*

<b>Gulika</b> 8:37AM – 9:48AM	<b>Satabhisha Until 3:58PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:26AM</i>	
<b>Yama</b> 2:31PM – 3:41PM	<b>Harshana Until 10:02AM</b>	<b>Muruga:</b> Yellow <i>Sunset: 4:52PM</i>	<i>Moon 11 - Phase 3c</i>
<b>Rahu</b> 10:59AM – 12:09PM	<b>Visti Until 4:13PM</b>	<b>Nataraja:</b> Red	<i>Ashtam.</i>

**Ashtami\* Until 4:13AM Sat**      **Devaloka Day**  
**Margasira-Karttikai**  
*Sadhu Paksha*

# Saturday, December 6, 2008

## Retreat Star

Kumbha Rasi: 27.22      Tithi 9  
713634155  
Creative Work    Siddha Yoga  
Until 5:00PM then Amrita Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yukhtayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Vajra\*/Siddhi Yoga Balava/Kaulava Karana Navami\* Yam Tilau  
*Pittsburgh, PA*  
*Sun 22      Sutra 23c*  
*Sarvadhari 511c*

<b>Gulika</b> 7:27AM – 8:38AM	<b>Purvaprostapada* Until 5:00PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 7:27AM</i>	
<b>Yama</b> 1:20PM – 2:31PM	<b>Vajra* Until 9:16AM</b>	<b>Muruga:</b> Yellow <i>Sunset: 4:52PM</i>	<i>Moon 11 - Phase 3c</i>
<b>Rahu</b> 9:48AM – 10:59AM	<b>Balava Until 4:42PM</b>	<b>Nataraja:</b> Red	<i>Navam.</i>

**Navami\* Until 4:42AM Sun**      **Devaloka Day**  
**Margasira-Karttikai**  
*Sadhu Paksha*

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda, Kathau 2.2.12. UpR, 640

# 1 Sunday, December 7, 2008

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Siddhi/Vyatipala\* Yoga Tailila/Gara Karana Dasami Yam Titau

Pittsburgh, PA

Sun 23 Sutra 23a

Sarvadhari 511c

Meena Rasi: 10.35      Tithi 10  
713634155  
Creative Work    Amrita Yoga  
Until 1.51PM then Siddha Yoga

**Gulika**      2:31PM – 3:42PM      **Uttaraprostapada Until 4:25PM**  
**Yama**        12:10PM – 1:21PM      Siddhi Until 7:36AM  
**Rahu**         3:42PM – 4:52PM      Tailila Until 3:30PM  
**Dasami Until 2:35AM Mon**

**Ganesha:** Yellow      *Sunrise:* 7:28AM  
**Muruga:** Yellow      *Sunset:* 4:52PM  
**Nataraja:** Red  
Moon – Clear  
**Devaloka Day**  
**Margasira-Karttikai**

*Sadhu Paksha*

# 2 Monday, December 8, 2008

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam  
Revati/Asvini Nakshatra Varyan Yoga Vanija/Visti\* Karana Ekadasi Yam Titau

Pittsburgh, PA

Sun 24 Sutra 24a

Sarvadhari 511c

Meena Rasi: 24.18      Tithi 11  
713634155  
**Family Home Evening**  
Creative Work    Siddha Yoga

**Gulika**      1:21PM – 2:31PM      **Revati Until 3:47PM**  
**Yama**        11:00AM – 12:11PM      Varyan Until 2:43AM Tue  
**Rahu**         8:39AM – 9:50AM      Vanija Until 2:14PM  
**Ekadasi Until 1:19AM Tue**

**Ganesha:** Yellow      *Sunrise:* 7:29AM  
**Muruga:** Yellow      *Sunset:* 4:52PM  
**Nataraja:** Red  
Moon – Clear  
**Devaloka Day**  
**Margasira-Karttikai**

*Sadhu Paksha*

# 3 Tuesday, December 9, 2008

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam  
Asvini/Bharani Nakshatra Parigha\* Yoga Bava/Balava Karana Dvadasi Yam Titau

Pittsburgh, PA

Sun 25 Sutra 24i

Sarvadhari 511c

Mesha Rasi: 8.3      Tithi 12  
723634155  
Creative Work    Siddha Yoga  
Until 1:44PM then Marana Yoga

**Gulika**      12:11PM – 1:21PM      **Asvini Until 1:44PM**  
**Yama**        9:50AM – 11:01AM      Parigha\* Until 10:36PM  
**Rahu**         2:32PM – 3:42PM      Bava Until 11:37AM  
**Dvadasi Until 9:54PM**

**Ganesha:** White      *Sunrise:* 7:30AM  
**Muruga:** Yellow      *Sunset:* 4:52PM  
**Nataraja:** Red  
Moon – White  
**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**  
**Margasira-Karttikai**

*Sadhu Paksha*

# 4 Wednesday, December 10, 2008

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam  
Bharani/Krittika Nakshatra Shiva Yoga Kaulava/Tailila Karana Trayodasi Yam Titau

Pittsburgh, PA

Sun 26 Sutra 24c

Sarvadhari 511c

Mesha Rasi: 23.09      Tithi 13  
724634155  
Routine Work    Marana Yoga  
Until 11:37AM then Amrita Yoga  
Until 1:52PM then Marana Yoga

**Gulika**      11:01AM – 12:12PM      **Bharani Until 11:37AM**  
**Yama**        8:41AM – 9:51AM      Shiva Until 7:05PM  
**Rahu**         12:12PM – 1:22PM      Kaulava Until 8:48AM  
**Sivalaya Deepam**  
**Trayodasi Until 7:05PM**

**Ganesha:** Yellow      *Sunrise:* 7:31AM  
**Muruga:** Yellow      *Sunset:* 4:52PM  
**Nataraja:** Red  
Moon – White  
**Devaloka Day**  
**Margasira-Karttikai**

**Pradosha Vrata**

*Sadhu Paksha*

# 5 Thursday, December 11, 2008

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Chaturdasi/Purnima\* Yam Titau

Pittsburgh, PA

Sun 27 Sutra 24a

Sarvadhari 511c

Vrishabha Rasi: 8.1      Tithi 14 – 15  
724634155  
Routine Work    Marana Yoga

**Gulika**      9:52AM – 11:02AM      **Krittika Until 8:56AM**  
**Yama**        7:31AM – 8:42AM      Siddha Until 3:02PM  
**Rahu**         1:22PM – 2:32PM      Visti Until 1:57AM Fri  
**Chaturdasi\* Until 3:39PM**

**Ganesha:** Yellow      *Sunrise:* 7:31AM  
**Muruga:** Yellow      *Sunset:* 4:53PM  
**Nataraja:** Red  
Moon – White  
**Devaloka Day**  
**Margasira-Karttikai**

*Sadhu Paksha*

# Friday, December 12, 2008

## Copper Retreat Star

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigasira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima\*Prathama\* Yam Titau

Pittsburgh, PA

Sun 28 Sutra 24a

Sarvadhari 511c

Vrishabha Rasi: 23.25      Tithi 15 – 16  
734634155  
Creative Work    Siddha Yoga

**Gulika**      8:42AM – 9:52AM      **Mrigasira Until 3:13AM Sat**  
**Yama**        2:33PM – 3:43PM      Sadhya Until 10:39AM  
**Rahu**         11:02AM – 12:12PM      Balava Until 10:08PM  
**Purnima\* Until 11:51AM**  
**Siddhidatta Day—Town Trip**

**Ganesha:** White      *Sunrise:* 7:32AM  
**Muruga:** Yellow      *Sunset:* 4:53PM  
**Nataraja:** Red  
Moon – Yellow  
**Sivaloka Day**  
**Margasira-Karttikai**

*Sadhu Paksha*

# Saturday, December 13, 2008

## Silver Retreat Star

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Prathama\*/Dvitiya Yam Titau

Pittsburgh, PA

Sun 29 Sutra 24c

Sarvadhari 511c

Mithuna Rasi: 8.42      Tithi 16 – 17  
734634155  
Creative Work    Siddha Yoga

**Gulika**      7:33AM – 8:43AM      **Ardra Until 12:04AM Sun**  
**Yama**        1:23PM – 2:33PM      Subha Until 6:11AM  
**Rahu**         9:53AM – 11:03AM      Tailila Until 6:14PM  
**Prathama\* Until 7:56AM**

**Ganesha:** White      *Sunrise:* 7:33AM  
**Muruga:** Yellow      *Sunset:* 4:53PM  
**Nataraja:** Red  
Moon – Yellow  
**Kadavul Ardra Abhishekam**  
**Sivaloka Day**  
**Margasira-Karttikai**

*Sadhu Paksha*

**Vinayaga Viratam Begins**

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda, Svetu 1.15. UpR, 718





**Sunday, December 14, 2008**  
**Gold Retreat Star**

Mithuna Rasi: 23.53      Tithi 18  
744634155  
Creative Work    Siddha Yoga  
Until 1.54PM then Amrita Yoga  
Until 9:07PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**    2:33PM – 3:43PM    **Punarvasu Until 9:07PM**  
**Yama**      12:13PM – 1:23PM    **Brahma Until 9:53PM**  
**Rahu**       3:43PM – 4:53PM      **Vanija Until 2:31PM**  
**Tritiya Until 12:48AM Mon**  
**Ganesha:** Clear    *Sunrise: 7:34AM*  
**Muruga:** Yellow    *Sunset: 4:53PM*  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**  
**Devaloka Day**  
*Sadhu Paksha*

*Pittsburgh, PA*  
*Sun 1    Sutra 24c*  
*Sarvadhari 511c*  
*Moon 12 - Phase 3d*  
*1st Phase*

**1 Monday, December 15, 2008**

Kataka Rasi: 8.48      Tithi 19  
**Family Home Evening**    744634155  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    1:24PM – 2:34PM    **Pushya Until 6:35PM**  
**Yama**      11:04AM – 12:14PM    **Indra Until 6:00PM**  
**Rahu**       8:44AM – 9:54AM      **Bava Until 11:16AM**  
**Markali Pillaiyar**  
**Chaturthi\* Until 9:33PM**  
**Ganesha:** Clear    *Sunrise: 7:34AM*  
**Muruga:** Yellow    *Sunset: 4:53PM*  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Markali**  
**Devaloka Day**

*Pittsburgh, PA*  
*Sun 2    Sutra 24d*  
*Sarvadhari 511c*  
*Moon 12 - Phase 3d*  
*1st Phase*

**2 Tuesday, December 16, 2008**

Kataka Rasi: 23.2      Tithi 20  
844634155  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Aslesha/Magha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    12:14PM – 1:24PM    **Aslesha\* Until 5:26PM**  
**Yama**      9:55AM – 11:05AM    **Vaidhriti\* Until 3:15PM**  
**Rahu**       2:34PM – 3:44PM      **Kaulava Until 8:53AM**  
**Panchami Until 7:57PM**  
**Ganesha:** White    *Sunrise: 7:35AM*  
**Muruga:** Yellow    *Sunset: 4:54PM*  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Markali**  
**Sivaloka Day**

*Pittsburgh, PA*  
*Sun 3    Sutra 24e*  
*Sarvadhari 511c*  
*Moon 12 - Phase 3d*  
*1st Phase*

**3 Wednesday, December 17, 2008**

Simha Rasi: 7.25      Tithi 21  
854634155  
Creative Work    Siddha Yoga  
Until 1.56PM then Amrita Yoga  
Until 4:09PM then no yoga

Sarvadhari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Vishkambha\*/Priti Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    11:05AM – 12:15PM    **Magha\* Until 4:09PM**  
**Yama**      8:46AM – 9:55AM      **Vishkambha\* Until 12:25PM**  
**Rahu**       12:15PM – 1:25PM      **Gara Until 6:55AM**  
**Ashram Sadhana**  
**Shasthi\* Until 5:59PM**  
**Ganesha:** Clear    *Sunrise: 7:36AM*  
**Muruga:** Yellow    *Sunset: 4:54PM*  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**  
**Devaloka Day**

*Pittsburgh, PA*  
*Sun 4    Sutra 24f*  
*Sarvadhari 511c*  
*Moon 12 - Phase 3d*  
*1st Phase*

**4 Thursday, December 18, 2008**

Simha Rasi: 21.02      Tithi 22 – 23  
854634155  
No Yoga  
Until 1.56PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni\*/Uttaraphalguni\* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlami\* Yam Titau  
**Gulika**    9:56AM – 11:06AM    **Purvaphalguni\* Until 4:24PM**  
**Yama**      7:36AM – 8:46AM      **Priti Until 10:39AM**  
**Rahu**       1:25PM – 2:35PM      **Balava Until 5:47AM Fri**  
**Saptami Until 5:47PM**  
**Ganesha:** Clear    *Sunrise: 7:36AM*  
**Muruga:** Yellow    *Sunset: 4:55PM*  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**  
**Devaloka Day**

*Pittsburgh, PA*  
*Sun 5    Sutra 24g*  
*Sarvadhari 511c*  
*Moon 12 - Phase 3d*  
*1st Phase*

**Friday, December 19, 2008**  
**Retreat Star**

Kanya Rasi: 4.13      Tithi 23 – 24  
854634155  
Creative Work    Siddha Yoga  
Until 1.57PM then Marana Yoga

Sarvadhari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni\*/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**    8:47AM – 9:56AM      **Uttaraphalguni Until 4:40PM**  
**Yama**      2:35PM – 3:45PM      **Ayushman Until 9:09AM**  
**Rahu**       11:06AM – 12:16PM    **Taitila Until 5:27AM Sat**  
**Ashtami\* Until 5:27PM**  
**Ganesha:** Clear    *Sunrise: 7:37AM*  
**Muruga:** Yellow    *Sunset: 4:55PM*  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**  
**Devaloka Day**

*Pittsburgh, PA*  
*Sun 6    Sutra 25i*  
*Sarvadhari 511c*  
*Moon 12 - Phase 3d*  
*Ashtam.*

**Saturday, December 20, 2008**  
**Retreat Star**

Kanya Rasi: 17.02      Tithi 24  
864634155  
Routine Work    Marana Yoga  
Until 1.57PM then Amrita Yoga  
Until 5:38PM then Siddha Yoga

Sarvadhari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Saubhagya/Sobhana Yoga Gara Karana Navami\* Yam Titau  
**Gulika**    7:37AM – 8:47AM      **Hasta Until 5:38PM**  
**Yama**      1:26PM – 2:36PM      **Saubhagya Until 8:18AM**  
**Rahu**       9:57AM – 11:07AM    **Gara Until 8:01AM Sun**  
**Navami\* Until 6:56PM**  
**Ganesha:** Purple    *Sunrise: 7:37AM*  
**Muruga:** Yellow    *Sunset: 4:56PM*  
**Nataraja:** Red  
Moon – Green  
**Margasira-Markali**  
**Sivaloka Day**  
**Iraivan Day—Town Trip**

*Pittsburgh, PA*  
*Sun 7    Sutra 25j*  
*Sarvadhari 511c*  
*Moon 12 - Phase 3d*  
*Navam.*

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11–12. UpM, 94

# 1 Sunday, December 21, 2008

Sarvadhari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Sobhana/Athiganda\* Yoga Vanija/Visti\* Karana Dasami Yam Titau

Pittsburgh, PA  
Sun 8 Sutra 253  
Sarvadhari 511c

Kanya Rasi: 29.32 Tithi 25  
864634155  
Creative Work Siddha Yoga  
Until 1.58PM then Prabalarishta Yoga  
Until 8:15PM then Amrita Yoga

Gulika 2:36PM – 3:46PM  
Yama 12:17PM – 1:27PM  
Rahu 3:46PM – 4:56PM  
Day 1 of Pancha Ganapati

Chitra Until 8:15PM  
Sobhana Until 8:07AM  
Vanija Until 6:57AM  
Dasami Until 8:03PM

Ganesha: Purple Sunrise: 7:38AM  
Muruga: Yellow Sunset: 4:56PM  
Nataraja: Red  
Moon – Green  
Margasira-Markali

Sivaloka Day

Gurudeva Pada Puja 6AM

# 2 Monday, December 22, 2008

Sarvadhari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati Nakshatra Athiganda\*/Sukarma Yoga Bava/Balava Karana Ekadasi\* Yam Titau

Pittsburgh, PA  
Sun 9 Sutra 254  
Sarvadhari 511c

Tula Rasi: 11.49 Tithi 26  
Family Home Evening 865634155  
Creative Work Amrita Yoga  
Until 1.58PM then Siddha Yoga  
Until 10:22PM then Marana Yoga

Gulika 1:27PM – 2:37PM  
Yama 11:08AM – 12:17PM  
Rahu 8:48AM – 9:58AM  
Day 2 of Pancha Ganapati

Svati Until 10:22PM  
Athiganda\* Until 8:11AM  
Bava Until 8:34AM  
Ekadasi\* Until 9:40PM

Ganesha: Clear Sunrise: 7:38AM  
Muruga: Yellow Sunset: 4:57PM  
Nataraja: Red  
Moon – Green  
Margasira-Markali

Devaloka Day

# 3 Tuesday, December 23, 2008

Sarvadhari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Visakha Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvadasi\* Yam Titau

Pittsburgh, PA  
Sun 10 Sutra 255  
Sarvadhari 511c

Tula Rasi: 23.55 Tithi 27  
875634155  
Routine Work Marana Yoga  
Until 1.59PM then Siddha Yoga

Gulika 12:18PM – 1:28PM  
Yama 9:58AM – 11:08AM  
Rahu 2:38PM – 3:47PM  
Day 3 of Pancha Ganapati

Visakha Until 12:49AM Wed  
Sukarma Until 8:34AM  
Kaulava Until 10:34AM  
Dvadasi\* Until 11:39PM

Ganesha: Purple Sunrise: 7:39AM  
Muruga: Yellow Sunset: 4:57PM  
Nataraja: Red  
Moon – Orange  
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

# 4 Wednesday, December 24, 2008

Sarvadhari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Trayodasi\* Yam Titau

Pittsburgh, PA  
Sun 11 Sutra 256  
Sarvadhari 511c

Vrischika Rasi: 5.55 Tithi 28  
875634155  
Creative Work Siddha Yoga

Gulika 11:09AM – 12:18PM  
Yama 8:49AM – 9:59AM  
Rahu 12:18PM – 1:28PM  
Day 4 of Pancha Ganapati

Anuradha Until 3:31AM Thu  
Dhriti Until 9:11AM  
Gara Until 12:49PM  
Trayodasi\* Until 1:55AM Thu  
Pradosha Vrata (Fasting)

Ganesha: Purple Sunrise: 7:39AM  
Muruga: Yellow Sunset: 4:58PM  
Nataraja: Red  
Moon – Orange  
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

# 5 Thursday, December 25, 2008

Sarvadhari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Shula\*/Ganda\* Yoga Visti\*/Sakuni\* Karana Chaturdasi\* Yam Titau

Pittsburgh, PA  
Sun 12 Sutra 257  
Sarvadhari 511c

Vrischika Rasi: 17.49 Tithi 29  
875634156  
Creative Work Siddha Yoga  
Until 2.00PM then Prabalarishta Yoga  
Until 6:41AM Fri then no yoga

Gulika 9:59AM – 11:09AM  
Yama 7:40AM – 8:49AM  
Rahu 1:29PM – 2:39PM  
Day 5 of Pancha Ganapati

Jyeshtha\* Until 6:41AM Fri  
Shula\* Until 9:57AM  
Visti Until 3:16PM  
Chaturdasi\* Until 4:21AM Fri

Ganesha: Purple Sunrise: 7:40AM  
Muruga: Yellow Sunset: 4:58PM  
Nataraja: Yellow  
Moon – Orange  
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

# Friday, December 26, 2008 Retreat Star

Sarvadhari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Ganda\*/Vridhi Yoga Catuspada\* Karana Amavasya\* Yam Titau

Pittsburgh, PA  
Sun 13 Sutra 258  
Sarvadhari 511c

Vrischika Rasi: 29.4 Tithi 30  
875634156  
Routine Work Prabalarishta Yoga  
Until 6:41AM then no yoga  
Until 2.00PM then Siddha Yoga

Gulika 8:50AM – 10:00AM  
Yama 2:39PM – 3:49PM  
Rahu 11:10AM – 12:19PM

Jyeshtha\* Until 6:41AM  
Ganda\* Until 10:48AM  
Catuspada Until 5:49PM  
Amavasya\* Until 7:20AM Sat  
Siddhidatta Day—Town Trip

Ganesha: Purple Sunrise: 7:40AM  
Muruga: Yellow Sunset: 4:59PM  
Nataraja: Yellow  
Moon – Orange  
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

# Saturday, December 27, 2008 Retreat Star

Sarvadhari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Vridhi/Dhruva Yoga Naga\*/Kintughna\* Karana Amavasya\*/Prathama\* Yam Titau

Pittsburgh, PA  
Sun 14 Sutra 259  
Sarvadhari 511c

Dhanus Rasi: 11.29 Tithi 30 – 1  
885634156  
Creative Work Siddha Yoga  
Until 9:42AM then Marana Yoga  
Until 2.01PM then Siddha Yoga

Gulika 7:40AM – 8:50AM  
Yama 1:30PM – 2:40PM  
Rahu 10:00AM – 11:10AM

Mula\* Until 9:42AM  
Vridhi Until 11:43AM  
Kintughna Until 8:25PM  
Amavasya\* Until 7:20AM

Ganesha: Light Blue Sunrise: 7:40AM  
Muruga: Yellow Sunset: 5:00PM  
Nataraja: Yellow  
Moon – Light Blue  
Pausha-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

# 1 Sunday, December 28, 2008

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Prathama\*/Dvitiya Yam Titau

Pittsburgh, PA  
Sun 15 Sutra 26c  
Sarvadhari 511c

Dhanus Rasi: 23.19 Tithi 1 – 2  
885634156  
Creative Work Siddha Yoga  
Until 12:43PM then Amrita Yoga  
Until 2.01PM then Marana Yoga

**Gulika** 2:40PM – 3:50PM  
**Yama** 12:20PM – 1:30PM  
**Rahu** 3:50PM – 5:00PM

**Purvashadha\* Until 12:43PM**  
Dhruva Until 12:37PM  
Balava Until 11:01PM  
**Prathama\* Until 9:56AM**

**Ganesha:** Light Blue *Sunrise:* 7:40AM  
**Muruga:** Yellow *Sunset:* 5:00PM  
**Nataraja:** Yellow  
Moon – Light Blue  
**Pausha-Markali**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

# 2 Monday, December 29, 2008

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam  
Uttarashadha\*/Savana Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Tailila Karana Dvitiya/Tritiya Yam Titau

Pittsburgh, PA  
Sun 16 Sutra 26i  
Sarvadhari 511c

Makara Rasi: 5.1 Tithi 2 – 3  
**Family Home Evening** 885734156  
Routine Work Marana Yoga  
Until 2.02PM then Prabalarishta Yoga  
Until 3.39PM then Siddha Yoga

**Gulika** 1:31PM – 2:41PM  
**Yama** 11:11AM – 12:21PM  
**Rahu** 8:51AM – 10:01AM

**Uttarashadha Until 3:39PM**  
Vyaghata\* Until 1:27PM  
Tailila Until 1:33AM Tue  
**Dvitiya Until 12:27PM**

**Ganesha:** Orange *Sunrise:* 7:41AM  
**Muruga:** Yellow *Sunset:* 5:01PM  
**Nataraja:** Yellow  
Moon – Light Blue  
**Pausha-Markali**

**Devaloka Day**

# 3 Tuesday, December 30, 2008

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam  
Savana Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Tritiya/Chaturthi\* Yam Titau

Pittsburgh, PA  
Sun 17 Sutra 26j  
Sarvadhari 511c

Makara Rasi: 17.07 Tithi 3 – 4  
895734156  
Creative Work Siddha Yoga  
Until 6:27PM then Prabalarishta Yoga

**Gulika** 12:21PM – 1:32PM  
**Yama** 10:01AM – 11:11AM  
**Rahu** 2:42PM – 3:52PM

**Savana Until 6:27PM**  
Harshana Until 2:09PM  
Vanija Until 3:55AM Wed  
**Tritiya Until 2:49PM**

**Ganesha:** Clear *Sunrise:* 7:41AM  
**Muruga:** Yellow *Sunset:* 5:02PM  
**Nataraja:** Yellow  
Moon – Purple  
**Pausha-Markali**

**Devaloka Day**

# 4 Wednesday, December 31, 2008

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam  
Dhanishtha Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Chaturthi\*/Panchami Yam Titau

Pittsburgh, PA  
Sun 18 Sutra 26k  
Sarvadhari 511c

Makara Rasi: 29.1 Tithi 4 – 5  
895734156  
Routine Work Prabalarishta Yoga  
Until 2.03PM then Siddha Yoga  
Until 9:01PM then Marana Yoga

**Gulika** 11:12AM – 12:22PM  
**Yama** 8:51AM – 10:02AM  
**Rahu** 12:22PM – 1:32PM

**Dhanishtha Until 9:01PM**  
Vajra\* Until 2:38PM  
Bava Until 6:01AM Thu  
**Chaturthi\* Until 4:56PM**

**Ganesha:** Clear *Sunrise:* 7:41AM  
**Muruga:** Yellow *Sunset:* 5:03PM  
**Nataraja:** Yellow  
Moon – Purple  
**Pausha-Markali**

**Devaloka Day**

# 5 Thursday, January 1, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam  
Satabhisha Nakshatra Siddhi/Vyatipata\* Yoga Balava Karana Panchami Yam Titau

Pittsburgh, PA  
Sun 19 Sutra 26l  
Sarvadhari 511c

Kumbha Rasi: 11.23 Tithi 5  
896734156  
Routine Work Marana Yoga  
Until 2.03PM then Siddha Yoga

**Gulika** 10:02AM – 11:12AM  
**Yama** 7:41AM – 8:51AM  
**Rahu** 1:32PM – 2:42PM

**Satabhisha Until 11:14PM**  
Siddhi Until 2:48PM  
Balava Until 7:45AM Fri  
**Panchami Until 6:40PM**

**Ganesha:** Purple *Sunrise:* 7:41AM  
**Muruga:** Yellow *Sunset:* 5:03PM  
**Nataraja:** Yellow  
Moon – Purple  
**Pausha-Markali**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

# 6 Friday, January 2, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam  
Purvaprostapada\* Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Tailila Karana Shasthi\* Yam Titau

Pittsburgh, PA  
Sun 20 Sutra 26m  
Sarvadhari 511c

Kumbha Rasi: 23.5 Tithi 6  
816734156  
Creative Work Siddha Yoga

**Gulika** 8:51AM – 10:02AM  
**Yama** 2:43PM – 3:53PM  
**Rahu** 11:12AM – 12:22PM

**Purvaprostapada\* Until 11:32PM**  
Vyatipata\* Until 1:55PM  
Kaulava Until 6:44AM  
**Shasthi\* Until 6:44PM**

**Ganesha:** Green *Sunrise:* 7:41AM  
**Muruga:** Yellow *Sunset:* 5:04PM  
**Nataraja:** Yellow  
Moon – Clear  
**Pausha-Markali**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

## Vinayaga Viratam

# Saturday, January 3, 2009 Retreat Star

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam  
Uttaraprostapada Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Saptami Yam Titau

Pittsburgh, PA  
Sun 21 Sutra 26n  
Sarvadhari 511c

Meena Rasi: 7 Tithi 7  
816734156  
Creative Work Siddha Yoga  
Until 2.04PM then Amrita Yoga

**Gulika** 7:41AM – 8:52AM  
**Yama** 1:33PM – 2:44PM  
**Rahu** 10:02AM – 11:12AM

**Uttaraprostapada Until 12:35AM Sun**  
Variyan Until 1:10PM  
Gara Until 7:15AM  
**Saptami Until 7:15PM**

**Ganesha:** Green *Sunrise:* 7:41AM  
**Muruga:** Yellow *Sunset:* 5:05PM  
**Nataraja:** Yellow  
Moon – Clear  
**Pausha-Markali**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Siddhidatta Day—Town Trip

# Sunday, January 4, 2009 Retreat Star

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Revati Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Ashtami\* Yam Titau

Pittsburgh, PA  
Sun 22 Sutra 26o  
Sarvadhari 511c

Meena Rasi: 19.43 Tithi 8  
816734156  
Creative Work Amrita Yoga  
Until 2.04PM then Siddha Yoga

**Gulika** 2:44PM – 3:55PM  
**Yama** 12:23PM – 1:34PM  
**Rahu** 3:55PM – 5:05PM

**Revati Until 11:38PM**  
Parigha\* Until 11:24AM  
Visti Until 6:58AM  
**Ashtami\* Until 6:03PM**

**Ganesha:** Green *Sunrise:* 7:41AM  
**Muruga:** Yellow *Sunset:* 5:05PM  
**Nataraja:** Yellow  
Moon – Clear  
**Pausha-Markali**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

# Monday, January 5, 2009 Retreat Star

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam  
Asvini Nakshatra Shiva/Siddha Yoga Balava/Tailila Karana Navami\*/Dasami Yam Titau

Pittsburgh, PA  
Sun 23 Sutra 26p  
Sarvadhari 511c

Mesha Rasi: 3.15 Tithi 9 – 10  
**Family Home Evening** 826734156  
Creative Work Siddha Yoga

**Gulika** 1:34PM – 2:45PM  
**Yama** 11:13AM – 12:24PM  
**Rahu** 8:52AM – 10:03AM

**Asvini Until 11:17PM**  
Shiva Until 9:27AM  
Balava Until 6:01AM  
**Navami\* Until 5:06PM**

**Ganesha:** Red *Sunrise:* 7:41AM  
**Muruga:** Yellow *Sunset:* 5:06PM  
**Nataraja:** Yellow  
Moon – White  
**Pausha-Markali**

**Devaloka Day**

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH, 262

# 1 Tuesday, January 6, 2009

Mesha Rasi: 17.13    Tithi 10 – 11  
826734156  
Creative Work    Siddha Yoga  
Until 2.05PM then Marana Yoga  
Until 10:11PM then Amrita Yoga

Sarvadhari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam *Pittsburgh, PA*  
Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau *Sun 24    Sutra 265*  
**Gulika** 12:24PM – 1:35PM **Bharani Until 10:11PM** **Ganesha:** Red *Sunrise: 7:41AM* *Sarvadhari 511c*  
**Yama** 10:03AM – 11:14AM **Siddha Until 6:47AM** **Muruga:** Yellow *Sunset: 5:07PM* *Moon 12 - Phase 3;*  
**Rahu** 2:46PM – 3:56PM **Vanija Until 2:25AM Wed** **Nataraja:** Yellow *4th Phase*  
**Dasami Until 3:20PM** **Moon – White** **Devaloka Day**  
**Pausha-Markali**

# 2 Wednesday, January 7, 2009

Vrishabha Rasi: 1.37    Tithi 11 – 12  
826734156  
Creative Work    Amrita Yoga  
Until 2.05PM then Marana Yoga

Sarvadhari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam *Pittsburgh, PA*  
Krittika Nakshatra Subha Yoga Visti\*/Bava Karana Ekadasi/Dvadasi Yam Titau *Sun 25    Sutra 276*  
**Gulika** 11:14AM – 12:25PM **Krittika Until 7:24PM** **Ganesha:** Red *Sunrise: 7:41AM* *Sarvadhari 511c*  
**Yama** 8:52AM – 10:03AM **Subha Until 11:37PM** **Muruga:** Yellow *Sunset: 5:08PM* *Moon 12 - Phase 3;*  
**Rahu** 12:25PM – 1:36PM **Bava Until 10:36PM** **Nataraja:** Yellow *4th Phase*  
**Ekadasi Until 12:18PM** **Moon – White** **Devaloka Day**  
**Pausha-Markali**

# 3 Thursday, January 8, 2009

Vrishabha Rasi: 16.24    Tithi 12 – 13  
837734156  
Routine Work    Marana Yoga  
Until 5:06PM then Siddha Yoga

Sarvadhari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam *Pittsburgh, PA*  
Rohini/Mrigasira Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau *Sun 26    Sutra 271*  
**Gulika** 10:03AM – 11:14AM **Rohini Until 5:06PM** **Ganesha:** Blue *Sunrise: 7:41AM* *Sarvadhari 511c*  
**Yama** 7:41AM – 8:52AM **Sukla Until 7:55PM** **Muruga:** Yellow *Sunset: 5:09PM* *Moon 12 - Phase 3;*  
**Rahu** 1:36PM – 2:47PM **Kaulava Until 7:35PM** **Nataraja:** Yellow *4th Phase*  
**Dvadasi Until 9:18AM** **Moon – Yellow** **Bhuloka Day**  
**Pradosha Vrata** **Devaloka Time: 3:PM to 6:PM**  
**Pausha-Markali**

# 4 Friday, January 9, 2009

Mithuna Rasi: 1.26    Tithi 14  
837734156  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam *Pittsburgh, PA*  
Mrigasira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdasi\* Yam Titau *Sun 27    Sutra 272*  
**Gulika** 8:52AM – 10:03AM **Mrigasira Until 2:22PM** **Ganesha:** Blue *Sunrise: 7:41AM* *Sarvadhari 511c*  
**Yama** 2:48PM – 3:59PM **Brahma Until 3:50PM** **Muruga:** Yellow *Sunset: 5:10PM* *Moon 12 - Phase 3;*  
**Rahu** 11:14AM – 12:26PM **Gara Until 4:07PM** **Nataraja:** Yellow *4th Phase*  
**Chaturdasi\* Until 2:24AM Sat** **Moon – Yellow** **Bhuloka Day**  
**Pausha-Markali** **Devaloka Time: 3:PM to 6:PM**

# ○ Saturday, January 10, 2009 Copper Retreat Star

Mithuna Rasi: 16.38    Tithi 15  
837734156  
Creative Work    Siddha Yoga  
Until 11:24AM then Marana Yoga  
Until 2.07PM then Siddha Yoga

Sarvadhari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam *Pittsburgh, PA*  
Ardra/Punarvasu Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Purnima\* Yam Titau *Sutra 273*  
**Gulika** 7:41AM – 8:52AM **Ardra Until 11:24AM** **Ganesha:** Blue *Sunrise: 7:41AM* *Sarvadhari 511c*  
**Yama** 1:37PM – 2:49PM **Indra Until 11:31AM** **Muruga:** Yellow *Sunset: 5:11PM* *Moon 12 - Phase 3;*  
**Rahu** 10:03AM – 11:15AM **Visti Until 12:24PM** **Nataraja:** Yellow *Purnima*  
**Purnima\* Until 10:41PM** **Moon – Yellow** **Kadavul Ardra Abhishekam**  
**Pausha-Markali** **Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**  
**Tiruvembavai** **Siddhidatta Day—Town Trip**

# Sunday, January 11, 2009 Silver Retreat Star

Kataka Rasi: 1.47    Tithi 16  
847734156  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam *Pittsburgh, PA*  
Punarvasu/Pushya Nakshatra Vaidhriti\*/Vishkambha\* Yoga Balava/Kaulava Karana Prathama\* Yam Titau *Sutra 274*  
**Gulika** 2:49PM – 4:01PM **Punarvasu Until 8:28AM** **Ganesha:** Red *Sunrise: 7:41AM* *Sarvadhari 511c*  
**Yama** 12:26PM – 1:38PM **Vaidhriti\* Until 7:14AM** **Muruga:** Yellow *Sunset: 5:12PM* *Moon 12 - Phase 3;*  
**Rahu** 4:01PM – 5:12PM **Balava Until 8:43AM** **Nataraja:** Yellow *Prathama*  
**Prathama\* Until 7:00PM** **Moon – Blue** **Devaloka Day**  
**Pausha-Markali**



Monday, January 12, 2009

Gold Retreat Star

Kataka Rasi: 16.47 Tithi 18 - 18  
Family Home Evening 847734156  
Creative Work Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam  
Aslesha\* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika** 1:38PM - 2:50PM  
**Yama** 11:15AM - 12:27PM  
**Rahu** 8:52AM - 10:04AM  
**Aslesha\* Until 3:08AM Tue**  
Priti Until 11:13PM  
Vanija Until 1:54AM Tue  
Dvitiya Until 3:37PM

**Ganesha:** Red *Sunrise: 7:40AM*  
**Muruga:** Yellow *Sunset: 5:13PM*  
**Nataraja:** Yellow  
Moon - Blue  
**Devaloka Day**  
**Pausha-Markali**

*Pittsburgh, PA*  
*Sun 1 Sutra 275*  
*Sarvadhari 511c*  
*Moon 13 - Phase 3b*  
*1st Phase*

# 1 Tuesday, January 13, 2009

Simha Rasi: 1.28 Tithi 18 - 19  
857734156  
Creative Work Siddha Yoga  
Until 2:20AM Wed then Amrita Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Magha\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika** 12:27PM - 1:39PM  
**Yama** 10:04AM - 11:15AM  
**Rahu** 2:51PM - 4:03PM  
**Magha\* Until 2:20AM Wed**  
Ayushman Until 8:35PM  
Bava Until 12:22AM Wed  
Tritiya Until 1:17PM

**Ganesha:** Green *Sunrise: 7:40AM*  
**Muruga:** Yellow *Sunset: 5:14PM*  
**Nataraja:** Yellow  
Moon - Red  
**Devaloka Day**  
**Pausha-Thai**  
**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

*Pittsburgh, PA*  
*Sun 2 Sutra 276*  
*Sarvadhari 511c*  
*Moon 13 - Phase 3b*  
*1st Phase*

# 2 Wednesday, January 14, 2009

Simha Rasi: 15.45 Tithi 19 - 20  
857734156  
Creative Work Amrita Yoga  
Until 2:08PM then no yoga  
Until 12:43AM Thu then Prabalarishta Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yukhtayam  
Purvaphalguni\* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika** 11:16AM - 12:28PM  
**Yama** 8:52AM - 10:04AM  
**Rahu** 12:28PM - 1:40PM  
**Purvaphalguni\* Until 12:43AM Thu**  
Saubhagya Until 5:26PM  
Kaulava Until 10:02PM  
Chaturthi\* Until 10:57AM

**Ganesha:** Green *Sunrise: 7:40AM*  
**Muruga:** Yellow *Sunset: 5:15PM*  
**Nataraja:** Yellow  
Moon - Red  
**Devaloka Day**  
**Pausha-Thai**  
**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

*Pittsburgh, PA*  
*Sun 3 Sutra 277*  
*Sarvadhari 511c*  
*Moon 13 - Phase 3b*  
*1st Phase*

# 3 Thursday, January 15, 2009

Simha Rasi: 29.34 Tithi 20 - 21  
858734156  
Routine Work Prabalarishta Yoga  
Until 2:09PM then Siddha Yoga  
Until 1:15AM Fri then Amrita Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yukhtayam  
Uttaraphalguni Nakshatra Sobhana/Ahiganda\* Yoga Tailila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika** 10:04AM - 11:16AM  
**Yama** 7:39AM - 8:51AM  
**Rahu** 1:40PM - 2:52PM  
**Uttaraphalguni Until 1:15AM Fri**  
Sobhana Until 3:40PM  
Gara Until 9:46PM  
Panchami Until 9:46AM

**Ganesha:** White *Sunrise: 7:39AM*  
**Muruga:** Yellow *Sunset: 5:17PM*  
**Nataraja:** Yellow  
Moon - Red  
**Devaloka Day**  
**Pausha-Thai**  
**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

*Pittsburgh, PA*  
*Sun 4 Sutra 278*  
*Sarvadhari 511c*  
*Moon 13 - Phase 3b*  
*1st Phase*

# 4 Friday, January 16, 2009

Kanya Rasi: 12.56 Tithi 21 - 22  
868734156  
Creative Work Amrita Yoga  
Until 2:09PM then Marana Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Hasta Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika** 8:51AM - 10:04AM  
**Yama** 2:53PM - 4:05PM  
**Rahu** 11:16AM - 12:28PM  
**Hasta Until 1:12AM Sat**  
Athiganda\* Until 1:53PM  
Visti Until 9:05PM  
Shasthi\* Until 9:05AM

**Ganesha:** Clear *Sunrise: 7:39AM*  
**Muruga:** Yellow *Sunset: 5:18PM*  
**Nataraja:** Yellow  
Moon - Green  
**Devaloka Day**  
**Pausha-Thai**

*Pittsburgh, PA*  
*Sun 5 Sutra 279*  
*Sarvadhari 511c*  
*Moon 13 - Phase 3b*  
*1st Phase*

# Retreat Star

Kanya Rasi: 25.52 Tithi 22 - 23  
868734156  
Routine Work Marana Yoga  
Until 2:09PM then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yukhtayam  
Chitra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika** 7:38AM - 8:51AM  
**Yama** 1:41PM - 2:54PM  
**Rahu** 10:04AM - 11:16AM  
**Chitra Until 1:56AM Sun**  
Sukarma Until 12:49PM  
Balava Until 9:15PM  
Saptami Until 9:15AM

**Ganesha:** Clear *Sunrise: 7:38AM*  
**Muruga:** Yellow *Sunset: 5:19PM*  
**Nataraja:** Yellow  
Moon - Green  
**Devaloka Day**  
**Pausha-Thai**

*Pittsburgh, PA*  
*Sun 6 Sutra 280*  
*Sarvadhari 511c*  
*Moon 13 - Phase 3b*  
*Ashtam.*

Town Trip

Gurudeva Pada Puja 12PM

# Retreat Star

Tula Rasi: 8.26 Tithi 23 - 24  
868734156  
Creative Work Siddha Yoga  
Until 2:10PM then Amrita Yoga  
Until 5:08AM Mon then Marana Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Svati Nakshatra Dhriti/Shula\* Yoga Kaulava/Tailila Karana Ashtami\*/Navami\* Yam Titau

**Gulika** 2:54PM - 4:07PM  
**Yama** 12:29PM - 1:42PM  
**Rahu** 4:07PM - 5:20PM  
**Svati Until 5:08AM Mon**  
Dhriti Until 12:52PM  
Tailila Until 11:37PM  
Ashtami\* Until 10:31AM

**Ganesha:** Clear *Sunrise: 7:38AM*  
**Muruga:** Yellow *Sunset: 5:20PM*  
**Nataraja:** Yellow  
Moon - Green  
**Devaloka Day**  
**Pausha-Thai**

*Pittsburgh, PA*  
*Sun 7 Sutra 281*  
*Sarvadhari 511c*  
*Moon 13 - Phase 3b*  
*Navam.*

Iraivan Day

# 1 Monday, January 19, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Visakha Nakshatra Shula\*/Ganda\* Yoga Gara/Vanija Karana Navami\*/Dasami\* Yam Titau

Pittsburgh, PA

Sun 8 Sutra 28z

Sarvadhari 511z

Tula Rasi: 20.43 Tithi 24 – 25  
Family Home Evening 878734156  
Routine Work Marana Yoga  
Until 7:07AM Tue then Siddha Yoga

**Gulika** 1:42PM – 2:55PM  
**Yama** 11:16AM – 12:29PM  
**Rahu** 8:50AM – 10:03AM  
**Visakha Until 7:07AM Tue**  
Shula\* Until 12:56PM  
Vanija Until 1:14AM Tue  
**Navami\* Until 12:08PM**

**Ganesha:** Purple *Sunrise: 7:38AM*  
**Muruga:** Yellow *Sunset: 5:21PM*  
**Nataraja:** Yellow  
Moon – Orange  
**Pausha\*Thai**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

# 2 Tuesday, January 20, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Visakha/Anuradha Nakshatra Ganda\*/Vridhhi Yoga Visti\*/Bava Karana Dasami\*/Ekadasi\* Yam Titau

Pittsburgh, PA

Sun 9 Sutra 28z

Sarvadhari 511z

Vrischika Rasi: 2.47 Tithi 25 – 26  
878734156  
Routine Work Marana Yoga  
Until 7:07AM then Siddha Yoga

**Gulika** 12:30PM – 1:43PM  
**Yama** 10:03AM – 11:16AM  
**Rahu** 2:56PM – 4:09PM  
**Visakha Until 7:07AM**  
Ganda\* Until 1:24PM  
Bava Until 3:18AM Wed  
**Dasami Until 2:13PM**

**Ganesha:** Purple *Sunrise: 7:37AM*  
**Muruga:** Yellow *Sunset: 5:22PM*  
**Nataraja:** Yellow  
Moon – Orange  
**Pausha\*Thai**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

# 3 Wednesday, January 21, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Ekadasi\*/Dvadasi\* Yam Titau

Pittsburgh, PA

Sun 10 Sutra 28z

Sarvadhari 511z

Vrischika Rasi: 14.42 Tithi 26 – 27  
879734156  
Creative Work Siddha Yoga

**Gulika** 11:16AM – 12:30PM  
**Yama** 8:50AM – 10:03AM  
**Rahu** 12:30PM – 1:43PM  
**Anuradha Until 9:56AM**  
Vridhhi Until 2:08PM  
Kaulava Until 5:42AM Thu  
**Ekadasi\* Until 4:37PM**

**Ganesha:** Clear *Sunrise: 7:36AM*  
**Muruga:** Yellow *Sunset: 5:23PM*  
**Nataraja:** Yellow  
Moon – Orange  
**Pausha\*Thai**

**Devaloka Day**

# 4 Thursday, January 22, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Tailita Karana Dvadasi\* Yam Titau

Pittsburgh, PA

Sun 11 Sutra 28z

Sarvadhari 511z

Vrischika Rasi: 26.32 Tithi 27  
879734156  
Creative Work Siddha Yoga  
Until 2:11PM then no yoga

**Gulika** 10:03AM – 11:17AM  
**Yama** 7:36AM – 8:49AM  
**Rahu** 1:44PM – 2:57PM  
**Jyeshtha\* Until 12:56PM**  
Dhruva Until 3:01PM  
Kaulava Until 6:05AM  
**Dvadasi\* Until 7:11PM**

**Ganesha:** Clear *Sunrise: 7:36AM*  
**Muruga:** Yellow *Sunset: 5:24PM*  
**Nataraja:** Yellow  
Moon – Orange  
**Pausha\*Thai**

**Devaloka Day**

# 5 Friday, January 23, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Vyaghata\*/Harshana Yoga Gara/Vanija Karana Trayodasi\* Yam Titau

Pittsburgh, PA

Sun 12 Sutra 28z

Sarvadhari 511z

Dhanus Rasi: 8.21 Tithi 28  
889834156  
No Yoga  
Until 2:11PM then Siddha Yoga  
Until 3:58PM then Marana Yoga

**Gulika** 8:49AM – 10:03AM  
**Yama** 2:58PM – 4:12PM  
**Rahu** 11:17AM – 12:30PM  
**Mula\* Until 3:58PM**  
Vyaghata\* Until 3:57PM  
Gara Until 8:44AM  
**Trayodasi\* Until 9:49PM**  
Pradosha Vrata (Fasting)

**Ganesha:** Light Blue *Sunrise: 7:35AM*  
**Muruga:** Yellow *Sunset: 5:26PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Pausha\*Thai**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

# 6 Saturday, January 24, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Harshana/Vajra\* Yoga Visti\*/Sakuni\* Karana Chaturdasi\* Yam Titau

Pittsburgh, PA

Sun 13 Sutra 28z

Sarvadhari 511z

Dhanus Rasi: 20.11 Tithi 29  
989834156  
Routine Work Marana Yoga  
Until 2:11PM then Siddha Yoga  
Until 6:59PM then Amrita Yoga

**Gulika** 7:34AM – 8:49AM  
**Yama** 1:45PM – 2:59PM  
**Rahu** 10:03AM – 11:17AM  
**Purvashadha\* Until 6:59PM**  
Harshana Until 4:51PM  
Visti Until 11:19AM  
**Chaturdasi\* Until 12:24AM Sun**

**Ganesha:** Purple *Sunrise: 7:34AM*  
**Muruga:** Yellow *Sunset: 5:27PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Pausha\*Thai**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

# Retreat Star Sunday, January 25, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Vajra\*/Siddhi Yoga Catuspada\*/Naga\* Karana Amavasya\* Yam Titau

Pittsburgh, PA

Sun 14 Sutra 28z

Sarvadhari 511z

Makara Rasi: 2.04 Tithi 30  
989834156  
Creative Work Amrita Yoga  
Until 2:12PM then Marana Yoga  
Until 9:52PM then Amrita Yoga

**Gulika** 2:59PM – 4:14PM  
**Yama** 12:31PM – 1:45PM  
**Rahu** 4:14PM – 5:28PM  
**Uttarashadha Until 9:52PM**  
Vajra\* Until 5:38PM  
Catuspada Until 1:46PM  
**Amavasya\* Until 2:52AM Mon**  
Siddhidatta Day

**Ganesha:** Purple *Sunrise: 7:34AM*  
**Muruga:** Yellow *Sunset: 5:28PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Pausha\*Thai**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

# Monday, January 26, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam  
Sravana Nakshatra Siddhi Yoga Kintughna\*/Bava Karana Prathama\* Yam Titau

Pittsburgh, PA

Sun 15 Sutra 28z

Sarvadhari 511z

Makara Rasi: 14.04 Tithi 1  
999834156  
Family Home Evening  
Creative Work Amrita Yoga  
Until 2:12PM then Siddha Yoga  
Until 12:33AM Tue then Marana Yoga

**Gulika** 1:46PM – 3:00PM  
**Yama** 11:17AM – 12:31PM  
**Rahu** 8:48AM – 10:02AM  
**Sravana Until 12:33AM Tue**  
Siddhi Until 6:14PM  
Kintughna Until 4:01PM  
**Prathama\* Until 5:06AM Tue**  
Town Trip

**Ganesha:** Light Blue *Sunrise: 7:33AM*  
**Muruga:** Yellow *Sunset: 5:29PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Magha\*Thai**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

# 1 Tuesday, January 27, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Dvitiya Yam Titau

Pittsburgh, PA

Sun 16 Sutra 29c

Sarvadhari 511c

Makara Rasi: 26.11 Tithi 2  
999844156  
Routine Work Marana Yoga  
Until 2:12PM then Prabalarishta Yoga  
Until 2:58AM Wed then Siddha Yoga

**Gulika** 12:31PM – 1:46PM  
**Yama** 10:02AM – 11:17AM  
**Rahu** 3:01PM – 4:16PM

**Dhanishtha** Until 2:58AM Wed  
Vyatipata\* Until 6:36PM  
Balava Until 5:57PM  
**Dvitiya** Until 6:27AM Wed

**Ganesha:** Light Blue *Sunrise:* 7:32AM  
**Muruga:** Red *Sunset:* 5:30PM  
**Nataraja:** Yellow  
Moon – Purple  
**Magha-Thai**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

# 2 Wednesday, January 28, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam  
Satabhisha Nakshatra Vriyan Yoga Kaulava/Taitila Karana Tritiya/Tritiya Yam Titau

Pittsburgh, PA

Sun 17 Sutra 29c

Sarvadhari 511c

Kumbha Rasi: 8.28 Tithi 2 – 3  
999844156  
Creative Work Siddha Yoga  
Until 2:12PM then Marana Yoga  
Until 5:04AM Thu then Siddha Yoga

**Gulika** 11:17AM – 12:32PM  
**Yama** 8:46AM – 10:01AM  
**Rahu** 12:32PM – 1:47PM

**Satabhisha** Until 5:04AM Thu  
Vriyan Until 6:39PM  
Taitila Until 7:33PM  
**Dvitiya** Until 6:27AM

**Ganesha:** Light Blue *Sunrise:* 7:31AM  
**Muruga:** Red *Sunset:* 5:32PM  
**Nataraja:** Yellow  
Moon – Purple  
**Magha-Thai**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

# 3 Thursday, January 29, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam  
Purvaprostapada\* Nakshatra Parigaha/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthi\* Yam Titau

Pittsburgh, PA

Sun 18 Sutra 29c

Sarvadhari 511c

Kumbha Rasi: 20.56 Tithi 3 – 4  
911844156  
Creative Work Siddha Yoga

**Gulika** 10:01AM – 11:16AM  
**Yama** 7:31AM – 8:46AM  
**Rahu** 1:47PM – 3:02PM

**Purvaprostapada\*** Until 4:52AM Fri  
Parigaha\* Until 5:29PM  
Vanija Until 7:30PM  
**Tritiya** Until 7:30AM

**Ganesha:** Clear *Sunrise:* 7:31AM  
**Muruga:** Red *Sunset:* 5:33PM  
**Nataraja:** Yellow  
Moon – Clear  
**Magha-Thai**

**Devaloka Day**

# 4 Friday, January 30, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam  
Uttaraprostapada Nakshatra Shiva/Siddha Yoga Vistii/Bava Karana Chaturthi\*/Panchami Yam Titau

Pittsburgh, PA

Sun 19 Sutra 29c

Sarvadhari 511c

Meena Rasi: 3.38 Tithi 4 – 5  
911844156  
Creative Work Siddha Yoga  
Until 6:12AM Sat then Prabalarishta Yoga

**Gulika** 8:45AM – 10:01AM  
**Yama** 3:03PM – 4:19PM  
**Rahu** 11:16AM – 12:32PM

**Uttaraprostapada** Until 6:12AM Sat  
Shiva Until 4:50PM  
Bava Until 8:09PM  
**Chaturthi\*** Until 8:09AM

**Ganesha:** Clear *Sunrise:* 7:30AM  
**Muruga:** Red *Sunset:* 5:34PM  
**Nataraja:** Yellow  
Moon – Clear  
**Magha-Thai**

**Devaloka Day**

# 5 Saturday, January 31, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam  
Uttaraprostapada/Revali Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shasthi\* Yam Titau

Pittsburgh, PA

Sun 20 Sutra 29c

Sarvadhari 511c

Meena Rasi: 16.34 Tithi 5 – 6  
911844156  
Creative Work Siddha Yoga  
Until 6:12AM then Prabalarishta Yoga  
Until 2:13PM then Amrita Yoga

**Gulika** 7:29AM – 8:45AM  
**Yama** 1:48PM – 3:04PM  
**Rahu** 10:00AM – 11:16AM

**Uttaraprostapada** Until 6:12AM  
Siddha Until 3:48PM  
Kaulava Until 8:20PM  
**Panchami** Until 8:20AM

**Ganesha:** Clear *Sunrise:* 7:29AM  
**Muruga:** Red *Sunset:* 5:35PM  
**Nataraja:** Yellow  
Moon – Clear  
**Magha-Thai**

**Devaloka Day**

# 6 Sunday, February 1, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Revati/Asvini Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Shasthi\*/Saptami Yam Titau

Pittsburgh, PA

Sun 21 Sutra 29c

Sarvadhari 511c

Meena Rasi: 29.46 Tithi 6 – 7  
911844156  
Creative Work Amrita Yoga  
Until 6:27AM then Siddha Yoga

**Gulika** 3:04PM – 4:19PM  
**Yama** 12:32PM – 1:48PM  
**Rahu** 4:19PM – 5:35PM

**Revati** Until 6:27AM  
Sadhya Until 1:44PM  
Gara Until 7:58PM  
**Shasthi\*** Until 7:58AM

**Ganesha:** Clear *Sunrise:* 7:29AM  
**Muruga:** Red *Sunset:* 5:35PM  
**Nataraja:** Yellow  
Moon – Clear  
**Magha-Thai**

**Devaloka Day**

# Monday, February 2, 2009

Retreat Star

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam  
Asvini/Bharani Nakshatra Subha/Sukla Yoga Vanija/Vistii\* Karana Saptami/Ashtami\* Yam Titau

Pittsburgh, PA

Sun 22 Sutra 29c

Sarvadhari 511c

Mesha Rasi: 13.14 Tithi 7 – 8  
921844156  
Family Home Evening  
Creative Work Siddha Yoga

**Gulika** 1:48PM – 3:04PM  
**Yama** 11:16AM – 12:32PM  
**Rahu** 8:44AM – 10:00AM

**Asvini** Until 6:09AM  
Subha Until 11:52AM  
Vistii Until 6:01PM  
**Saptami** Until 6:57AM

**Ganesha:** Purple *Sunrise:* 7:28AM  
**Muruga:** Red *Sunset:* 5:36PM  
**Nataraja:** Yellow  
Moon – White  
**Magha-Thai**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

# Tuesday, February 3, 2009

Retreat Star

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam  
Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami\* Yam Titau

Pittsburgh, PA

Sun 23 Sutra 29c

Sarvadhari 511c

Mesha Rasi: 27.02 Tithi 9  
921844156  
Creative Work Siddha Yoga  
Until 2:13PM then Amrita Yoga  
Until 4:13AM Wed then Siddha Yoga

**Gulika** 12:32PM – 1:49PM  
**Yama** 10:00AM – 11:16AM  
**Rahu** 3:05PM – 4:21PM

**Krittika** Until 4:13AM Wed  
Sukla Until 9:30AM  
Balava Until 4:34PM  
**Navami\*** Until 3:39AM Wed  
**Siddhidatta Day**—Town Trip

**Ganesha:** Purple *Sunrise:* 7:27AM  
**Muruga:** Red *Sunset:* 5:38PM  
**Nataraja:** White  
Moon – White  
**Magha-Thai**

**Devaloka Day**

# 1 Wednesday, February 4, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam  
Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dasami Yam Titau

Pittsburgh, PA

Sun 24 Sutra 296

Sarvadhari 5116

Wrishabha Rasi: 11.1 Tithi 10  
931844157  
Creative Work Siddha Yoga  
Until 2.13PM then Marana Yoga

**Gulika** 11:16AM – 12:32PM  
**Yama** 8:43AM – 9:59AM  
**Rahu** 12:32PM – 1:49PM

**Rohini** Until 2:52AM Thu  
**Brahma** Until 6:37AM  
**Taitila** Until 2:32PM  
**Dasami** Until 1:37AM Thu

**Ganesha:** Clear *Sunrise:* 7:26AM  
**Muruga:** Red *Sunset:* 5:39PM  
**Nataraja:** White  
Moon – Yellow  
**Magha-Thai**

**Sivaloka Day**

# 2 Thursday, February 5, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam  
Mrigasira Nakshatra Vaidhriti\* Yoga Vanija/Visti\* Karana Ekadasi Yam Titau

Pittsburgh, PA

Sun 25 Sutra 296

Sarvadhari 5116

Wrishabha Rasi: 25.34 Tithi 11  
931844157  
Routine Work Marana Yoga  
Until 2.13PM then Siddha Yoga

**Gulika** 9:59AM – 11:16AM  
**Yama** 7:25AM – 8:42AM  
**Rahu** 1:49PM – 3:06PM

**Mrigasira** Until 11:45PM  
**Vaidhriti\*** Until 11:27PM  
**Vanija** Until 11:32AM  
**Ekadasi** Until 9:49PM

**Ganesha:** Clear *Sunrise:* 7:25AM  
**Muruga:** Red *Sunset:* 5:40PM  
**Nataraja:** White  
Moon – Yellow  
**Magha-Thai**

**Sivaloka Day**

# 3 Friday, February 6, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Vishkambha\* Yoga Bava/Balava Karana Dvadasi Yam Titau

Pittsburgh, PA

Sun 26 Sutra 300

Sarvadhari 5116

Mithuna Rasi: 10.14 Tithi 12  
931844157  
Creative Work Siddha Yoga  
Until 9:38PM then Marana Yoga

**Gulika** 8:41AM – 9:58AM  
**Yama** 3:07PM – 4:24PM  
**Rahu** 11:15AM – 12:33PM

**Ardra** Until 9:38PM  
**Vishkambha\*** Until 7:56PM  
**Bava** Until 8:43AM  
**Dvadasi** Until 7:00PM

**Ganesha:** Clear *Sunrise:* 7:24AM  
**Muruga:** Red *Sunset:* 5:41PM  
**Nataraja:** White  
Moon – Yellow  
**Magha-Thai**

**Kadavul Ardra Abhishekam**  
**Sivaloka Day**

# 4 Saturday, February 7, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodasi/Chaturdasi\* Yam Titau

Pittsburgh, PA

Sun 27 Sutra 301

Sarvadhari 5116

Mithuna Rasi: 25.02 Tithi 13 – 14  
941844157  
Routine Work Marana Yoga  
Until 2.13PM then Siddha Yoga

**Gulika** 7:23AM – 8:40AM  
**Yama** 1:50PM – 3:08PM  
**Rahu** 9:58AM – 11:15AM

**Punarvasu** Until 7:16PM  
**Priti** Until 4:12PM  
**Gara** Until 2:12AM Sun  
**Trayodasi** Until 3:54PM

**Ganesha:** White *Sunrise:* 7:23AM  
**Muruga:** Red *Sunset:* 5:43PM  
**Nataraja:** White  
Moon – Blue  
**Magha-Thai**

**Devaloka Day**

**Pradosha Vrata**

# ○ Sunday, February 8, 2009 Copper Retreat Star

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti\* Karana Chaturdasi\*/Purnima\* Yam Titau

Pittsburgh, PA

Sun 28 Sutra 302

Sarvadhari 5116

Kataka Rasi: 9.55 Tithi 14 – 15  
942844157  
Creative Work Siddha Yoga

**Gulika** 3:08PM – 4:26PM  
**Yama** 12:33PM – 1:51PM  
**Rahu** 4:26PM – 5:44PM  
**Thai Pusam**

**Pushya** Until 4:49PM  
**Ayushman** Until 12:23PM  
**Visti** Until 11:01PM  
**Chaturdasi\*** Until 12:44PM

**Ganesha:** Clear *Sunrise:* 7:22AM  
**Muruga:** Red *Sunset:* 5:44PM  
**Nataraja:** White  
Moon – Blue  
**Magha-Thai**

**Sivaloka Day**

**Siddhidatta Day**

# Monday, February 9, 2009 Silver Retreat Star

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Aslesha\*/Magha\* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima\*/Prathama\* Yam Titau

Pittsburgh, PA

Sun 29 Sutra 303

Sarvadhari 5116

Kataka Rasi: 24.41 Tithi 15 – 16  
942844157  
**Family Home Evening**  
Creative Work Siddha Yoga

**Gulika** 1:51PM – 3:09PM  
**Yama** 11:15AM – 12:33PM  
**Rahu** 8:39AM – 9:57AM  
**Penumbral Lunar Eclipse**

**Aslesha\*** Until 2:30PM  
**Saubhagya** Until 8:41AM  
**Balava** Until 7:59PM  
**Purnima\*** Until 9:42AM

**Ganesha:** Clear *Sunrise:* 7:21AM  
**Muruga:** Red *Sunset:* 5:45PM  
**Nataraja:** White  
Moon – Blue  
**Magha-Thai**

**Sivaloka Day**

**Town Trip**





**Tuesday, February 10, 2009**  
**Gold Retreat Star**

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Athiganda\* Yoga Kaulava/Gara Karana Prathama\*/Dviliya Yam Titau

*Pittsburgh, PA*  
*Sutra 304*  
*Sarvadhari 511c*

Simha Rasi: 9.16      Titthi 16 – 17  
952844157  
Creative Work    Siddha Yoga  
Until 2.14PM then Amrita Yoga

**Gulika**    12:33PM – 1:51PM  
**Yama**      9:56AM – 11:15AM  
**Rahu**      3:10PM – 4:28PM

**Magha\* Until 12:58PM**  
Athiganda\* Until 2:35AM Wed  
Gara Until 6:10PM  
**Prathama\* Until 7:05AM**

**Ganesha:** White    *Sunrise: 7:20AM*  
**Muruga:** Red      *Sunset: 5:46PM*  
**Nataraja:** White  
Moon – Red  
**Magha\*Thai**

**Subha Sivaloka Day**

*Moon 1 - Phase 4z*  
*1st Phase*

**1 Wednesday, February 11, 2009**

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni\*/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visi\* Karana Triliya Yam Titau

*Pittsburgh, PA*  
*Sun 1*  
*Sutra 305*  
*Sarvadhari 511c*

Simha Rasi: 23.33      Titthi 18  
952844157  
Creative Work    Amrita Yoga  
Until 2.14PM then Prabalarishta Yoga

**Gulika**    11:14AM – 12:33PM  
**Yama**      8:37AM – 9:56AM  
**Rahu**      12:33PM – 1:52PM

**Purvaphalguni\* Until 11:21AM**  
Sukarma Until 11:28PM  
Vanija Until 3:50PM  
**Tritiya Until 2:55AM Thu**

**Ganesha:** White    *Sunrise: 7:18AM*  
**Muruga:** Red      *Sunset: 5:47PM*  
**Nataraja:** White  
Moon – Red  
**Magha\*Thai**

**Subha Sivaloka Day**

*Moon 1 - Phase 4z*  
*1st Phase*

**2 Thursday, February 12, 2009**

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthi\* Yam Titau

*Pittsburgh, PA*  
*Sun 2*  
*Sutra 306*  
*Sarvadhari 511c*

Kanya Rasi: 7.26      Titthi 19  
952844157  
Routine Work    Prabalarishta Yoga  
Until 10:44AM then no yoga  
Until 2.14PM then Amrita Yoga

**Gulika**    9:55AM – 11:14AM  
**Yama**      7:17AM – 8:36AM  
**Rahu**      1:52PM – 3:11PM

**Uttaraphalguni Until 10:44AM**  
Dhriti Until 10:01PM  
Bava Until 2:54PM  
**Chaturthi\* Until 2:54AM Fri**

**Ganesha:** White    *Sunrise: 7:17AM*  
**Muruga:** Red      *Sunset: 5:49PM*  
**Nataraja:** White  
Moon – Red  
**Magha\*Masi**

**Subha Sivaloka Day**

*Moon 1 - Phase 4z*  
*1st Phase*

**3 Friday, February 13, 2009**

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\* Yoga Kaulava/Taitila Karana Panchami Yam Titau

*Pittsburgh, PA*  
*Sun 3*  
*Sutra 307*  
*Sarvadhari 511c*

Kanya Rasi: 20.55      Titthi 20  
962844157  
Creative Work    Amrita Yoga  
Until 10:29AM then Siddha Yoga  
Until 2.14PM then Marana Yoga

**Gulika**    8:35AM – 9:54AM  
**Yama**      3:11PM – 4:31PM  
**Rahu**      11:14AM – 12:33PM

**Hasta Until 10:29AM**  
Shula\* Until 8:03PM  
Kaulava Until 1:59PM  
**Panchami Until 1:59AM Sat**

**Ganesha:** Yellow    *Sunrise: 7:16AM*  
**Muruga:** Red      *Sunset: 5:50PM*  
**Nataraja:** White  
Moon – Green  
**Magha\*Masi**

**Sivaloka Day**

*Moon 1 - Phase 4z*  
*1st Phase*

**4 Saturday, February 14, 2009**

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Ganda\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau

*Pittsburgh, PA*  
*Sun 4*  
*Sutra 308*  
*Sarvadhari 511c*

Tula Rasi: 3.58      Titthi 21  
962844157  
Routine Work    Marana Yoga  
Until 11:00AM then Siddha Yoga

**Gulika**    7:15AM – 8:34AM  
**Yama**      1:52PM – 3:12PM  
**Rahu**      9:54AM – 11:13AM

**Chitra Until 11:00AM**  
Ganda\* Until 6:48PM  
Gara Until 1:53PM  
**Shasthi\* Until 1:53AM Sun**

**Ganesha:** Yellow    *Sunrise: 7:15AM*  
**Muruga:** Red      *Sunset: 5:51PM*  
**Nataraja:** White  
Moon – Green  
**Magha\*Masi**

**Sivaloka Day**

**Gurudeva Pada Puja 6AM**

*Moon 1 - Phase 4z*  
*1st Phase*

**5 Sunday, February 15, 2009**

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Visakha Nakshatra Vriddhi Yoga Visi\*/Bava Karana Saptami Yam Titau

*Pittsburgh, PA*  
*Sun 5*  
*Sutra 309*  
*Sarvadhari 511c*

Tula Rasi: 16.38      Titthi 22  
962844157  
Creative Work    Siddha Yoga  
Until 12:44PM then Marana Yoga

**Gulika**    3:13PM – 4:32PM  
**Yama**      12:33PM – 1:53PM  
**Rahu**      4:32PM – 5:52PM

**Svati Until 12:44PM**  
Vriddhi Until 7:08PM  
Visi\* Until 3:20PM  
**Saptami Until 4:26AM Mon**

**Ganesha:** Yellow    *Sunrise: 7:14AM*  
**Muruga:** Red      *Sunset: 5:52PM*  
**Nataraja:** White  
Moon – Green  
**Magha\*Masi**

**Sivaloka Day**

*Moon 1 - Phase 4z*  
*1st Phase*

**Monday, February 16, 2009**  
**Retreat Star**

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Visakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

*Pittsburgh, PA*  
*Sun 6*  
*Sutra 310*  
*Sarvadhari 511c*

Tula Rasi: 28.59      Titthi 23  
972844157  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 2:42PM then Siddha Yoga

**Gulika**    1:53PM – 3:13PM  
**Yama**      11:13AM – 12:33PM  
**Rahu**      8:32AM – 9:53AM

**Visakha Until 2:42PM**  
Dhruva Until 7:05PM  
Balava Until 4:47PM  
**Ashtami\* Until 5:52AM Tue**

**Ganesha:** Blue      *Sunrise: 7:12AM*  
**Muruga:** Red      *Sunset: 5:53PM*  
**Nataraja:** White  
Moon – Orange  
**Magha\*Masi**

**Subha Sivaloka Day**

*Moon 1 - Phase 4z*  
*Ashtam.*

**Tuesday, February 17, 2009**  
**Retreat Star**

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaghata\* Yoga Taitila Karana Navami\* Yam Titau

*Pittsburgh, PA*  
*Sun 7*  
*Sutra 311*  
*Sarvadhari 511c*

Vrischika Rasi: 11.05      Titthi 24  
972944157  
Creative Work    Siddha Yoga

**Gulika**    12:33PM – 1:53PM  
**Yama**      9:52AM – 11:12AM  
**Rahu**      3:14PM – 4:34PM

**Anuradha Until 5:09PM**  
Vyaghata\* Until 7:30PM  
Taitila Until 6:45PM  
**Navami\* Until 8:02AM Wed**

**Ganesha:** Red      *Sunrise: 7:11AM*  
**Muruga:** Red      *Sunset: 5:55PM*  
**Nataraja:** White  
Moon – Orange  
**Magha\*Masi**

**Sivaloka Day**

**Iraivan Day—Town Trip**

*Moon 1 - Phase 4z*  
*Navam.*

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Kṛishṇa Yajur Veda, Svetu 6.11. UpM, 95

<b>1</b>	<b>Wednesday, February 18, 2009</b>	Sarvadhari Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau	Pittsburgh, PA Sun 8 Sutra 312 Sarvadhari 511c	Ganesh: Red Muruga: Red Nataraja: White Moon - Orange Magha-Masi	Sunrise: 7:10AM Sunset: 5:56PM	Sivaloka Day	Gulika	11:12AM - 12:33PM	Jyeshtha* Until 7:58PM
							Yama	8:30AM - 9:51AM	Harshana Until 8:14PM
Vrischika Rasi: 23.01 Tithi 24 - 25		982944157	Rahu	12:33PM - 1:53PM	Vanija Until 9:07PM				
Creative Work Siddha Yoga									
Navami* Until 8:02AM									


<b>2</b>	<b>Thursday, February 19, 2009</b>	Sarvadhari Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Visti*/Bava Karana Dasami*/Ekadasi* Yam Titau	Pittsburgh, PA Sun 9 Sutra 313 Sarvadhari 511c	Ganesh: Green Muruga: Red Nataraja: White Moon - Light Blue Magha-Masi	Sunrise: 7:08AM Sunset: 5:57PM	Devaloka Day	Gulika	9:51AM - 11:12AM	Mula* Until 10:59PM
							Yama	7:08AM - 8:29AM	Vajra* Until 9:09PM
Dhanus Rasi: 4.51 Tithi 25 - 26		982944157	Rahu	1:54PM - 3:15PM	Bava Until 11:41PM				
Creative Work Siddha Yoga									
Until 2:13PM then no yoga									
Until 10:59PM then Siddha Yoga									
Dasami Until 10:36AM									

<b>3</b>	<b>Friday, February 20, 2009</b>	Sarvadhari Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Pittsburgh, PA Sun 10 Sutra 314 Sarvadhari 511c	Ganesh: Green Muruga: Red Nataraja: White Moon - Light Blue Magha-Masi	Sunrise: 7:07AM Sunset: 5:58PM	Devaloka Day	Gulika	8:28AM - 9:50AM	Purvashadha* Until 2:02AM Sat
							Yama	3:15PM - 4:37PM	Siddhi Until 10:06PM
Dhanus Rasi: 16.39 Tithi 26 - 27		982944157	Rahu	11:11AM - 12:33PM	Kaulava Until 2:18AM Sat				
Creative Work Siddha Yoga									
Until 2:13PM then Marana Yoga									
Until 2:02AM Sat then no yoga									
Ekadasi* Until 1:13PM									

<b>4</b>	<b>Saturday, February 21, 2009</b>	Sarvadhari Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Tatilla/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Pittsburgh, PA Sun 11 Sutra 315 Sarvadhari 511c	Ganesh: Green Muruga: Red Nataraja: White Moon - Light Blue Magha-Masi	Sunrise: 7:06AM Sunset: 5:59PM	Devaloka Day	Gulika	7:06AM - 8:27AM	Uttarashadha Until 4:59AM Sun
							Yama	1:54PM - 3:16PM	Vyatipata* Until 10:58PM
Dhanus Rasi: 28.31 Tithi 27 - 28		982944157	Rahu	9:49AM - 11:11AM	Gara Until 4:49AM Sun				
No Yoga									
Until 2:13PM then Amrita Yoga									
Dvadasi* Until 3:44PM									
Pradosha Vrata (Fasting)									

<b>5</b>	<b>Sunday, February 22, 2009</b>	Sarvadhari Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Pittsburgh, PA Sun 12 Sutra 316 Sarvadhari 511c	Ganesh: Yellow Muruga: Red Nataraja: White Moon - Purple Magha-Masi	Sunrise: 7:04AM Sunset: 6:00PM	Sivaloka Day	Gulika	3:16PM - 4:38PM	Sravana Until 7:27AM Mon
							Yama	12:32PM - 1:54PM	Variyan Until 11:38PM
Makara Rasi: 10.29 Tithi 28 - 29		993944157	Rahu	4:38PM - 6:00PM	Visti Until 7:05AM Mon				
Creative Work Amrita Yoga									
Until 7:27AM Mon then Siddha Yoga									
Mahasivaratri									
Trayodasi* Until 6:00PM									

<b>6</b>	<b>Monday, February 23, 2009</b>	Sarvadhari Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Sravana/Dhanishtha Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Pittsburgh, PA Sun 13 Sutra 317 Sarvadhari 511c	Ganesh: Yellow Muruga: Red Nataraja: White Moon - Purple Magha-Masi	Sunrise: 7:03AM Sunset: 6:02PM	Sivaloka Day	Gulika	1:55PM - 3:17PM	Sravana Until 7:27AM
							Yama	11:10AM - 12:32PM	Parigha* Until 11:59PM
Makara Rasi: 22.37 Tithi 29		993944157	Rahu	8:25AM - 9:48AM	Visti Until 6:48AM				
Family Home Evening									
Creative Work Amrita Yoga									
Until 7:27AM then Siddha Yoga									
Until 2:13PM then Marana Yoga									
Chaturdasi* Until 7:54PM									

	<b>Tuesday, February 24, 2009</b>	Sarvadhari Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Shiva Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Pittsburgh, PA Sun 14 Sutra 318 Sarvadhari 511c	Ganesh: Yellow Muruga: Red Nataraja: White Moon - Purple Magha-Masi	Sunrise: 7:01AM Sunset: 6:03PM	Sivaloka Day	Gulika	12:32PM - 1:55PM	Dhanishtha Until 9:09AM
							Yama	9:47AM - 11:09AM	Shiva Until 10:40PM
Kumbha Rasi: 4.58 Tithi 30		993944157	Rahu	3:17PM - 4:40PM	Catuspada Until 8:04AM				
Routine Work Marana Yoga									
Until 2:13PM then Siddha Yoga									
Amavasya* Until 8:04PM									
Siddhidatta Day—Town Trip									

<b>Wednesday, February 25, 2009</b>	Retreat Star	Sarvadhari Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Pittsburgh, PA Sun 15 Sutra 319 Sarvadhari 511c	Ganesh: Yellow Muruga: Red Nataraja: White Moon - Purple Phalgun-Masi	Sunrise: 7:00AM Sunset: 6:04PM	Sivaloka Day	Gulika	11:09AM - 12:32PM	Satabhisha Until 10:32AM
							Yama	8:23AM - 9:46AM	Siddha Until 10:13PM
Kumbha Rasi: 17.32 Tithi 1		993944157	Rahu	12:32PM - 1:55PM	Kintughna Until 8:54AM				
Creative Work Siddha Yoga									
Until 10:32AM then Amrita Yoga									
Until 2:13PM then Siddha Yoga									
Prathama* Until 8:54PM									

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

# 1 Thursday, February 26, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau

Pittsburgh, PA

Sun 16 Sutra 32c

Sarvadhari 511c

Meena Rasi: 0.22 Tithi 2  
913944157

**Gulika** 9:45AM – 11:09AM  
**Yama** 6:59AM – 8:22AM  
**Rahu** 1:55PM – 3:18PM

**Purvaprostapada\* Until 11:28AM**  
Sadhya Until 9:22PM  
Balava Until 9:15AM  
**Dvitiya Until 9:15PM**

**Ganesha:** White *Sunrise:* 6:59AM  
**Muruga:** Red *Sunset:* 6:05PM  
**Nataraja:** White  
Moon – Clear  
**Phalgun-Masi**

Subha Sivaloka Day

Moon 1 - Phase 4  
3rd Phase

# 2 Friday, February 27, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Subha Yoga Tailita/Gara Karana Tritiya Yam Titau

Pittsburgh, PA

Sun 17 Sutra 32i

Sarvadhari 511c

Meena Rasi: 13.26 Tithi 3  
913944157

**Gulika** 8:21AM – 9:44AM  
**Yama** 3:19PM – 4:43PM  
**Rahu** 11:08AM – 12:32PM

**Uttaraprostapada Until 11:57AM**  
Subha Until 8:06PM  
Tailita Until 9:08AM  
**Tritiya Until 9:08PM**

**Ganesha:** White *Sunrise:* 6:57AM  
**Muruga:** Red *Sunset:* 6:06PM  
**Nataraja:** White  
Moon – Clear  
**Phalgun-Masi**

Subha Sivaloka Day

Moon 1 - Phase 4  
3rd Phase

# 3 Saturday, February 28, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam  
Revati/Asvini Nakshatra Sukla Yoga Vanija/Visti\* Karana Chaturthi\* Yam Titau

Pittsburgh, PA

Sun 18 Sutra 32a

Sarvadhari 511c

Meena Rasi: 26.44 Tithi 4  
913944157

**Gulika** 6:56AM – 8:20AM  
**Yama** 1:55PM – 3:19PM  
**Rahu** 9:44AM – 11:08AM

**Revati Until 12:02PM**  
Sukla Until 6:27PM  
Vanija Until 8:34AM  
**Chaturthi\* Until 8:34PM**

**Ganesha:** White *Sunrise:* 6:56AM  
**Muruga:** Red *Sunset:* 6:07PM  
**Nataraja:** White  
Moon – Clear  
**Phalgun-Masi**

Subha Sivaloka Day

Moon 1 - Phase 4  
3rd Phase

# 4 Sunday, March 1, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Asvini/Bharani Nakshatra Brahma/Indra Yoga Bava/Balava Karana Panchami Yam Titau

Pittsburgh, PA

Sun 19 Sutra 32j

Sarvadhari 511c

Mesha Rasi: 10.13 Tithi 5  
923944157

**Gulika** 3:20PM – 4:45PM  
**Yama** 12:31PM – 1:56PM  
**Rahu** 4:45PM – 6:09PM

**Asvini Until 11:20AM**  
Brahma Until 3:46PM  
Bava Until 7:28AM  
**Panchami Until 6:33PM**

**Ganesha:** Clear *Sunrise:* 6:53AM  
**Muruga:** Red *Sunset:* 6:09PM  
**Nataraja:** White  
Moon – White  
**Phalgun-Masi**

Sivaloka Day

Moon 1 - Phase 4  
3rd Phase

# 5 Monday, March 2, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam  
Bharani/Krittika Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Gara Karana Shasthi\*/Saptami Yam Titau

Pittsburgh, PA

Sun 20 Sutra 32k

Sarvadhari 511c

Mesha Rasi: 23.53 Tithi 6 – 7  
Family Home Evening  
923944157

**Gulika** 1:56PM – 3:21PM  
**Yama** 11:06AM – 12:31PM  
**Rahu** 8:16AM – 9:41AM

**Bharani Until 10:46AM**  
Indra Until 1:37PM  
Kaulava Until 6:14AM  
**Shasthi\* Until 5:19PM**

**Ganesha:** Clear *Sunrise:* 6:51AM  
**Muruga:** Red *Sunset:* 6:11PM  
**Nataraja:** White  
Moon – White  
**Phalgun-Masi**

Sivaloka Day

Moon 1 - Phase 4  
3rd Phase

# 6 Tuesday, March 3, 2009

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Krittika/Rohini Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanija/Visti\* Karana Saptami/Ashtami\* Yam Titau

Pittsburgh, PA

Sun 21 Sutra 32l

Sarvadhari 511c

Vrishabha Rasi: 7.44 Tithi 7 – 8  
923944157

**Gulika** 12:31PM – 1:56PM  
**Yama** 9:40AM – 11:05AM  
**Rahu** 3:21PM – 4:46PM

**Krittika Until 9:53AM**  
Vaidhriti\* Until 11:12AM  
Visti Until 2:50AM Wed  
**Saptami Until 3:46PM**

**Ganesha:** Clear *Sunrise:* 6:50AM  
**Muruga:** Red *Sunset:* 6:12PM  
**Nataraja:** White  
Moon – White  
**Phalgun-Masi**

Sivaloka Day

Moon 1 - Phase 4  
3rd Phase

# Wednesday, March 4, 2009

Retreat Star

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam  
Rohini/Mrigasira Nakshatra Vishkambha\*/Priti Yoga Bava/Balava Karana Ashtami\*/Navami\* Yam Titau

Pittsburgh, PA

Sun 22 Sutra 32m

Sarvadhari 511c

Vrishabha Rasi: 21.44 Tithi 8 – 9  
133944157

**Gulika** 11:05AM – 12:30PM  
**Yama** 8:14AM – 9:39AM  
**Rahu** 12:30PM – 1:56PM

**Rohini Until 8:45AM**  
Vishkambha\* Until 8:32AM  
Balava Until 1:00AM Thu  
**Ashtami\* Until 1:55PM**

**Ganesha:** Blue *Sunrise:* 6:48AM  
**Muruga:** Red *Sunset:* 6:13PM  
**Nataraja:** White  
Moon – Yellow  
**Phalgun-Masi**

Subha Sivaloka Day

Moon 1 - Phase 4  
Ashtam.

# Thursday, March 5, 2009

Retreat Star

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Ayushman Yoga Kaulava/Tailita Karana Navami\*/Dasami Yam Titau

Pittsburgh, PA

Sun 23 Sutra 32n

Sarvadhari 511c

Mithuna Rasi: 5.53 Tithi 9 – 10  
133944157

**Gulika** 9:38AM – 11:04AM  
**Yama** 6:47AM – 8:13AM  
**Rahu** 1:56PM – 3:22PM

**Mrigasira Until 7:21AM**  
Ayushman Until 2:57AM Fri  
Tailita Until 10:53PM  
**Navami\* Until 11:48AM**

**Ganesha:** Blue *Sunrise:* 6:47AM  
**Muruga:** Red *Sunset:* 6:14PM  
**Nataraja:** White  
Moon – Yellow  
**Phalgun-Masi**

Subha Sivaloka Day

Siddhidatta Day—Town Trip

Moon 1 - Phase 4  
Navam.

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423

# 1 Friday, March 6, 2009

Mithuna Rasi: 20.1      Tithi 10 – 11  
143944157  
Creative Work    Siddha Yoga  
Until 2.11PM then Marana Yoga  
Until 4:35AM Sat then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Punarvasu Nakshatra Saubhagya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau

**Gulika**      8:11AM – 9:38AM      **Punarvasu Until 4:35AM Sat**  
**Yama**        3:23PM – 4:49PM      Saubhagya Until 11:50PM  
**Rahu**        11:04AM – 12:30PM      Vanija Until 8:31PM  
**Dasami Until 9:26AM**

**Ganesha:** Yellow      *Sunrise:* 6:45AM  
**Muruga:** Red        *Sunset:* 6:15PM  
**Nataraja:** White  
Moon – Blue  
**Phalgun-Masi**

*Pittsburgh, PA*  
*Sun 24      Sutra 326*  
*Sarvadhari 511c*  
*Moon 1 - Phase 4c*  
*4th Phase*

**Sivaloka Day**

# 2 Saturday, March 7, 2009

Kataka Rasi: 4.32      Tithi 11 – 12  
143944157  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam  
Pushya Nakshatra Sobhana Yoga Visti\*/Balava Karana Ekadasi/Dvadasi Yam Titau

**Gulika**      6:44AM – 8:10AM      **Pushya Until 2:48AM Sun**  
**Yama**        1:56PM – 3:23PM      Sobhana Until 8:35PM  
**Rahu**        9:37AM – 11:03AM      Balava Until 5:04AM Sun  
**Ekadasi Until 6:55AM**

**Ganesha:** Yellow      *Sunrise:* 6:44AM  
**Muruga:** Red        *Sunset:* 6:16PM  
**Nataraja:** White  
Moon – Blue  
**Phalgun-Masi**

*Pittsburgh, PA*  
*Sun 25      Sutra 32c*  
*Sarvadhari 511c*  
*Moon 1 - Phase 4c*  
*4th Phase*

**Sivaloka Day**

# 3 Sunday, March 8, 2009

Kataka Rasi: 18.56      Tithi 13  
144944157  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Aslesha\* Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Trayodasi Yam Titau

**Gulika**      3:23PM – 4:50PM      **Aslesha\* Until 12:58AM Mon**  
**Yama**        12:30PM – 1:56PM      Athiganda\* Until 5:16PM  
**Rahu**        4:50PM – 6:17PM      Kaulava Until 3:24PM  
**Trayodasi Until 2:29AM Mon**  
**Pradosha Vrata**

**Ganesha:** White      *Sunrise:* 6:42AM  
**Muruga:** Red        *Sunset:* 6:17PM  
**Nataraja:** White  
Moon – Blue  
**Phalgun-Masi**

*Pittsburgh, PA*  
*Sun 26      Sutra 33a*  
*Sarvadhari 511c*  
*Moon 1 - Phase 4c*  
*4th Phase*

**Devaloka Day**

# 4 Monday, March 9, 2009

Simha Rasi: 3.18      Tithi 14  
**Family Home Evening**      154944157  
Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdasi\* Yam Titau

**Gulika**      1:57PM – 3:24PM      **Magha\* Until 11:12PM**  
**Yama**        11:02AM – 12:29PM      Sukarma Until 2:01PM  
**Rahu**        8:08AM – 9:35AM      Gara Until 12:53PM  
**Chaturdasi\* Until 11:57PM**  
**Chidambaram Abhishekam**

**Ganesha:** Clear      *Sunrise:* 6:40AM  
**Muruga:** Red        *Sunset:* 6:18PM  
**Nataraja:** White  
Moon – Red  
**Phalgun-Masi**

*Pittsburgh, PA*  
*Sun 27      Sutra 33i*  
*Sarvadhari 511c*  
*Moon 1 - Phase 4c*  
*4th Phase*

**Sivaloka Day**

# ○ Tuesday, March 10, 2009 Copper Retreat Star

Simha Rasi: 17.32      Tithi 15  
154944157  
Creative Work    Siddha Yoga  
Until 2.10PM then Amrita Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Purvaphalguni\* Nakshatra Dhriti/Shula\* Yoga Visti\*/Bava Karana Purnima\* Yam Titau

**Gulika**      12:29PM – 1:57PM      **Purvaphalguni\* Until 9:39PM**  
**Yama**        9:34AM – 11:01AM      Dhriti Until 10:58AM  
**Rahu**        3:24PM – 4:52PM      Visti Until 10:36AM  
**Purnima\* Until 9:40PM**  
**Siddhidatta Day—Town Trip**

**Ganesha:** Clear      *Sunrise:* 6:39AM  
**Muruga:** Red        *Sunset:* 6:19PM  
**Nataraja:** White  
Moon – Red  
**Phalgun-Masi**

*Pittsburgh, PA*  
*Sutra 33c*  
*Sarvadhari 511c*  
*Moon 1 - Phase 4c*  
*Purnima*

**Sivaloka Day**

# Wednesday, March 11, 2009 Silver Retreat Star

Kanya Rasi: 1.34      Tithi 16  
154944157  
Creative Work    Amrita Yoga  
Until 2.10PM then Prabalarishta Yoga  
Until 8:28PM then no yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni Nakshatra Shula\*/Ganda\* Yoga Balava/Kaulava Karana Prathama\* Yam Titau

**Gulika**      11:01AM – 12:29PM      **Uttaraphalguni Until 8:28PM**  
**Yama**        8:05AM – 9:33AM      Shula\* Until 8:16AM  
**Rahu**        12:29PM – 1:57PM      Balava Until 8:42AM  
**Prathama\* Until 7:47PM**

**Ganesha:** Clear      *Sunrise:* 6:37AM  
**Muruga:** Red        *Sunset:* 6:20PM  
**Nataraja:** White  
Moon – Red  
**Phalgun-Masi**

*Pittsburgh, PA*  
*Sutra 33c*  
*Sarvadhari 511c*  
*Moon 1 - Phase 4c*  
*Prathama*

**Sivaloka Day**



**Thursday, March 12, 2009**  
**Gold Retreat Star**

Kanya Rasi: 15.18      Tithi 17  
164944157  
No Yoga  
Until 2:09PM then Amrita Yoga  
Until 8:50PM then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Ganda/Vridhhi Yoga Tailila/Gara Karana Dvitiya Yam Titau  
**Gulika** 9:32AM – 11:00AM **Hasta Until 8:50PM**  
**Yama** 6:36AM – 8:04AM **Ganda\* Until 6:01AM**  
**Rahu** 1:57PM – 3:25PM **Taitila Until 7:27AM**  
**Dvitiya Until 7:27PM**

*Pittsburgh, PA*  
*Sun 1 Sutra 33a*  
*Sarvadhari 511c*  
**Ganesha:** Purple *Sunrise: 6:36AM*  
**Muruga:** Red *Sunset: 6:21PM* *Moon 2 - Phase 4c*  
**Nataraja:** White *1st Phase*  
Moon – Green  
**Devaloka Day**  
**Phalgun-Masi**

**1 Friday, March 13, 2009**

Kanya Rasi: 28.42      Tithi 18  
164144157  
Creative Work Siddha Yoga  
Until 2:09PM then Marana Yoga  
Until 8:42PM then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Dhruva Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika** 8:03AM – 9:31AM **Chitra Until 8:42PM**  
**Yama** 3:25PM – 4:54PM **Dhruva Until 3:03AM Sat**  
**Rahu** 11:00AM – 12:28PM **Vanija Until 6:38AM**  
**Tritiya Until 6:38PM**

*Pittsburgh, PA*  
*Sun 2 Sutra 33b*  
*Sarvadhari 511c*  
**Ganesha:** White *Sunrise: 6:34AM*  
**Muruga:** Red *Sunset: 6:23PM* *Moon 2 - Phase 4c*  
**Nataraja:** White *1st Phase*  
Moon – Green  
**Devaloka Day**  
**Phalgun-Masi**  
**Gurudeva Pada Puja 6AM**

**2 Saturday, March 14, 2009**

Tula Rasi: 11.45      Tithi 19  
164144158  
Creative Work Siddha Yoga  
Until 9:13PM then Marana Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Vyaghata\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika** 6:32AM – 8:01AM **Svati Until 9:13PM**  
**Yama** 1:57PM – 3:26PM **Vyaghata\* Until 1:49AM Sun**  
**Rahu** 9:30AM – 10:59AM **Bava Until 6:31AM**  
**Chaturthi\* Until 6:31PM**

*Pittsburgh, PA*  
*Sun 3 Sutra 33c*  
*Sarvadhari 511c*  
**Ganesha:** White *Sunrise: 6:32AM*  
**Muruga:** Red *Sunset: 6:24PM* *Moon 2 - Phase 4c*  
**Nataraja:** Clear *1st Phase*  
Moon – Green  
**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**  
**Phalgun-Panguni**

**3 Sunday, March 15, 2009**

Tula Rasi: 24.28      Tithi 20  
174144158  
Routine Work Marana Yoga  
Until 11:45PM then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Visakha Nakshatra Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika** 3:26PM – 4:55PM **Visakha Until 11:45PM**  
**Yama** 12:28PM – 1:57PM **Harshana Until 2:40AM Mon**  
**Rahu** 4:55PM – 6:25PM **Kaulava Until 7:12AM**  
**Panchami Until 8:18PM**

*Pittsburgh, PA*  
*Sun 4 Sutra 33d*  
*Sarvadhari 511c*  
**Ganesha:** Yellow *Sunrise: 6:31AM*  
**Muruga:** Red *Sunset: 6:25PM* *Moon 2 - Phase 4c*  
**Nataraja:** Clear *1st Phase*  
Moon – Orange  
**Devaloka Day**  
**Phalgun-Panguni**

**4 Monday, March 16, 2009**

Vrischika Rasi: 6.51      Tithi 21  
174144158  
**Family Home Evening**  
Creative Work Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Vajra\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika** 1:57PM – 3:27PM **Anuradha Until 1:38AM Tue**  
**Yama** 10:58AM – 12:27PM **Vajra\* Until 2:34AM Tue**  
**Rahu** 7:59AM – 9:28AM **Gara Until 8:31AM**  
**Shasthi\* Until 9:37PM**

*Pittsburgh, PA*  
*Sun 5 Sutra 33e*  
*Sarvadhari 511c*  
**Ganesha:** Yellow *Sunrise: 6:29AM*  
**Muruga:** Red *Sunset: 6:26PM* *Moon 2 - Phase 4c*  
**Nataraja:** Clear *1st Phase*  
Moon – Orange  
**Devaloka Day**  
**Phalgun-Panguni**

**5 Tuesday, March 17, 2009**

Vrischika Rasi: 18.59      Tithi 22  
174144158  
Creative Work Siddha Yoga  
Until 4:01AM Wed then Marana Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika** 12:27PM – 1:57PM **Jyeshtha\* Until 4:01AM Wed**  
**Yama** 9:27AM – 10:57AM **Siddhi Until 2:56AM Wed**  
**Rahu** 3:27PM – 4:57PM **Visti Until 10:24AM**  
**Saptami Until 11:29PM**

*Pittsburgh, PA*  
*Sun 6 Sutra 33f*  
*Sarvadhari 511c*  
**Ganesha:** Yellow *Sunrise: 6:28AM*  
**Muruga:** Red *Sunset: 6:27PM* *Moon 2 - Phase 4c*  
**Nataraja:** Clear *1st Phase*  
Moon – Orange  
**Devaloka Day**  
**Phalgun-Panguni**

**Wednesday, March 18, 2009**  
**Retreat Star**

Dhanus Rasi: 0.56      Tithi 23  
184144158  
Routine Work Marana Yoga  
Until 2:08PM then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika** 10:57AM – 12:27PM **Mula\* Until 7:07AM Thu**  
**Yama** 7:56AM – 9:26AM **Vyatipata\* Until 3:39AM Thu**  
**Rahu** 12:27PM – 1:57PM **Balava Until 12:41PM**  
**Ashtami\* Until 1:46AM Thu**

*Pittsburgh, PA*  
*Sun 7 Sutra 34a*  
*Sarvadhari 511c*  
**Ganesha:** Blue *Sunrise: 6:26AM*  
**Muruga:** Red *Sunset: 6:28PM* *Moon 2 - Phase 4c*  
**Nataraja:** Clear *Ashtam.*  
Moon – Light Blue  
**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**  
**Phalgun-Panguni**

**Thursday, March 19, 2009**  
**Retreat Star**

Dhanus Rasi: 12.47      Tithi 24  
184144158  
Creative Work Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyan Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika** 9:25AM – 10:56AM **Mula\* Until 7:07AM**  
**Yama** 6:24AM – 7:55AM **Variyan Until 4:35AM Fri**  
**Rahu** 1:57PM – 3:28PM **Taitila Until 3:12PM**  
**Navami\* Until 4:17AM Fri**  
**Iraivan Day—Town Trip**

*Pittsburgh, PA*  
*Sun 8 Sutra 34b*  
*Sarvadhari 511c*  
**Ganesha:** Blue *Sunrise: 6:24AM*  
**Muruga:** Red *Sunset: 6:29PM* *Moon 2 - Phase 4c*  
**Nataraja:** Clear *Navam.*  
Moon – Light Blue  
**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**  
**Phalgun-Panguni**

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %oig Veda 1.89.8. RvP, 287

# 1 Friday, March 20, 2009

Dhanus Rasi: 24.35 Tithi 25  
185144158  
Creative Work Siddha Yoga  
Until 2.07PM then no yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha/Uttarashadha Nakshatra Parigha\* Yoga Vanja/Visti\* Karana Dasami Yam Titau  
**Gulika** 7:54AM – 9:24AM  
**Yama** 3:28PM – 4:59PM  
**Rahu** 10:55AM – 12:26PM  
**Purvashadha\* Until 10:09AM**  
**Parigha\* Until 5:33AM Sat**  
Vanja Until 5:46PM  
**Dasami Until 7:07AM Sat**

*Pittsburgh, PA*  
*Sun 9 Sutra 34c*  
*Sarvadhari 511c*  
**Ganesha:** Yellow *Sunrise: 6:23AM*  
**Muruga:** Red *Sunset: 6:30PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalgun-Panguni**  
**Devaloka Day**

# 2 Saturday, March 21, 2009

Makara Rasi: 6.28 Tithi 25 – 26  
185144158  
No Yoga  
Until 1:03PM then Siddha Yoga  
Until 2:07PM then Amrita Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Shiva Yoga Visti\*/Bava Karana Dasami/Ekadasi\* Yam Titau  
**Gulika** 6:21AM – 7:52AM  
**Yama** 1:57PM – 3:28PM  
**Rahu** 9:23AM – 10:55AM  
**Uttarashadha Until 1:03PM**  
Shiva Until 6:22AM Sun  
Bava Until 8:12PM  
**Dasami Until 7:07AM**

*Pittsburgh, PA*  
*Sun 10 Sutra 34c*  
*Sarvadhari 511c*  
**Ganesha:** Yellow *Sunrise: 6:21AM*  
**Muruga:** Red *Sunset: 6:31PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalgun-Panguni**  
**Devaloka Day**

# 3 Sunday, March 22, 2009

Makara Rasi: 18.29 Tithi 26 – 27  
195144158  
Creative Work Amrita Yoga  
Until 3:41PM then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadasi\*/Dvadasi\* Yam Titau  
**Gulika** 3:29PM – 5:00PM  
**Yama** 12:26PM – 1:57PM  
**Rahu** 5:00PM – 6:32PM  
**Sravana Until 3:41PM**  
Shiva Until 6:22AM  
Kaulava Until 10:19PM  
**Ekadasi\* Until 9:14AM**

*Pittsburgh, PA*  
*Sun 11 Sutra 34c*  
*Sarvadhari 511c*  
**Ganesha:** Blue *Sunrise: 6:19AM*  
**Muruga:** Red *Sunset: 6:32PM*  
**Nataraja:** Clear  
Moon – Purple  
**Phalgun-Panguni**  
**Sivaloka Day**

# 4 Monday, March 23, 2009

Kumbha Rasi: 0.44 Tithi 27 – 28  
195144158  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 2.06PM then Marana Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Siddha/Sadhya Yoga Talila/Gara Karana Dvadasi\*/Trayodasi\* Yam Titau  
**Gulika** 1:57PM – 3:29PM  
**Yama** 10:53AM – 12:25PM  
**Rahu** 7:50AM – 9:22AM  
**Dhanishtha Until 4:57PM**  
Siddha Until 6:30AM  
Gara Until 10:27PM  
**Dvadasi\* Until 10:27AM**

*Pittsburgh, PA*  
*Sun 12 Sutra 34c*  
*Sarvadhari 511c*  
**Ganesha:** Blue *Sunrise: 6:18AM*  
**Muruga:** Red *Sunset: 6:33PM*  
**Nataraja:** Clear  
Moon – Purple  
**Phalgun-Panguni**  
**Sivaloka Day**

Pradosha Vrata (Fasting)

# 5 Tuesday, March 24, 2009

Kumbha Rasi: 13.16 Tithi 28 – 29  
195144158  
Routine Work Marana Yoga  
Until 2.06PM then Siddha Yoga  
Until 6.26PM then Amrita Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Satabhisha Nakshatra Sadhya/Subha Yoga Vanja/Visti\* Karana Trayodasi\*/Chaturdasi\* Yam Titau  
**Gulika** 12:25PM – 1:57PM  
**Yama** 9:21AM – 10:53AM  
**Rahu** 3:30PM – 5:02PM  
**Satabhisha Until 6:26PM**  
Sadhya Until 6:12AM  
Visti Until 11:23PM  
**Trayodasi\* Until 11:23AM**

*Pittsburgh, PA*  
*Sun 13 Sutra 34c*  
*Sarvadhari 511c*  
**Ganesha:** Blue *Sunrise: 6:16AM*  
**Muruga:** Red *Sunset: 6:34PM*  
**Nataraja:** Clear  
Moon – Purple  
**Phalgun-Panguni**  
**Sivaloka Day**

# Wednesday, March 25, 2009

**Retreat Star**

Kumbha Rasi: 26.07 Tithi 29 – 30  
115144158  
Creative Work Amrita Yoga  
Until 2.05PM then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprostapada\* Nakshatra Sukla Yoga Sakuni\*/Catuspada\* Karana Chaturdasi\*/Amavasya\* Yam Titau  
**Gulika** 10:52AM – 12:25PM  
**Yama** 7:47AM – 9:20AM  
**Rahu** 12:25PM – 1:57PM  
**Purvaprostapada\* Until 7:20PM**  
Sukla Until 4:11AM Thu  
Catuspada Until 11:41PM  
**Chaturdasi\* Until 11:41AM**

*Pittsburgh, PA*  
*Sun 14 Sutra 34c*  
*Sarvadhari 511c*  
**Ganesha:** Red *Sunrise: 6:14AM*  
**Muruga:** Red *Sunset: 6:35PM*  
**Nataraja:** Clear  
Moon – Clear  
**Phalgun-Panguni**  
**Devaloka Day**

Siddhidatta Day—Town Trip

# Thursday, March 26, 2009

**Retreat Star**

Meena Rasi: 9.17 Tithi 30 – 1  
115144158  
Creative Work Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam  
Uttaraprostapada Nakshatra Brahma Yoga Naga\*/Kintughna\* Karana Amavasya\*/Prathama\* Yam Titau  
**Gulika** 9:19AM – 10:52AM  
**Yama** 6:13AM – 7:46AM  
**Rahu** 1:57PM – 3:30PM  
**Uttaraprostapada Until 7:38PM**  
Brahma Until 2:46AM Fri  
Kintughna Until 11:19PM  
**Amavasya\* Until 11:19AM**

*Pittsburgh, PA*  
*Sun 15 Sutra 34c*  
*Sarvadhari 511c*  
**Ganesha:** Red *Sunrise: 6:13AM*  
**Muruga:** Red *Sunset: 6:36PM*  
**Nataraja:** Clear  
Moon – Clear  
**Chaitra-Panguni**  
**Devaloka Day**

<b>1</b>	<b>Friday, March 27, 2009</b>	Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam			<i>Pittsburgh, PA</i>
		Revati Nakshatra Indra Yoga Bava/Balava Karana Prathama* Dvitiya Yam Titau			<i>Sun 16 Sutra 345 Sarvadhari 511c</i>
Meena Rasi: 22.46	Tithi 1 – 2	<b>Gulika</b> 7:44AM – 9:18AM	<b>Revati Until 6:24PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:11AM</i>	
	115144158	<b>Yama</b> 3:31PM – 5:04PM	<b>Indra Until 11:34PM</b>	<b>Muruga:</b> Red <i>Sunset: 6:37PM</i>	<i>Moon 2 - Phase 46</i>
Creative Work Siddha Yoga		<b>Rahu</b> 10:51AM – 12:24PM	<b>Balava Until 9:05PM</b>	<b>Nataraja:</b> Clear	<i>3rd Phase</i>
Until 2:05PM then Prabalarishta Yoga			<b>Prathama* Until 10:00AM</b>	<b>Moon – Clear</b>	<b>Devaloka Day</b>
Until 6:24PM then Siddha Yoga				<b>Chaitra•Panguni</b>	

<b>2</b>	<b>Saturday, March 28, 2009</b>	Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam			<i>Pittsburgh, PA</i>
		Asvini/Bharani Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Tritiya/Tritiya Yam Titau			<i>Sun 17 Sutra 350 Sarvadhari 511c</i>
Mesha Rasi: 6.3	Tithi 2 – 3	<b>Gulika</b> 6:10AM – 7:43AM	<b>Asvini Until 5:43PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:10AM</i>	
	125144158	<b>Yama</b> 1:57PM – 3:31PM	<b>Vaidhriti* Until 9:20PM</b>	<b>Muruga:</b> Red <i>Sunset: 6:38PM</i>	<i>Moon 2 - Phase 46</i>
Creative Work Siddha Yoga		<b>Rahu</b> 9:17AM – 10:50AM	<b>Taitila Until 7:42PM</b>	<b>Nataraja:</b> Clear	<i>3rd Phase</i>
Until 5:43PM then no yoga		<b>Chellappaswami Mahasamadhi</b>	<b>Dvitiya Until 8:37AM</b>	<b>Moon – White</b>	<b>Devaloka Day</b>
				<b>Chaitra•Panguni</b>	

<b>3</b>	<b>Sunday, March 29, 2009</b>	Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam			<i>Pittsburgh, PA</i>
		Bharani/Krittika Nakshatra Vishkambha* Yoga Gara/Visti* Karana Tritiya/Chaturthi* Yam Titau			<i>Sun 18 Sutra 351 Sarvadhari 511c</i>
Mesha Rasi: 20.26	Tithi 3 – 4	<b>Gulika</b> 3:31PM – 5:05PM	<b>Bharani Until 4:41PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:08AM</i>	
	125144158	<b>Yama</b> 12:24PM – 1:57PM	<b>Vishkambha* Until 6:48PM</b>	<b>Muruga:</b> Red <i>Sunset: 6:39PM</i>	<i>Moon 2 - Phase 46</i>
No Yoga		<b>Rahu</b> 5:05PM – 6:39PM	<b>Visti Until 5:02AM Mon</b>	<b>Nataraja:</b> Clear	<i>3rd Phase</i>
Until 2:04PM then Siddha Yoga			<b>Tritiya Until 6:53AM</b>	<b>Moon – White</b>	<b>Devaloka Day</b>
Until 4:41PM then no yoga				<b>Chaitra•Panguni</b>	

<b>4</b>	<b>Monday, March 30, 2009</b>	Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam			<i>Pittsburgh, PA</i>
		Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchami Yam Titau			<i>Sun 19 Sutra 352 Sarvadhari 511c</i>
Vrishabha Rasi: 4.29	Tithi 5	<b>Gulika</b> 1:57PM – 3:32PM	<b>Krittika Until 3:27PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:06AM</i>	
<b>Family Home Evening</b>	126144158	<b>Yama</b> 10:49AM – 12:23PM	<b>Priti Until 4:03PM</b>	<b>Muruga:</b> Red <i>Sunset: 6:40PM</i>	<i>Moon 2 - Phase 46</i>
No Yoga		<b>Rahu</b> 7:40AM – 9:15AM	<b>Bava Until 3:59PM</b>	<b>Nataraja:</b> Clear	<i>3rd Phase</i>
Until 2:04PM then Siddha Yoga			<b>Panchami Until 3:04AM Tue</b>	<b>Moon – White</b>	<b>Bhuloka Day</b>
Until 3:27PM then Amrita Yoga				<b>Chaitra•Panguni</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
					<i>Sadhu Paksha</i>

<b>5</b>	<b>Tuesday, March 31, 2009</b>	Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam			<i>Pittsburgh, PA</i>
		Rohini/Mrigasira Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shasthi* Yam Titau			<i>Sun 20 Sutra 353 Sarvadhari 511c</i>
Vrishabha Rasi: 18.37	Tithi 6	<b>Gulika</b> 12:23PM – 1:58PM	<b>Rohini Until 2:06PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:05AM</i>	
	136144158	<b>Yama</b> 9:14AM – 10:48AM	<b>Ayushman Until 1:13PM</b>	<b>Muruga:</b> Red <i>Sunset: 6:41PM</i>	<i>Moon 2 - Phase 46</i>
Creative Work Amrita Yoga		<b>Rahu</b> 3:32PM – 5:07PM	<b>Kaulava Until 1:53PM</b>	<b>Nataraja:</b> Clear	<i>3rd Phase</i>
Until 2:04PM then Siddha Yoga			<b>Shasthi* Until 12:58AM Wed</b>	<b>Moon – Yellow</b>	<b>Devaloka Day</b>
				<b>Chaitra•Panguni</b>	
					<i>Sadhu Paksha</i>

<b>6</b>	<b>Wednesday, April 1, 2009</b>	Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam			<i>Pittsburgh, PA</i>
		Mrigasira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptami Yam Titau			<i>Sun 21 Sutra 354 Sarvadhari 511c</i>
Mithuna Rasi: 2.44	Tithi 7	<b>Gulika</b> 10:48AM – 12:23PM	<b>Mrigasira Until 12:43PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:05AM</i>	
	136144158	<b>Yama</b> 7:39AM – 9:14AM	<b>Saubhagya Until 10:21AM</b>	<b>Muruga:</b> Red <i>Sunset: 6:41PM</i>	<i>Moon 2 - Phase 46</i>
Creative Work Siddha Yoga		<b>Rahu</b> 12:23PM – 1:58PM	<b>Gara Until 11:46AM</b>	<b>Nataraja:</b> Clear	<i>3rd Phase</i>
Until 2:04PM then Marana Yoga			<b>Saptami Until 10:51PM</b>	<b>Moon – Yellow</b>	<b>Devaloka Day</b>
				<b>Chaitra•Panguni</b>	
					<i>Sadhu Paksha</i>

<b>☽</b>	<b>Thursday, April 2, 2009</b>	Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam			<i>Pittsburgh, PA</i>
		Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau			<i>Sun 22 Sutra 355 Sarvadhari 511c</i>
Mithuna Rasi: 16.52	Tithi 8	<b>Gulika</b> 9:13AM – 10:48AM	<b>Ardra Until 11:22AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:03AM</i>	
	136154158	<b>Yama</b> 6:03AM – 7:38AM	<b>Sobhana Until 7:31AM</b>	<b>Muruga:</b> Yellow <i>Sunset: 6:42PM</i>	<i>Moon 2 - Phase 46</i>
Routine Work Marana Yoga		<b>Rahu</b> 1:58PM – 3:32PM	<b>Visti Until 9:40AM</b>	<b>Nataraja:</b> Clear	<i>Ashtam.</i>
Until 11:22AM then Amrita Yoga			<b>Ashtami* Until 8:45PM</b>	<b>Moon – Yellow</b>	<b>Devaloka Day</b>
Until 2:03PM then Siddha Yoga				<b>Chaitra•Panguni</b>	
					<i>Sadhu Paksha</i>

<b>☽</b>	<b>Friday, April 3, 2009</b>	Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam			<i>Pittsburgh, PA</i>
		Punarvasu/Pushya Nakshatra Sukarma Yoga Balava/Kaulava Karana Navami* Yam Titau			<i>Sun 23 Sutra 356 Sarvadhari 511c</i>
Kataka Rasi: 0.58	Tithi 9	<b>Gulika</b> 7:37AM – 9:12AM	<b>Punarvasu Until 10:04AM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:01AM</i>	
	146154158	<b>Yama</b> 3:33PM – 5:08PM	<b>Sukarma Until 2:03AM Sat</b>	<b>Muruga:</b> Yellow <i>Sunset: 6:43PM</i>	<i>Moon 2 - Phase 46</i>
Creative Work Siddha Yoga		<b>Rahu</b> 10:47AM – 12:22PM	<b>Balava Until 7:38AM</b>	<b>Nataraja:</b> Clear	<i>Navam.</i>
Until 10:04AM then Marana Yoga			<b>Navami* Until 6:42PM</b>	<b>Moon – Blue</b>	<b>Bhuloka Day</b>
Until 2:03PM then Siddha Yoga			<b>Siddhidatta Day—Town Trip</b>	<b>Chaitra•Panguni</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
					<i>Sadhu Paksha</i>

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda 7.52.1

# 1 Saturday, April 4, 2009

Kataka Rasi: 15.01 Tithi 10 – 11  
146154158  
Creative Work Siddha Yoga  
Until 8:51AM then Marana Yoga  
Until 2.03PM then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau

Pittsburgh, PA  
Sun 24 Sutra 35i  
Sarvadhari 511i

**Gulika** 6:00AM – 7:35AM  
**Yama** 1:58PM – 3:33PM  
**Rahu** 9:11AM – 10:46AM  
**Yogaswami Mahasamadhi**

**Ganesha:** White *Sunrise:* 6:00AM  
**Muruga:** Yellow *Sunset:* 6:44PM  
**Nataraja:** Clear  
Moon – Blue  
**Chaitra•Panguni**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM  
*Sadhu Paksha*

# 2 Sunday, April 5, 2009

Kataka Rasi: 29 Tithi 11 – 12  
146154158  
Creative Work Siddha Yoga  
Until 7:43AM then Marana Yoga  
Until 2.02PM then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Aslesha\*/Magha\* Nakshatra Shula\* Yoga Visti\*/Bava Karana Ekadasi/Dvadasi Yam Titau

Pittsburgh, PA  
Sun 25 Sutra 35i  
Sarvadhari 511i

**Gulika** 3:34PM – 5:09PM  
**Yama** 12:22PM – 1:58PM  
**Rahu** 5:09PM – 6:45PM  
**Ekadasi Until 2:53PM**

**Ganesha:** White *Sunrise:* 5:58AM  
**Muruga:** Yellow *Sunset:* 6:45PM  
**Nataraja:** Clear  
Moon – Blue  
**Chaitra•Panguni**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM  
*Sadhu Paksha*

# 3 Monday, April 6, 2009

Simha Rasi: 12.55 Tithi 12 – 13  
Family Home Evening 157154158  
Creative Work Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Ganda\* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau

Pittsburgh, PA  
Sun 26 Sutra 35i  
Sarvadhari 511i

**Gulika** 1:58PM – 3:34PM  
**Yama** 10:45AM – 12:21PM  
**Rahu** 7:33AM – 9:09AM  
**Magha\* Until 6:44AM**  
**Ganda\* Until 6:13PM**  
**Kaulava Until 12:16AM Tue**  
**Dvadasi Until 1:11PM**

**Ganesha:** White *Sunrise:* 5:57AM  
**Muruga:** Yellow *Sunset:* 6:46PM  
**Nataraja:** Clear  
Moon – Red  
**Chaitra•Panguni**

**Sivaloka Day**

**Pradosha Vrata**

*Sadhu Paksha*

# 4 Tuesday, April 7, 2009

Simha Rasi: 26.41 Tithi 13 – 14  
157254158  
Creative Work Amrita Yoga  
Until 4:49AM Wed then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Vriddhi/Dhruva Yoga Tailla/Gara Karana Trayodasi/Chaturdasi Yam Titau

Pittsburgh, PA  
Sun 27 Sutra 36i  
Sarvadhari 511i

**Gulika** 12:21PM – 1:58PM  
**Yama** 9:08AM – 10:45AM  
**Rahu** 3:34PM – 5:11PM  
**Uttaraphalguni Until 4:49AM Wed**  
**Vriddhi Until 3:54PM**  
**Gara Until 10:46PM**  
**Trayodasi Until 11:42AM**

**Ganesha:** Clear *Sunrise:* 5:55AM  
**Muruga:** Yellow *Sunset:* 6:47PM  
**Nataraja:** Clear  
Moon – Red  
**Chaitra•Panguni**

**Devaloka Day**

*Sadhu Paksha*

# Wednesday, April 8, 2009

## Copper Retreat Star

Kanya Rasi: 10.19 Tithi 14 – 15  
167254158  
Creative Work Siddha Yoga  
Until 2.02PM then no yoga  
Until 6:01AM Thu then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Visti\* Karana Chaturdasi\*/Purnima\* Yam Titau

Pittsburgh, PA  
Sun 28 Sutra 36i  
Sarvadhari 511i

**Gulika** 10:44AM – 12:21PM  
**Yama** 7:30AM – 9:07AM  
**Rahu** 12:21PM – 1:58PM  
**Hasta Until 6:01AM Thu**  
**Dhruva Until 2:26PM**  
**Visti Until 10:53PM**  
**Chaturdasi\* Until 10:53AM**  
**Siddhidatta Day—Town Trip**

**Ganesha:** Purple *Sunrise:* 5:53AM  
**Muruga:** Yellow *Sunset:* 6:48PM  
**Nataraja:** Clear  
Moon – Green  
**Chaitra•Panguni**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM  
*Sadhu Paksha*

# Thursday, April 9, 2009

## Silver Retreat Star

Kanya Rasi: 23.44 Tithi 15 – 16  
167254158  
Creative Work Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Vyaghata\*/Harshana Yoga Bava/Balava Karana Purnima\*/Prathama\* Yam Titau

Pittsburgh, PA  
Sun 29 Sutra 36i  
Sarvadhari 511i

**Gulika** 9:06AM – 10:43AM  
**Yama** 5:52AM – 7:29AM  
**Rahu** 1:58PM – 3:35PM  
**Chitra Until 5:53AM Fri**  
**Vyaghata\* Until 12:36PM**  
**Balava Until 10:01PM**  
**Purnima\* Until 10:01AM**

**Ganesha:** Purple *Sunrise:* 5:52AM  
**Muruga:** Yellow *Sunset:* 6:49PM  
**Nataraja:** Clear  
Moon – Green  
**Chaitra•Panguni**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM  
*Sadhu Paksha* Gurudeva Pada Puja 12PM





**Friday, April 10, 2009**  
**Gold Retreat Star**

Tula Rasi: 6.54      Tithi 16 – 17  
167254158

Creative Work    Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Harshana/Vajra\* Yoga Kaulava/Tailila Karana Prathama\*/Dvitiya Yam Titau

*Pittsburgh, PA*  
*Sutra 36j*  
*Sarvadhari 511c*

**Gulika**    7:28AM – 9:05AM  
**Yama**     3:35PM – 5:13PM  
**Rahu**     10:43AM – 12:20PM

**Svati Until 6:24AM Sat**  
Harshana Until 11:13AM  
Tailila Until 9:40PM

**Ganesha:** Purple    *Sunrise: 5:50AM*  
**Muruga:** Yellow    *Sunset: 6:50PM*

*Moon 3 - Phase 5c*  
*1st Phase*

**Nataraja:** Clear  
Moon – Green

**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**  
*Sadhu Paksha*

**1 Saturday, April 11, 2009**

Tula Rasi: 19.47      Tithi 17 – 18  
167254158

Creative Work    Siddha Yoga  
Until 2:01PM then Marana Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati/Visakha Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

*Pittsburgh, PA*  
*Sun 1*  
*Sutra 36k*  
*Sarvadhari 511c*

**Gulika**    5:49AM – 7:26AM  
**Yama**     1:58PM – 3:36PM  
**Rahu**     9:04AM – 10:42AM

**Svati Until 6:24AM**  
Vajra\* Until 10:18AM  
Vanija Until 9:51PM

**Ganesha:** Purple    *Sunrise: 5:49AM*  
**Muruga:** Yellow    *Sunset: 6:51PM*

*Moon 3 - Phase 5c*  
*1st Phase*

**Nataraja:** Clear  
Moon – Green

**Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**  
*Sadhu Paksha*

**2 Sunday, April 12, 2009**

Vrischika Rasi: 2.23      Tithi 18 – 19  
177254158

Routine Work    Marana Yoga  
Until 2:00PM then Siddha Yoga

Sarvadhari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Visakha/Anuradha Nakshatra Siddhi/Vyatipata\* Yoga Visli\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

*Pittsburgh, PA*  
*Sun 2*  
*Sutra 36l*  
*Sarvadhari 511c*

**Gulika**    3:36PM – 5:14PM  
**Yama**     12:20PM – 1:58PM  
**Rahu**     5:14PM – 6:53PM

**Visakha Until 7:54AM**  
Siddhi Until 10:10AM  
Bava Until 12:07AM Mon

**Ganesha:** Clear    *Sunrise: 5:47AM*  
**Muruga:** Yellow    *Sunset: 6:53PM*

*Moon 3 - Phase 5c*  
*1st Phase*

**Nataraja:** Clear  
Moon – Orange

**Devaloka Day**  
*Sadhu Paksha*

**3 Monday, April 13, 2009**

Vrischika Rasi: 14.43      Tithi 19 – 20  
178254158

**Family Home Evening**  
Creative Work    Siddha Yoga

Virodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\*/Variyan Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

*Pittsburgh, PA*  
*Sun 3*  
*Sutra i*  
*Virodhin 511i*

**Gulika**    1:58PM – 3:37PM  
**Yama**     10:41AM – 12:20PM  
**Rahu**     7:24AM – 9:03AM

**Anuradha Until 9:53AM**  
Vyatipata\* Until 10:12AM  
Kaulava Until 1:31AM Tue

**Ganesha:** Purple    *Sunrise: 5:46AM*  
**Muruga:** Yellow    *Sunset: 6:54PM*

*Moon 3 - Phase 5c*  
*1st Phase*

**Nataraja:** Clear  
Moon – Orange

**Sivaloka Day**

Tamil New Year  
Ashram Sadhana

**Chaitra-Chaitra**

**4 Tuesday, April 14, 2009**

Vrischika Rasi: 26.5      Tithi 20 – 21  
278254158

Creative Work    Siddha Yoga  
Until 12:20PM then Amrita Yoga  
Until 2:00PM then Marana Yoga

Virodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Variyan/Parigha\* Yoga Tailila/Gara Karana Panchami/Shasthi\* Yam Titau

*Pittsburgh, PA*  
*Sun 4*  
*Sutra 2*  
*Virodhin 511i*

**Gulika**    12:19PM – 1:58PM  
**Yama**     9:02AM – 10:40AM  
**Rahu**     3:37PM – 5:16PM

**Jyeshtha\* Until 12:20PM**  
Variyan Until 10:39AM  
Gara Until 3:25AM Wed

**Ganesha:** Clear    *Sunrise: 5:44AM*  
**Muruga:** Yellow    *Sunset: 6:55PM*

*Moon 3 - Phase 5c*  
*1st Phase*

**Nataraja:** Clear  
Moon – Orange

**Devaloka Day**

**Panchami Until 2:19PM**

**Chaitra-Chaitra**

**5 Wednesday, April 15, 2009**

Dhanus Rasi: 8.46      Tithi 21 – 22  
288254158

Routine Work    Marana Yoga  
Until 2:00PM then Siddha Yoga

Virodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

*Pittsburgh, PA*  
*Sun 5*  
*Sutra 3*  
*Virodhin 511i*

**Gulika**    10:40AM – 12:19PM  
**Yama**     7:22AM – 9:01AM  
**Rahu**     12:19PM – 1:58PM

**Mula\* Until 3:07PM**  
Parigha\* Until 11:25AM  
Visti Until 5:41AM Thu

**Ganesha:** Purple    *Sunrise: 5:42AM*  
**Muruga:** Yellow    *Sunset: 6:56PM*

*Moon 3 - Phase 5c*  
*1st Phase*

**Nataraja:** Clear  
Moon – Light Blue

**Sivaloka Day**

**Shasthi\* Until 4:36PM**

**Chaitra-Chaitra**

**6 Thursday, April 16, 2009**

Dhanus Rasi: 20.37      Tithi 22  
288254158

Creative Work    Siddha Yoga

Virodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Saptami Yam Titau

*Pittsburgh, PA*  
*Sun 6*  
*Sutra 4*  
*Virodhin 511i*

**Gulika**    9:00AM – 10:39AM  
**Yama**     5:41AM – 7:20AM  
**Rahu**     1:58PM – 3:38PM

**Purvashadha\* Until 6:07PM**  
Shiva Until 12:22PM  
Bava Until 8:11AM Fri

**Ganesha:** Purple    *Sunrise: 5:41AM*  
**Muruga:** Yellow    *Sunset: 6:57PM*

*Moon 3 - Phase 5c*  
*1st Phase*

**Nataraja:** Clear  
Moon – Light Blue

**Sivaloka Day**

**Saptami Until 7:05PM**

**Chaitra-Chaitra**

**Friday, April 17, 2009**  
**Retreat Star**

Makara Rasi: 2.25      Tithi 23  
288254158

Creative Work    Siddha Yoga  
Until 1:59PM then no yoga  
Until 9:10PM then Siddha Yoga

Virodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

*Pittsburgh, PA*  
*Sun 7*  
*Sutra 5*  
*Virodhin 511i*

**Gulika**    7:19AM – 8:59AM  
**Yama**     3:38PM – 5:18PM  
**Rahu**     10:39AM – 12:19PM

**Uttarashadha Until 9:10PM**  
Siddha Until 1:23PM  
Balava Until 8:32AM

**Ganesha:** Purple    *Sunrise: 5:39AM*  
**Muruga:** Yellow    *Sunset: 6:58PM*

*Moon 3 - Phase 5c*  
*Ashtam.*

**Nataraja:** Clear  
Moon – Light Blue

**Sivaloka Day**

**Ashtami\* Until 9:38PM**

**Chaitra-Chaitra**

**Saturday, April 18, 2009**  
**Retreat Star**

Makara Rasi: 14.18      Tithi 24  
298254158

Creative Work    Siddha Yoga  
Until 1:59PM then Amrita Yoga  
Until 12:04AM Sun then Siddha Yoga

Virodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Sravana Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Navami\* Yam Titau

*Pittsburgh, PA*  
*Sun 8*  
*Sutra 6*  
*Virodhin 511i*

**Gulika**    5:38AM – 7:18AM  
**Yama**     1:58PM – 3:38PM  
**Rahu**     8:58AM – 10:38AM

**Sravana Until 12:04AM Sun**  
Sadhya Until 2:15PM  
Tailila Until 10:56AM

**Ganesha:** Clear    *Sunrise: 5:38AM*  
**Muruga:** Yellow    *Sunset: 6:59PM*

*Moon 3 - Phase 5c*  
*Navam.*

**Nataraja:** Clear  
Moon – Purple

**Devaloka Day**

**Navami\* Until 12:02AM Sun**

**Chaitra-Chaitra**

**Iraivan Day—Town Trip**

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Kṛishṇa Yajur Veda, Svetu 4.16. bo UpR, 736

# 1 Sunday, April 19, 2009

Makara Rasi: 26.2      Tithi 25  
299254158  
Creative Work    Siddha Yoga

Virodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Subha/Sukla Yoga Vanija/Visti\* Karana Dasami Yam Titau      *Pittsburgh, PA*  
*Sun 9      Sutra 1*  
**Gulika**    3:39PM – 5:19PM    **Dhanishtha Until 2:39AM Mon**    **Ganesha:** Purple    *Sunrise:* 5:36AM    *Virodhin 511i*  
**Yama**      12:18PM – 1:58PM    **Subha Until 2:50PM**      **Muruga:** Yellow    *Sunset:* 7:00PM      *Moon 3 - Phase 1*  
**Rahu**      5:19PM – 7:00PM      **Vanija Until 12:59PM**      **Nataraja:** Clear      *2nd Phase*  
Moon – Purple      **Bhuloka Day**  
**Dasami Until 2:04AM Mon**      **Chaitra-Chaitra**      **Devaloka Time: 3:PM to 6:PM**

# 2 Monday, April 20, 2009

Kumbha Rasi: 8.38      Tithi 26  
**Family Home Evening**      299254158  
Creative Work    Siddha Yoga  
Until 1:59PM then Marana Yoga

Virodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Satabhisha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadasi\* Yam Titau      *Pittsburgh, PA*  
*Sun 10      Sutra 6*  
**Gulika**    1:59PM – 3:39PM    **Satabhisha Until 3:00AM Tue**    **Ganesha:** Purple    *Sunrise:* 5:35AM    *Virodhin 511i*  
**Yama**      10:37AM – 12:18PM    **Sukla Until 2:19PM**      **Muruga:** Yellow    *Sunset:* 7:01PM      *Moon 3 - Phase 1*  
**Rahu**      7:16AM – 8:56AM      **Bava Until 1:46PM**      **Nataraja:** Clear      *2nd Phase*  
Moon – Purple      **Bhuloka Day**  
**Ekadasi\* Until 1:46AM Tue**      **Chaitra-Chaitra**      **Devaloka Time: 3:PM to 6:PM**

# 3 Tuesday, April 21, 2009

Kumbha Rasi: 21.15      Tithi 27  
219254158  
Routine Work    Marana Yoga  
Until 1:58PM then Amrita Yoga  
Until 4:19AM Wed then Siddha Yoga

Virodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprostapada\* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadasi\* Yam Titau      *Pittsburgh, PA*  
*Sun 11      Sutra 5*  
**Gulika**    12:18PM – 1:59PM    **Purvaprostapada\* Until 4:19AM Wed**    **Ganesha:** Green    *Sunrise:* 5:33AM    *Virodhin 511i*  
**Yama**      8:56AM – 10:37AM    **Brahma Until 1:53PM**      **Muruga:** Yellow    *Sunset:* 7:02PM      *Moon 3 - Phase 1*  
**Rahu**      3:40PM – 5:21PM      **Kaulava Until 2:29PM**      **Nataraja:** Clear      *2nd Phase*  
Moon – Clear      **Bhuloka Day**  
**Dvadasi\* Until 2:29AM Wed**      **Chaitra-Chaitra**      **Devaloka Time: 3:PM to 6:PM**

# 4 Wednesday, April 22, 2009

Meena Rasi: 4.15      Tithi 28  
219254158  
Creative Work    Siddha Yoga

Virodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprostapada Nakshatra Indra/Vaidhriti\* Yoga Gara/Vanija Karana Trayodasi\* Yam Titau      *Pittsburgh, PA*  
*Sun 12      Sutra 10*  
**Gulika**    10:36AM – 12:17PM    **Uttaraprostapada Until 4:56AM Thu**    **Ganesha:** Green    *Sunrise:* 5:32AM    *Virodhin 511i*  
**Yama**      7:13AM – 8:55AM      **Indra Until 12:46PM**      **Muruga:** Yellow    *Sunset:* 7:03PM      *Moon 3 - Phase 1*  
**Rahu**      12:17PM – 1:59PM      **Gara Until 2:26PM**      **Nataraja:** Clear      *2nd Phase*  
Moon – Clear      **Bhuloka Day**  
**Trayodasi\* Until 2:26AM Thu**      **Chaitra-Chaitra**      **Devaloka Time: 3:PM to 6:PM**  
**Pradosha Vrata (Fasting)**

# 5 Thursday, April 23, 2009

Meena Rasi: 17.39      Tithi 29  
219254158  
Creative Work    Siddha Yoga  
Until 3:10AM Fri then Amrita Yoga

Virodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Sakuni\* Karana Chaturdasi\* Yam Titau      *Pittsburgh, PA*  
*Sun 13      Sutra 11*  
**Gulika**    8:54AM – 10:36AM    **Revati Until 3:10AM Fri**      **Ganesha:** Green    *Sunrise:* 5:31AM    *Virodhin 511i*  
**Yama**      5:31AM – 7:12AM      **Vaidhriti\* Until 10:39AM**      **Muruga:** Yellow    *Sunset:* 7:04PM      *Moon 3 - Phase 1*  
**Rahu**      1:59PM – 3:40PM      **Visti Until 1:00PM**      **Nataraja:** Clear      *2nd Phase*  
Moon – Clear      **Bhuloka Day**  
**Chaturdasi\* Until 12:04AM Fri**      **Chaitra-Chaitra**      **Devaloka Time: 3:PM to 6:PM**

# Friday, April 24, 2009

## Retreat Star

Mesha Rasi: 1.26      Tithi 30  
229254159  
Creative Work    Amrita Yoga  
Until 1:58PM then Siddha Yoga

Virodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Asvini Nakshatra Vishkambha\*/Priti Yoga Catuspada\*/Naga\* Karana Amavasya\* Yam Titau      *Pittsburgh, PA*  
*Sun 14      Sutra 12*  
**Gulika**    7:11AM – 8:53AM    **Asvini Until 2:23AM Sat**      **Ganesha:** White    *Sunrise:* 5:29AM    *Virodhin 511i*  
**Yama**      3:41PM – 5:23PM      **Vishkambha\* Until 8:21AM**      **Muruga:** Yellow    *Sunset:* 7:05PM      *Moon 3 - Phase 1*  
**Rahu**      10:35AM – 12:17PM    **Catuspada Until 11:29AM**      **Nataraja:** Purple      *Amavasya*  
Moon – White      **Devaloka Day**  
**Amavasya\* Until 10:34PM**      **Chaitra-Chaitra**

# Saturday, April 25, 2009

## Retreat Star

Mesha Rasi: 15.34      Tithi 1  
229254159  
Creative Work    Siddha Yoga  
Until 1:57PM then no yoga  
Until 1:02AM Sun then Siddha Yoga

Virodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam  
Bharani Nakshatra Ayushman Yoga Kintughna\*/Bava Karana Prathama\* Yam Titau      *Pittsburgh, PA*  
*Sun 15      Sutra 13*  
**Gulika**    5:28AM – 7:10AM    **Bharani Until 1:02AM Sun**      **Ganesha:** White    *Sunrise:* 5:28AM    *Virodhin 511i*  
**Yama**      1:59PM – 3:41PM      **Ayushman Until 2:52AM Sun**      **Muruga:** Yellow    *Sunset:* 7:06PM      *Moon 3 - Phase 1*  
**Rahu**      8:52AM – 10:35AM    **Kintughna Until 9:22AM**      **Nataraja:** Purple      *Prathama*  
Moon – White      **Devaloka Day**  
**Prathama\* Until 8:27PM**      **Vaisaka-Chaitra**

# 1 Sunday, April 26, 2009

Mesha Rasi: 29.56 Tithi 2 – 3  
229254159  
Creative Work Siddha Yoga  
Until 1.57PM then no yoga  
Until 10:06PM then Amrita Yoga

Virodhin Nama Samvatsare Utarayane Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Saubhagya Yoga Balava/Taila Karana Dvitiya/Tritiya Yam Titau  
**Gulika 3:42PM – 5:24PM**  
Yama 12:17PM – 1:59PM  
Rahu 5:24PM – 7:07PM  
**Krittika Until 10:06PM**  
Saubhagya Until 11:39PM  
Balava Until 6:44AM  
**Dvitiya Until 5:01PM**

Ganesha: White *Sunrise: 5:26AM*  
Muruga: Yellow *Sunset: 7:07PM*  
Nataraja: Purple  
Moon – White  
**Vaisaka-Chaitra**

*Pittsburgh, PA*  
*Sun 16 Sutra 14*  
*Virodhin 511i*  
*Moon 3 - Phase 2*  
*3rd Phase*

Devaloka Day

# 2 Monday, April 27, 2009

Vrishabha Rasi: 14.26 Tithi 3 – 4  
**Family Home Evening** 231254159  
Creative Work Amrita Yoga  
Until 8:14PM then Siddha Yoga

Virodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika 1:59PM – 3:42PM**  
Yama 10:34AM – 12:16PM  
Rahu 7:08AM – 8:51AM  
**Rohini Until 8:14PM**  
Sobhana Until 7:20PM  
Vanija Until 12:41AM Tue  
**Tritiya Until 2:24PM**

Ganesha: Purple *Sunrise: 5:25AM*  
Muruga: Yellow *Sunset: 7:08PM*  
Nataraja: Purple  
Moon – Yellow  
**Vaisaka-Chaitra**

*Pittsburgh, PA*  
*Sun 17 Sutra 15*  
*Virodhin 511i*  
*Moon 3 - Phase 2*  
*3rd Phase*

Devaloka Day

# 3 Tuesday, April 28, 2009

Vrishabha Rasi: 28.58 Tithi 4 – 5  
231254159  
Creative Work Siddha Yoga

Virodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Mrigasira Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika 12:16PM – 1:59PM**  
Yama 8:50AM – 10:33AM  
Rahu 3:43PM – 5:26PM  
**Mrigasira Until 7:12PM**  
Athiganda\* Until 4:45PM  
Bava Until 11:15PM  
**Chaturthi\* Until 12:10PM**

Ganesha: Purple *Sunrise: 5:24AM*  
Muruga: Yellow *Sunset: 7:09PM*  
Nataraja: Purple  
Moon – Yellow  
**Vaisaka-Chaitra**

*Pittsburgh, PA*  
*Sun 18 Sutra 16*  
*Virodhin 511i*  
*Moon 3 - Phase 2*  
*3rd Phase*

Devaloka Day

# 4 Wednesday, April 29, 2009

Mithuna Rasi: 13.26 Tithi 5 – 6  
231254159  
Creative Work Siddha Yoga  
Until 1.57PM then Marana Yoga  
Until 5:15PM then Amrita Yoga

Virodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Panchami/Shasthi\* Yam Titau  
**Gulika 10:33AM – 12:16PM**  
Yama 7:06AM – 8:49AM  
Rahu 12:16PM – 2:00PM  
**Ardra Until 5:15PM**  
Sukarma Until 1:23PM  
Kaulava Until 8:29PM  
**Panchami Until 9:24AM**

Ganesha: Purple *Sunrise: 5:22AM*  
Muruga: Yellow *Sunset: 7:10PM*  
Nataraja: Purple  
Moon – Yellow  
**Vaisaka-Chaitra**

*Pittsburgh, PA*  
*Sun 19 Sutra 17*  
*Virodhin 511i*  
*Moon 3 - Phase 2*  
*3rd Phase*

Devaloka Day

# 5 Thursday, April 30, 2009

Mithuna Rasi: 27.46 Tithi 6 – 7  
241254159  
Creative Work Amrita Yoga  
Until 1.57PM then Siddha Yoga  
Until 3:33PM then Marana Yoga

Virodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Dhriti/Shula\* Yoga Taila/Vanija Karana Shasthi\*/Saplami Yam Titau  
**Gulika 8:48AM – 10:32AM**  
Yama 5:21AM – 7:05AM  
Rahu 2:00PM – 3:43PM  
**Punarvasu Until 3:33PM**  
Dhriti Until 10:14AM  
Vanija Until 5:03AM Fri  
**Shasthi\* Until 6:54AM**

Ganesha: Clear *Sunrise: 5:21AM*  
Muruga: Yellow *Sunset: 7:11PM*  
Nataraja: Purple  
Moon – Blue  
**Vaisaka-Chaitra**

*Pittsburgh, PA*  
*Sun 20 Sutra 18*  
*Virodhin 511i*  
*Moon 3 - Phase 2*  
*3rd Phase*

Sivaloka Day

# Friday, May 1, 2009

## Retreat Star

Kataka Rasi: 11.55 Tithi 8  
241254159  
Routine Work Marana Yoga  
Until 1.56PM then Siddha Yoga  
Until 2:09PM then Marana Yoga

Virodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Ashtami\* Yam Titau  
**Gulika 7:03AM – 8:47AM**  
Yama 3:44PM – 5:29PM  
Rahu 10:31AM – 12:16PM  
**Pushya Until 2:09PM**  
Shula\* Until 7:23AM  
Visti Until 3:48PM  
**Ashtami\* Until 2:52AM Sat**

Ganesha: Clear *Sunrise: 5:18AM*  
Muruga: Yellow *Sunset: 7:13PM*  
Nataraja: Purple  
Moon – Blue  
**Vaisaka-Chaitra**

*Pittsburgh, PA*  
*Sun 21 Sutra 19*  
*Virodhin 511i*  
*Moon 3 - Phase 2*  
*Ashtam.*

Sivaloka Day

# Saturday, May 2, 2009

## Retreat Star

Kataka Rasi: 25.53 Tithi 9  
241354159  
Routine Work Marana Yoga  
Until 1:04PM then Amrita Yoga  
Until 1.56PM then Marana Yoga

Virodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam  
Aslesha\*/Magha\* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navami\* Yam Titau  
**Gulika 5:17AM – 7:02AM**  
Yama 2:00PM – 3:45PM  
Rahu 8:46AM – 10:31AM  
**Aslesha\* Until 1:04PM**  
Vriddhi Until 2:09AM Sun  
Balava Until 1:58PM  
**Navami\* Until 1:03AM Sun**  
**Siddhidatta Day—Town Trip**

Ganesha: Purple *Sunrise: 5:17AM*  
Muruga: Yellow *Sunset: 7:14PM*  
Nataraja: Purple  
Moon – Blue  
**Vaisaka-Chaitra**

*Pittsburgh, PA*  
*Sun 22 Sutra 20*  
*Virodhin 511i*  
*Moon 3 - Phase 2*  
*Navam.*

Subha Sivaloka Day

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

# 1 Sunday, May 3, 2009

Simha Rasi: 9.38      Tithi 10  
251354159  
Routine Work      Marana Yoga  
Until 12:20PM then Siddha Yoga

Virodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Dhruva Yoga Taitila/Gara Karana Dasami Yam Titau  
**Gulika**      3:45PM – 5:30PM      **Magha\* Until 12:20PM**  
**Yama**      12:15PM – 2:00PM      Dhruva Until 11:55PM  
**Rahu**      5:30PM – 7:15PM      Taitila Until 12:30PM  
**Dasami Until 11:35PM**

*Pittsburgh, PA*  
*Sun 23      Sutra 21*  
Virodhin 511i  
Moon 3 - Phase 3  
4th Phase  
Sivaloka Day  
Vaisaka-Chaitra

# 2 Monday, May 4, 2009

Simha Rasi: 23.13      Tithi 11  
**Family Home Evening**      251354159  
Creative Work      Siddha Yoga  
Until 12:21PM then Marana Yoga  
Until 1:56PM then Amrita Yoga

Virodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam  
Purvaphalguni\*/Uttaraphalguni Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Ekadasi Yam Titau  
**Gulika**      2:01PM – 3:46PM      **Purvaphalguni\* Until 12:21PM**  
**Yama**      10:30AM – 12:15PM      Vyaghata\* Until 11:06PM  
**Rahu**      7:00AM – 8:45AM      Vanija Until 11:49AM  
**Ekadasi Until 11:49PM**

*Pittsburgh, PA*  
*Sun 24      Sutra 22*  
Virodhin 511i  
Moon 3 - Phase 3  
4th Phase  
Sivaloka Day  
Vaisaka-Chaitra

# 3 Tuesday, May 5, 2009

Kanya Rasi: 6.38      Tithi 12  
251354159  
Creative Work      Amrita Yoga  
Until 12:14PM then Siddha Yoga

Virodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadasi Yam Titau  
**Gulika**      12:15PM – 2:01PM      **Uttaraphalguni Until 12:14PM**  
**Yama**      8:44AM – 10:30AM      Harshana Until 9:19PM  
**Rahu**      3:46PM – 5:32PM      Bava Until 10:57AM  
**Dvadasi Until 10:57PM**

*Pittsburgh, PA*  
*Sun 25      Sutra 23*  
Virodhin 511i  
Moon 3 - Phase 3  
4th Phase  
Sivaloka Day  
Vaisaka-Chaitra

# 4 Wednesday, May 6, 2009

Kanya Rasi: 19.51      Tithi 13  
261354159  
Creative Work      Siddha Yoga

Virodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau  
**Gulika**      10:29AM – 12:15PM      **Hasta Until 12:26PM**  
**Yama**      6:58AM – 8:44AM      Vajra\* Until 7:51PM  
**Rahu**      12:15PM – 2:01PM      Kaulava Until 10:26AM  
**Trayodasi Until 10:26PM**

*Pittsburgh, PA*  
*Sun 26      Sutra 24*  
Virodhin 511i  
Moon 3 - Phase 3  
4th Phase  
Subha Sivaloka Day  
Vaisaka-Chaitra

Pradosha Vrata

# 5 Thursday, May 7, 2009

Tula Rasi: 2.53      Tithi 14  
262354159  
Creative Work      Siddha Yoga  
Until 12:59PM then Amrita Yoga  
Until 1:56PM then Siddha Yoga

Virodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdasi\* Yam Titau  
**Gulika**      8:43AM – 10:29AM      **Chitra Until 12:59PM**  
**Yama**      5:11AM – 6:57AM      Siddhi Until 6:42PM  
**Rahu**      2:01PM – 3:47PM      Gara Until 10:18AM  
**Chaturdasi\* Until 10:18PM**

*Pittsburgh, PA*  
*Sun 27      Sutra 25*  
Virodhin 511i  
Moon 3 - Phase 3  
4th Phase  
Sivaloka Day  
Vaisaka-Chaitra

Gurudeva Pada Puja 6AM

# Friday, May 8, 2009

## Copper Retreat Star

Tula Rasi: 15.43      Tithi 15  
262354159  
Creative Work      Siddha Yoga  
Until 1:56PM then Marana Yoga  
Until 1:54PM then Siddha Yoga

Virodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Svati/Visakha Nakshatra Vyatipata\* Yoga Visti\*/Bava Karana Purnima\* Yam Titau  
**Gulika**      6:56AM – 8:43AM      **Svati Until 1:54PM**  
**Yama**      3:48PM – 5:34PM      Vyatipata\* Until 5:54PM  
**Rahu**      10:29AM – 12:15PM      Visti Until 10:34AM  
**Purnima\* Until 10:34PM**

*Pittsburgh, PA*  
*Sutra 26*  
Virodhin 511i  
Moon 3 - Phase 3  
Purnima  
Sivaloka Day  
Vaisaka-Chaitra

Siddhidatta Day—Town Trip

## Saturday, May 9, 2009

### Silver Retreat Star

Tula Rasi: 28.2      Tithi 16  
272354159  
Creative Work      Siddha Yoga  
Until 1:56PM then Marana Yoga

Virodhin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Visakha/Anuradha Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Prathama\* Yam Titau  
**Gulika**      5:09AM – 6:55AM      **Visakha Until 4:00PM**  
**Yama**      2:02PM – 3:48PM      Variyan Until 6:21PM  
**Rahu**      8:42AM – 10:28AM      Balava Until 11:45AM  
**Prathama\* Until 12:51AM Sun**

*Pittsburgh, PA*  
*Sutra 27*  
Virodhin 511i  
Moon 3 - Phase 3  
Prathama  
Devaloka Day  
Vaisaka-Chaitra